Newmarket News

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Jail for thief who stole as he went job hunting

Man, 26, took goods to pay for heroin use

A PROLIFIC thief who stole from a Newmarket building site where he went looking for work has been jailed.

Andy Young, 26, stole to help pay for heroin after relapsing into drug use, Ipswich Crown Court heard yesterday.

Young, of Golden Miller Close, Newmarket, had pleaded guilty to two offences of theft and one of handling stolen property.

Paul Evans, prosecuting, said items found in Young's possession had come from a neighbour's house which had been burgled by someone else on April 18.

The items included a laptop computer, a Sony tablet, three watches, cash and a driving licence.

Mr Evans said the occupier of the three-bedroom property had given police descriptions of two suspicious men seen "hanging around" about the time he left to go shopping.

■ Turn to Page 2

pages 10 & 11

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Dance classes to start

BUDDING ballroom dancers can develop their skills at a series of new classes at the Turner Hall, Newmarket.

Twice weekly classes will be available for beginners and intermediate dancers from September 11.

Dancing tutor, Cynthia George, said: "It's all about making the sessions as relaxed, friendly and enjoyable experience.

"Dancing spans all ages and it's the perfect way to meet new friends and keep fit.

"We're lucky to have a first-class sprung dance floor at the Turner Hall. It's an easy place to get to with a convenient free car park next to the hall in Church Lane."

The one-hour classes will be held on Tuesdays and Thursdays from 7pm-8pm for beginners and 8pm-9pm for intermediate dancers.

For more information, call Cynthia George on 01954 202095 or 07515534430.

Singing star Daniel set for Soham date

JORDAN DAY

IRISH singing sensation Daniel O'Donnell is coming to Soham to perform – and officially open a new housing development.

The 50-year-old musician and television presenter is performing a special one-off charity concert at the town's Ross Peers Sports Centre on Saturday, September 8.

And while he is in Soham, Daniel will also be cutting the ribbon and officially opening Diamond Jubilee Close – a new 10-home development.

Daniel has been invited to the town by good friend and well-known Soham resident Winifred Day, who has raised tens of thousands of pounds for the singer's charities over the years.

Winifred, known locally as Winnie, said: "I've known Daniel for years – he's a marvellous man and does a lot of work for charity.

"The charity concert at the Ross Peers Centre is certainly going to be a night to remember and there are just a few tickets left now.

"I'd urge people who want to come to buy them as soon as possible as they won't be around for long."

POPULAR: Daniel O'Donnell will be making an appearance in Soham on September 8.

She added: "While Daniel is in Soham I thought it'd be great for him to open Diamond Jubilee Close as well.

"The plan is for him to cut the ribbon at 12pm on Sunday, September 9."

Winnie, a self-confessed Royalist, hit the headlines last year after she was told by Soham Town Council that she would not be able to name the housing development behind her home, in Hall Street, Diamond Jubilee Close.

The street name is extra special to her as the Queen's 60 years on the throne coincided with her own diamond wedding anniversary, but the town council said the name was too long and too specific.

However, following a public outcry, the street name was eventually approved by East Cambs District Council.

Tickets for the charity concert, which kicks off at 8pm, are £45.

For tickets, call Winnie on (01353) 720324 or 07748 650006.

Prolific thief stole to pay for heroin

From Page 1

The court heard Young went to Newmarket's Bedford Lodge the next day to ask for casual labouring work for Barnes Construction and it was later discovered a rucksack belonging to a workman and a TV set belonging to Barnes Construction had been stolen.

A police officer went to The Cash Machine shop in Newmarket and within an hour Young's girlfriend Laura Ferguson arrived and was caught with the rucksack and TV.

Mr Evans said a mobile phone in the possession of Ms Ferguson kept ringing as she was being arrested and she told the officer it was Young calling and who was outside.

The court heard Young was then arrested and some of the items from the burglary were recovered during a search of his home.

Ms Ferguson subsequently appeared before magistrates and was sentenced to a drug rehabilitation order.

Joanne Eley, defending, said Young had resorted to stealing to pay for heroin following a relapse after a period during which he had avoided taking the drug.

Miss Eley said: "He knows it is not an excuse. It is simply an explanation."

She said Young was anxious to end his drug dependency and had voluntarily signed up to see a probation officer for two months ahead of his sentencing.

Judge John Holt said Young had five times breached a drug rehabilitation order and while not directly involved in the burglary he had been linked to it by handling some of the stolen items.

Young was sentenced to a total of 12 months imprisonment.

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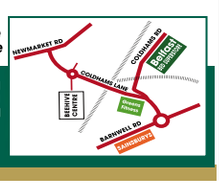

Public invited to see nursing home

A NEW nursing home opens its doors in Soham this week and people are being invited to take a look around.

Soham Lodge Nursing Home, on Qua Fen Common, is holding a community open day tomorrow.

Residents are invited to tour the home's 26 en-suite rooms and take a peek around the new facility's communal spaces, as well as meet staff.

The care home used to be a motel and developers have been working on renovating the building.

A spokesman for the home said: "We are now ready to open and we would like to thank our friends, neighbours, suppliers and the local community for their support throughout our project.

"We hope that people will continue to support us as we grow, come along, get involved with our events and get to know our residents."

The open day is running from 10am-4pm and there will also be an open day on Wednesday, September 5, again from 10am-4pm.

For more information, call (01353) 720772 or visit *www.sohamlodge.co.uk*.

'Cycle' ride to Paris for hospice

HOTEL bosses are calling for help to raise funds for a hospice at its virtual Newmarket to Paris cycle ride next month.

Bedford Lodge Hotel in the town is taking part in the St Nicholas Hospice's Towergate Accumulator Challenge.

Staff, guests, leisure members, business associates and members of the public will be taking part in the virtual cycle ride on the front lawn of the hotel on September 13.

There will be two bikes and just 12 hours to cycle from Newmarket Clock Tower to the Eiffel Tower – a total of 251 miles.

The whistle is set to blow at 7am on the day of the challenge and will end at 7pm with a celebratory barbecue.

Noel Byrne, hotel boss, said: "We are really excited about this challenge as it involves such a broad spectrum of like-minded people."

Refurbishment bid at old mill

AN historic windmill looks set to receive a much-needed refurbishment.

Ina and Andrew Kite, who own Downfield Windmill in Soham, want to carry out internal and external repair works to the 18th century mill.

A planning application has been submitted to East Cambs District Council and the proposals include temporarily dismantling the mill's cap and sails for them to be repaired.

The couple want to repair the mill tower's external brickwork, repair windows on all floors, replace the external metal cladding on the cap roof, renew two of the mill's existing sails and replace two missing sails.

The proposals also include repairing internal floors, re-instating internal ladders and carrying out a full mechanical overhaul of the fantail winding gear.

Downfield Windmill is Grade II listed and is one of around 50 listed buildings and historic sites in the Soham parish.

Despite subsequent re-buildings, the mill, which was built around 1720, still stands on the single-storey base of the original mill.

To view the plans in full, visit *www.eastcambs.gov.uk*.

» in Brief

Man arrested on attempted rape

A MAN has been arrested on suspicion of attempted rape following an incident in Newmarket on Monday.

A 24-year-old woman reported being attacked in an alleyway running between the High Street and Rowley Drive at around 3.20am.

A 27-year-old man from Newmarket was arrested yesterday morning and was held at the Bury St Edmunds Police investigation centre for questioning.

Appeals over garden break-in

BURGLARS broke into a shed and stole a hoe and a paint pot – but dumped them nearby.

Police in Brandon are appealing for information after two gardens were broken into at addresses in Yew Drive.

The incidents occurred overnight between Saturday, August 18 and the following morning.

Offenders entered one garden by removing a fence panel. An insecure shed was entered and a paint pot and garden hoe were taken and dropped in a nearby path.

Another garden was entered nearby and a 10ft aluminium ladder was removed from the address.

Call Sgt Chris Chisnall quoting crime number MH/12/1645 on 101 or Crimestoppers, anonymously, on 0800 555 111.

Inquest hearing date announced

AN inquest into the death of 65-year-old whose body was found at a river is to be held.

The inquest into the death of Robert Arnold, of Beechfields, Brandon, will be held on Tuesday, September 11.

He was pronounced dead at the river off Gas House Drove at about 11.10pm on July 1.

No witnesses will be called and the hearing will be held at 9am at West Suffolk House, Western Way, Bury St Edmunds.

Learn all about war memories

PLANE enthusiasts can find out what it was like to serve in the Royal Air Force during the Second World War as part of an illustrated talk.

The RAF Flying Days at Mildenhall will be given by Squadron Leader John Gentleman (retired) who served at RAF Mildenhall during the war.

His wartime memories can be heard first-hand at St John's Church Hall, in Beck Row, on Thursday, September 13, at 7.30pm.

The evening will include light refreshment and there will be a retiring collection in aid of the window repair fund at the church.

NEXT WEEK: Look out for nomination forms for Horseshoes 2012

SHOWING COURAGE: Sarah Simmons, Kimberley Fardon and Scott Robertson. CP

Brave trio take to the skies to help hospice

THREE people put their courage to the test and took to the skies to raise money for the Arthur Rank Hospice Charity (ARHC).

Scott Robertson, from Soham, Sarah Simmons, from Bury St Edmunds, and Kimberley Fardon, from Colchester, leapt 10,000ft out of a plane by doing a skydive.

The brave trio completed the challenge at Chatteris Airfield on August 18 to raise money for the Lisa Barnes Memorial Fund, which is in turn raising money for the ARHC.

Their courage has even inspired Robert Barnes, who founded the charity in memory of his wife, Lisa, to do a skydive and on September 20 he will take to the skies.

Joining him will be John Mason and Kiel Porter, both from Soham.

Mr Barnes said: "I have paid my deposit now so there is no turning back.

"Kim, Sarah and Scott were all so brave and watching them jump on the day made me want to do it myself.

"By all six of us doing the skydive we hope to raise plenty of money for the fund."

Lisa, from Ely, died four days short of her 58th birthday in September 2010 after a two-year battle with cancer.

Her final days were spent at the Arthur Rank Hospice, and in her memory, her husband has pledged to raise £100,000 for it.

The fund now stands at £55,000.

To sponsor Mr Barnes, call 07885 087458.

Loyal customers thanked as coffee shop is forced to shut

■ JENNIE BAKER

AN independent coffee shop in the middle of Newmarket has ceased trading.

Quattro Coffee in the Guineas shopping centre cited the economic climate and a "dilution of business" in its parting message to the town.

The statement placed in the shop dated Monday from the business' directors, Mick Parkes and Kim Lee-Own, reads: "It is with great sadness that we have to let you know that Quattro Coffee has had to cease trading.

"Over the past few months, we have experienced the effects of the economic downturn, as well as a dilution of business.

"Despite our best efforts, we find that we can no longer continue.

"We would like to take this opportunity to thank all our loyal customers for their support as well as the daily banter and fun times. We have enjoyed every minute of our time serving you."

MOVING ON: Mick Parkes at the Quattro Coffee Shop, Newmarket, which has ceased trading.

The shop, which opened its doors in December 2010, closed for the last time on Saturday.

Ms Lee-Own said she did not want to comment further.

Colin Bircham, co-owner of Fish, which operates almost opposite the former Quattro premises, wished them well for the future. He said: "It is sad to see any business go.

"We wish them all the best in the future whatever they do. That is all you can say.

"We are a small business, you just don't like to see any business fail."

The Sun Lane Craft Gallery, which was established as part of the retailers' association's Strictly Come Newmarket Competition to fill local empty shops, shut in July and followed the closure of independent shops in the town including the Newmarket High Street branch of the Kismet Therapy Rooms.

Death at level crossing is not treated as suspicious

A WOMAN has died after being hit by a freight train.

As the *News* reported, the collision happened between Ely and Kennett at 7.50pm on Thursday last week.

A British Transport Police spokesman said a woman had died in the incident, at the level crossing in Great Drove, Soham, but that it was not being treated as suspicious.

He said: "BTP officers were called to the line at Tiled House Farm automatic half barrier crossing, Great Drove, Soham Cotes, Ely, Cambridgeshire, on Thursday, August 23, after a report that a person had been struck by a train.

"Officers from BTP and Cambridgeshire police attended the incident, which was reported to police at 7.50pm and is currently being treated as non-suspicious.

"Paramedics from the Cambridgeshire ambulance service also attended but the woman was pronounced dead at the scene.

"A file will be prepared for the coroner."

Trains between Ely and Bury St Edmunds were suspended following the collision, and delays continued after services resumed shortly before 10pm.

The train involved was the 4.30pm freight train from Felixstowe to Leeds.

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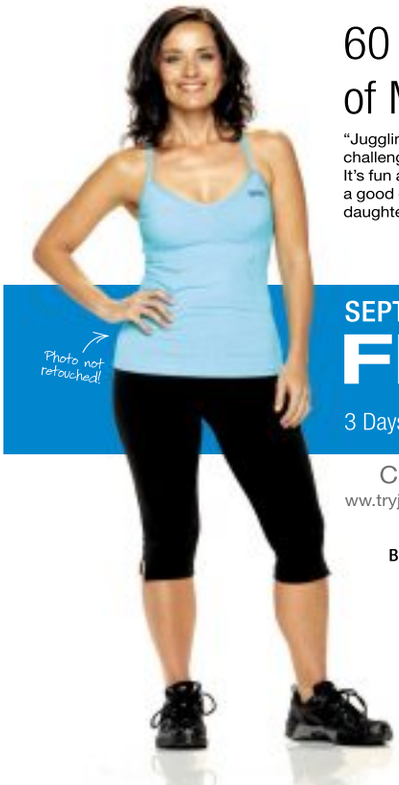

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Fenland Country Fair

FIRE!: Mark Mills with his daughter Eloise Mills, 2. Right: Liz Green, the British Ladies NSSA Skeet Champion in action at the Fenland Country Fair at Stow-cum-Quy over the weekend.

854478 / 854482

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Fenland Country Fair

AT THE WHEEL: driving a mini Jeep are sisters, left, Seren Palmer, 8, and Bronwen Palmer, 10, with Stef Bickley. 854484

HAPPY THRONG: visitors to the Fenland Country Fair. 854471

Countryside focus at three-day event

HUNDREDS of visitors flocked to Stow-cum-Quy to enjoy the traditional sights and sounds of the countryside.

For the first time in its 30-year history, Fenland Country Fair was being staged on all three days of the holiday weekend: Saturday, Sunday and Monday. Despite Saturday afternoon's downpours, organisers said the event had been "super duper".

As well as trade stalls, the country fair features falconry and sheepdog displays, clay shooting, a dog agility course, vintage cars and craft demonstrations.

One of the organisers, Malcolm Hall, said: "The aim is always to create the sights, smells and sounds to take people back to their childhood and a simpler traditional way of life.

"The fair features vintage cars and farm machinery, demonstrations of old rural crafts from days gone by, cakes from the Women's Institute and animal displays, which people enjoy while sitting on hay bales.

"It's all about maintaining those traditions that we all hold dear, whilst adding in a variety of new attractions each year."

TAKE AIM: Alistair Green and his wife Liz Green who is the British Ladies NSSA Skeet Champion. Pictures: Warren Gunn 854480

MAN'S BEST FRIEND: Bess the English Springer Spaniel demonstrates her retrieving skills and, inset, safely back on the bank. 854472 / 854474

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At the same time, we are constantly looking to improve our title and are always happy to hear from you with suggestions and comments.
If you have any feedback for us then please contact the relevant person or people listed below.

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Inspired by Games? Time to get sporty

Sir, What is the Olympic legacy for local people? We have just witnessed the most amazing Olympic Games, with Team GB bringing home an outstanding number of medals. Now the games of the 30th Olympiad are over, and we wonder whether the London 2012 motto, 'inspire a generation', will be realised.

So what is our local legacy from the Games? Have the people of Suffolk been inspired and will it make a difference?

The feedback that I've had is that people have been inspired and they do want to take up or renew their interest in a sport but many just don't know how to go about it. What I don't want to happen is for them to not be able to find the information and lose their inspiration. Now's the time to make people aware of what is available, and to encourage them while their enthusiasm is still ready and raring to go.

The message I want to send is 'visit your local leisure centre'. Even if the sport is not played at that centre, they will stock the Forest Heath Sports Club Guide and be able to point you in the right direction and put you in touch with a local club that can help.

Anglia Community Leisure runs Brandon Leisure Centre (BLC), Mildenhall Dome Leisure Centre (DLC), Mildenhall Swimming Pool (MSP) and Newmarket Leisure Centre (NCL). Here are just of a few of the Olympic sports hosted at these centres:

Swimming – Newmarket Swimming Club and Mildenhall & District Swimming Club (NLC + MSP)
Hockey – Newmarket Hockey Club (NLC)
Volleyball – Newmarket Volleyball Club (NLC)
Basketball – Forest Heath Harries Basket BALL Club (BLC)
Badminton – Newmarket Badminton Club, St Philips Badminton Club, Brandon Badminton Club, Eriswell Badminton Club and Riverside Badminton Club (NLC + DLC + BLC)
Gymnastics – Newmarket Gymnastics Club (NLC)
Archery – Adult Courses run by NLC
Table Tennis – Junior Club run by DLC
Martial Arts – All our centres have at least one Martial Arts Club

It's never too late or too early to start sport. Whatever your age, if you were inspired by London 2012, go to your local leisure centre, and find out about the sport that interests you.

Suffolk has produced our own share of local Olympians at London 2012 in the form of Goldie Sayers (Javelin) and Gold Medalist Victoria Pendleton (Cycling). These athletes were inspired, they put in the work and they have reaped the rewards. I hope that the legacy of the London 2012 Games will be more local people getting into sport, whether for fun or for competition, and enjoying the same kind of exhilaration for themselves as they witnessed as spectators.

Keiran Williams
Community Sports Leader
Anglia Community Leisure

THIS week's Memories photo, from our archives, shows an audience.
Do you know what they were watching or could you recognise anyone in the picture?
Write to Newmarket News, 15 High Street, Newmarket, CB8 8LX or email *editorial@newmarket-news.co.uk*.
Last week's Memories photograph, right, featured a Newmarket rugby team from September 1971.
Pictures: 282226 / 243922

Share your old pictures with readers of the *Newmarket News*... just send them to the address in the panel on the left or email them to us with your contact details.

Charity evening raises £1,200 for hospice

WHAT a great evening on Saturday. Eddie Ahern and Rachael Sands had their charity evening at The Yard Pub raising money for East Anglia Children's Hospice (pictured right).
A huge turnout came along to raise some money, with huge prizes for the raffle and auction. On the night alone about £1,200 was raised for EACH.
Eddie and Rachael are still hoping some of the jockeys will also donate a riding fee to the charity. Arianna – young singing sensation and Heart fundraiser of the year – also performed some songs on the evening, which went down well. Eddie and Rachael would like to thank everybody who helped donate prizes and for all the people coming along and supporting the event.

RACING NEWMARKET
Social news from the racing scene with **Howard Jones**

■ **Well done to Gemma Marshall for becoming top lady jockey of Jersey. Laura Pike gave her a run for her money, so watch out next year as Laura will be after Gemma's crown.**

■ **Birthday greetings to Rachael Sands and Pamela Mclaughlin – both 21 again. Best wishes also to Marcus Foley, who has his birthday this week.**

■ **Well done to all who braved the Steps concert at the racecourse. I hope you did not get too wet and enjoyed the entertainment.**

■ **Make sure you start getting your tickets for this year's end of season awards night on November 17 at Newmarket racecourse. For tickets phone 01359 270733 or 07909965211. Companies can still sponsor an award, so phone the same number for information and make sure you start nominating – see next week's *News* for details.**

Hospice lottery

THE sum of £5,000 is up for grabs in a charity lottery rollover this week.

Prizes of between £10 and £1,000 are on offer in the St Nicholas Hospice Care weekly lottery. But a second prize of £250 was introduced earlier this year which expands week by week if it is not won up to a maximum of £10,000 – and the sum has now hit the £5,000 mark.

Hospice lottery officer Caroline Tatum said: "The rollover prize has already reached £5,000 and has been attracting lots of interest. People feeling lucky can buy a single ticket for this Friday's draw which is great for those who are not able to commit to the lottery for a whole year. It means no one has an excuse for missing out on the chance to win one of our prizes."

The lottery raises more than £250,000 for the charity each year. To buy a single ticket for £1, visit *www.stnicholashospice.org.uk/lottery*. Single tickets are also available from the hospice and its shops, including those in Newmarket and Mildenhall.

For more information, email lottery@stnh.org.uk or call the Lottery Office on (01284) 755000.

Thieves raid vans

TWO Citroen vans have been broken into in Red Lodge.

Thieves stole power tools and computer equipment from a van parked in a Carnation Way driveway after getting into the vehicle between 8.30pm last Wednesday and 7am the following day.

A second van in a car park off Marigold Drive was targeted between 6pm last Wednesday and 7am the following day but nothing was taken. Call police on 101 with the crime reference MH/12/1667.

Masked pair in raid

A MASKED duo has broken into a Mildenhall garage.

The males targeted the garage in Cypress Close in the town at 3.30am last Wednesday.

A grey Carrera mountain bike and a Voodoo Zobop mountain bike were taken.

Call Suffolk Police on 101 with the reference MH/12/1660 with any information about the crime.

Town still split over store plan

■ JORDAN DAY

AMBITIOUS plans to build a new supermarket in Soham are continuing to cause controversy.

While some people say it is "just what the town needs" others insist another supermarket will harm Soham's "already suffering" High Street.

More than 150 people attended a public meeting at Soham Town Rangers' stadium on August 14, which was organised to enable locals to have their say on the major plans.

As reported in the *Weekly News*, developers Harrier Developments Ltd want to develop a Northern Gateway in The Shade area of the town, to include a new supermarket, petrol station, business units, recreational space and a play area.

East Cambs District Council's planners were set to make a decision on the scheme earlier this year but the decision was put back by three months over numerous concerns, including the effects the new supermarket could have on Soham's town centre and traffic issues.

Bosses at Harrier Developments could hear their fate next month, although they could be forced to wait even longer.

Selina Markwell, of Sand Street, Soham, said: "I'm sick of hearing people whinging about the proposed new supermarket.

"The majority of people who are against the plans are against change – not the proposals.

"Soham desperately needs another supermarket, more shops and more services in general. It's a fast-growing town with lots of new development and there just aren't the facilities to support all the people.

"We should be welcoming these plans with open arms – it's just what the town needs."

But many locals are worried about the effect the development would have on the town centre.

Geoff Carter, of Brewhouse Lane, Soham, said: "I think another supermarket is the last thing Soham needs.

"We have enough of them. What we should be doing is focusing on the High Street and injecting a bit of life back into it.

"The town centre is already suffering and building a new supermarket on the outskirts of town could be the final nail in the coffin for many of the independent traders.

"If we're not careful Soham will soon be like all the other towns in the country and no longer unique."

Harrier Developments say the supermarket alone could provide up to 200 jobs for local people.

A statement from the firm said: "The great majority of people living in Soham are forced to travel to towns elsewhere to gain access to jobs, services and modern food store shopping facilities."

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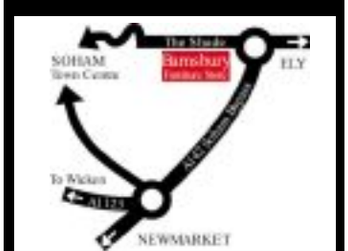

9A The Shade, Soham
Ely, Cambs, CB7 5DE
01353 723900
www.barnsburyfurniture.co.uk

» in Brief

Blood date for donors

A BLOOD donor session is being held at the Walter Gidney Pavilion in Fountain Lane, Soham, on Wednesday, September 5.

Sessions will then be held at the Ely Beet Club in Lynn Road, Ely, on Friday, September 7 and at The Maltings in Ship Lane, Ely, on Tuesday, September 25.

For session times or more information, call 0300 123 2323 or visit *www.blood.co.uk*.

Fun focuses on moths

BATS and moths will be the theme of a free family fun session.

The Wildlife Explorers summer club meeting will be at the RSPB's Lakenheath Fen reserve between 11am and 12.30pm today. Weather permitting, there will be a chance to look at some of the moths which were caught on the reserve the night before.

There is no need to book. For more information, call (01842) 863400 or e-mail *lakenheath@rspb.org.uk*.

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Family Announcements

01638 662581

Deaths

BADCOCK. Sid (George Sidney) of Swaffham Bulbeck, formerly of Swaffham Prior, passed peacefully away at his home on Tuesday, 21st August, 2012, aged 87 years. Dearly loved uncle, great-uncle and great-great-uncle. Cremation at the West Chapel, Cambridge City Crematorium, on Monday, 10th September, at 3.00pm. Family flowers only. Donations may be made to East Anglian Children's Hospice c/o Southgate of Newmarket Funeral Directors, 25 Duchess Drive, Newmarket. Tel: 01638 662480.

DAVIES. Rev'd Arthur Davies, of Studlands Park, Newmarket, passed peacefully away at his home on Wednesday, 22nd August, 2012, aged 88 years. A dearly loved father and grandfather. Following a private family cremation, a Service of Thanksgiving will be held at St Martins Church, Exning, on Friday, 31st August, at 11.30am. All enquiries to Southgate of Newmarket Funeral Directors, 25 Duchess Drive, Newmarket. 01638 662480.

FITCHETT. Joan of Ness Road, Burwell, passed peacefully away after a short illness, at her daughters home in Newmarket, on Saturday, 18th August, 2012, aged 87 years. A dearly loved mother, grandmother, great-grandmother and great-great-grandmother. Funeral service at the Baptist Chapel, Burwell, on Wednesday, 29th August, at 2.30pm, followed by interment in the Ness Road Cemetery, Burwell. Flowers if desired may be sent c/o Southgate of Newmarket Funeral Directors, 25 Duchess Drive, Newmarket. CB8 8AG.

WISEMAN. Janet passed away peacefully at home on Tuesday, 21st August, 2012, aged 70 years. Beloved wife of Dennis, dearest mother to Douglas and Sarah, devoted grandmother to Toby, Alice, Zach, Beth & Maya and much loved sister to Doug and Robert. Private cremation at West Suffolk Crematorium on Monday, 3rd September, at 12.45pm, followed by a Service of Thanksgiving at St Augustine Church, Burrough Green, CB8 9NA at 2.15pm. Family flowers only, but donations for St Nicholas Hospice may be sent c/o H. J. Paintin Ltd, 43 High Street, Linton, Cambridge, CB21 4HS.

www.cambridge-news.co.uk /announcements

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Express your condolences in the online guest book or read what others have written.

To access the guest book please visit: www.cambridge-news.co.uk /announcements

» in Brief

Diners can help air ambulance

THE region's life-saving air ambulance charity is urging the public to help raise funds and awareness during National Air Ambulance Week (NAAW).

The East Anglian Air Ambulance (EAAA) hopes NAAW from September 24-30 will raise its profile and the number of its supporters.

Tim Page, chief executive of EAAA, said: "We have been delighted by the response of the public in showing their support for National Air Ambulance Week.

"Many people have already signed up to our 'Come EAAA-T With Me' fundraiser but, of course, we're always happy to have more."

This year EAAA is asking supporters to host their own dinner party with guests donating what they think the meal is worth to the charity.

For more details, or to request a fundraising pack with a free copy of EAAA's cookbook, *Pie in the Sky*, contact Helen Dodman on (01473) 745007 or *helen.dodman@eaaa.org.uk*.

36-month ban for drink driver

A MAN sentenced for drink driving claimed he was suffering from anxiety after his son had been violently attacked, a court heard.

Alan Kirk, of Newmarket Road, Burwell, was banned from driving for 36 months at Cambridge Magistrates' Court last week.

Police stopped him on Burwell Causeway on August 7, after a call from a member of the public. The court heard he had 46 microgrammes of alcohol per 100 millilitres of breath.

Kirk, 63, pleaded guilty, admitting he drank eight cans of lager due to stress caused by the attack the night before. He was fined £350.

A closer look at kingfishers

ONE of Britain's most colourful birds will be the topic of discussion at a nature reserve.

'Kingfishers – up close and personal' will be delivered by local kingfisher enthusiast and photographer Jeff Harrison at RSPB Lakenheath Fen nature reserve on Sunday, September 9, from 11am until 12.30pm.

A wide range of topics will be covered including breeding of the birds.

David White, information officer at the centre, said: "Kingfishers are such iconic birds. They are not only beautiful they are also real characters to. Why not come along to learn more about them?"

The cost is £5 for adults, £2 for children and RSPB and Wildlife Explorers members are half price. Price includes a hot drink and a biscuit. Booking is essential by calling (01842) 863400 or e-mail *lakenheath@rspb.org.uk*

Your chance to air views on the market

JENNIE BAKER

HAVE your say on Newmarket's beleaguered market and have a shot at influencing its future.

Traders are calling for your comments in a questionnaire they hope to use as a foundation for conversations with the local authority about giving the market a boost.

Andy Neal, who runs the mobility stall at the twice-weekly market, said the knowledge would put the traders in a stronger position.

He said: "The results will be used as a basis for discussions with Forest Heath District Council in helping to regenerate the market.

"If 90 per cent of people want to see a farmers' market in the town then we can put a strong case for having one.

"If 85 per cent of people feel the market is struggling because of a lack of promotion then again we can use public opinion to help us get the market advertised.

"As traders we are only a few but armed with public opinion we become a much stronger argument. We need to know the public's thoughts."

COMMENTS: market trader Andy Neal is asking shoppers to help with the questionnaire, below.

Shoppers are being asked questions including whether the demise of the market would affect they way they vote, if improving the quality of produce or getting a wider variety of stalls involved would improve the market and whether themed markets would entice them.

Mr Neal said this was a "cards on the table" move to try to give people what they want and encouraged people to fill in the questionnaire, below.

He said: "As traders, we have got as much to lose as we have got to gain.

"I'm assuming that the people of Newmarket want a market.

"If no-one says they want it and they would rather the land was built on and forget the heritage of the town and that doesn't count for anything, that's a rude awakening for me, but I don't believe that will be the case. The public's opinion is more important than anything."

The questionnaire is very easy to complete – read the questions and just ring your answers.

Please send your completed questionnaires, including your name and address details, to: Market Survey, c/o Newmarket News, 15 High Street, Newmarket, CB8 8LX by Monday, September 17.

Market questionnaire

A) Does the town deserve a better market than is currently being provided?

1) Yes
2) No

B) How many times do you visit the market?

1) Once a week
2) Twice a week
3) Once a month on average
4) Hardly ever

C) If the market was to attract more stalls would you use it more?

1) Yes
2) No

D) When you visit the market what do you mainly buy?

1) Fruit and veg
2) Other fresh produce
3) Other items

E) What stalls that you used would you recommend?

1) The egg stall
2) Fruit and veg stall
3) Meat stall
4) Fish stall
5) Flowers
6) Any other
7) All the stalls

F) Would you like to see the market improved, if so how do you think it could be improved?

1) By encouraging more stalls
2) A wider variety of stalls
3) Better quality of produce
4) Financial inducements
5) Moving the market to an alternative site in the town such as the High Street

G) Do you think that hosting themed markets would help increase footfall, if so what themes would you prefer?

1) Farmers' market
2) Continental market
3) Craft market
4) All of these

H) Do you feel the heritage of Newmarket having a market for more than 400 years is something to cherish and preserve?

1) Yes
2) No

I) Have you seen any form of general advertising or promotion of the markets (not including any specific stall)?

1) Yes
2) No

J) Would it help to attract people to the town if we had a strong market and a well advertised market?

1) Yes
2) No

K) Do you think the market is neglected?

1) Yes
2) No

L) Is the demise of the town's market an issue that would influence you when voting at future elections?

1) Yes
2) No

M) Would music, face painting for children and entertainment help to create an atmosphere on the market that would add to the town's shopping experience for visitors?

1) Yes
2) No

Your name:.....

Address: .....

Please send your completed survey to: Market Survey, c/o Newmarket News, 15 High Street, Newmarket, CB8 8LX by Monday, September 17.

» in Brief

Burglars steal petty cash

BURGLARS stole petty cash after raiding a Newmarket business.

Thieves smashed through a security gate to a business premises on Sam Alper Court and then broke into the building.

A search was made of the inside and two petty cash tins were stolen.

The raid happened between 5pm on Monday last week and 4.50am the following morning.

Suffolk Police have urged witnesses to call 101 quoting reference NE/12/1470.

Photo workshop at fen reserve

A PHOTOGRAPHY workshop is being held at a nature reserve.

Users of digital SLR cameras are invited to hone their landscape photography skills at the event held at the RSPB's Lakenheath Fen reserve, run by site manager Dave Rogers.

The workshop runs from 10am to 3pm on Sunday. It costs £10 for adults and £5 for children, and RSPB members get a 50 per cent discount.

Book by calling (01842) 863400 or by emailing *lakenheath@rspb.org.uk*

Tributes paid to vicar who was 'full of hope'

■ JENNIE BAKER

A VICAR and Second World War veteran who was "full of hope" has died at 88.

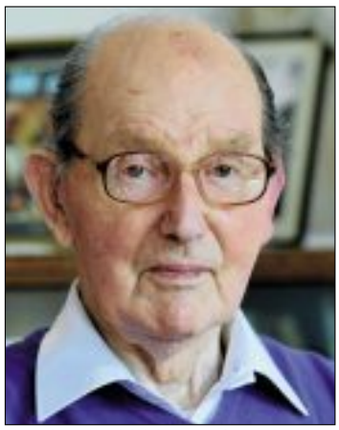
The Rev Arthur Davies retired to Newmarket's Studlands Park after serving as vicar to the partnership of Ashley, Cheveley, Woodditton, Saxon Street and Kitling and Upend for the 11 years to 1986.

He was vicar at the St Stephen's and then Christ Church churches in Cambridge between 1965 and 1975, during which time he also helped train ministers including Michael Nazir-Ali who went on to serve as the 106th Bishop of Rochester.

Mr Davies and Sheila, his wife of 51 years who died in 2001, adopted Sabina Sanders and Denise Cotten from Children's Society homes and Sabina said he was a big supporter of the charity.

Sabina, 49, who along with her sister lives in the United States, said the grandfather-of-four had believed in living every day to your fullest. She said: "He was full of hope, very positive, very encouraging, always saw everything through God's eyes."

She said he had always had Bible study groups as a vicar and had founded one at Studlands Park when he retired, which was modified into a prayer and support group as he aged, and he held the last of the sessions just two days before he died of heart failure on Wednesday, August 22.



CHARITY SUPPORT: The Rev Arthur Davies.

She said there was not a Sunday when she was growing up when the family did not have someone to dinner. Sabina said: "He made a point of inviting the person who lived alone or didn't have children around them or didn't have a spouse. Even when he retired they did that, they always had people in for dinner a couple of times a week and every Sunday, then when my mother died a part of his getting over the grief and the loss was to continue that and he did continue, he loved to invite people to dinner."

At just 16 in 1940, Mr Davies and his identical twin, George, had lied about their age to get into the navy and had survived the bombing of HMS Eskimo Destroyer ship and Arthur left the navy in 1945.

He was struck down with tuberculosis in 1948 and was forced to delay his marriage to Sheila for two years but during his recovery, she had taught him to sew and embroider and Mr Davies belonged to a Newmarket quilting group for a decade until about a year before his death.

A service of thanksgiving at St Martins Church, Exning, at 11.30am on Friday will follow a private cremation.

Sabina said: "It's definitely a life to be celebrated and that's what we are doing."

Donations should be made to The Children's Society. Enquiries should be made to Southgate of Newmarket Funeral Directors on (01638) 662480.

Residents' party time

RESIDENTS celebrated bank holiday Monday at a fun filled street party behind the Palomino pub in Newmarket.

Majorettes and live bands performed throughout the day and activities were on offer for children including face painting and a bouncy castle.

Bill Sadler helped to organise the event and said: "We promoted the event by putting more than 700 leaflets through the doors of houses on the estate.

"We held a big party for the Diamond Jubilee and had some money left over so thought why not use it to help local residents really enjoy the bank holiday weekend."

Coffee event held at hall

A COFFEE morning is being held at the Berrycroft Methodist Hall in Soham on Friday.

Running from 10am-noon, admission is 50p, which includes a raffle ticket.

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Celebration day as teenagers across the district discover their GCSE results

WELL DONE: Newmarket College students Marie Avis (3A*s 5As 2Bs and 1C) and Agata Michalewska (2As 4Bs 1C) Picture: Keith Heppell 853760

HIGH ACHIEVERS: Soham Village College students Ellen Suckling, Sam Turvey and Chris Nevitt. CP

HARD WORK: Newmarket College student Luke Blythe who obtained 3A*s 5As 3Bs and 1C. 853750

A-stars shine as results released

JORDAN DAY

TEENAGERS across the district have been celebrating their GCSE results.

It was a record-breaking year for GCSE results at Soham Village College.

Seventy five per cent of students achieved five or more grades A* to C and of those, 60 per cent included passes in both English and maths.

Two thirds of pupils achieved passes in English, science and maths and one third achieved the English Baccalaureate.

Among the high achievers was Sam Turvey, from Ely, who achieved five A*s and five As, Ellen Suckling, from Ely, who scooped four A*s and seven As, and Chris Nevitt, from Burwell, who got five A*s and five As.

All three are now off to Hills Road Sixth-Form College in Cambridge to study for their A-levels.

Other high achievers included Rory Braggins, who got a whopping 12 A*s, Charlotte Waller, Naomi Crane, Jonathan Manley, Frances Chilver, James Howes, James Myhill, Abi Runciman, Florence Burn, Emily Zheng and Kasinda Degado.

College principal, Dr Carin Taylor, said: "Outstanding examination results always reflect a tremendous amount of hard work by students and school staff.

"I am very proud of what our students have achieved and delighted that so many have made the most of the wonderful opportunities on offer at Soham to succeed with a strong academic eduction, but also to develop so many other skills and experiences for the life ahead."

College students scoop good grades

MORE than 90 per cent of Mildenhall College's GCSE students have achieved five good passes in their exams.

The results released on Thursday revealed 94 per cent scooped five or more GCSEs graded A* to C compared with 88 per cent last year, while 97 per cent achieved five or more A* to G grades in their exams.

But the school has not confirmed the number of its GCSE students who achieved at least five good passes in subjects which included maths and English.

Susan Byles, headteacher at Mildenhall College, said: "The success of our students is testimony to the tremendous hard work and effort they have put in.

"Many have attended extra revision sessions at lunchtime, after school and even during holidays to make sure that they achieved the best results possible.

"The students have been supported at every stage by dedicated and hardworking teachers.

"At this point in time we are unable to confirm the figure for the percentage of students achieving five A* - C grades including maths and English.

"Across the country there appears to have been a decline in the percentage of students passing English at grades A* - C.

"We are investigating our own results and will appeal to the exam board if we feel any of the students have been unfairly graded."

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Students celebrate their GCSE results as a headteacher is furious with politicians

College is shocked as record year hopes crash

DONE IT! Students celebrate their grades at Newmarket College; inset, principal Dr Bob Cadwalladr.

Main picture: 853765

■ JO DEEKS

RESULTS at Newmarket College fell short of expectations, but are believed to be in line with national trends this year.

Principal Bob Cadwalladr said: "We are shocked and hugely disappointed with the GCSE exam results at Newmarket College. This group of students were pleasant, positive, well-behaved and well-motivated. They were well-taught, well-supported and well-prepared.

"We were very confident that the students would achieve well and had good hopes of a record-breaking year. However, although 61 per cent gained 5 A*-C grades, only 47 per cent gained a pass in English and 38 per cent in maths. Overall, only 27 per cent of students gained 5 good passes including English and maths.

"We can see where students haven't achieved what we expected them to do, but it is difficult to understand or rationalise why. There will be a lot of soul searching and hard thinking, but I can't help thinking that political pressure on exam boards to 'get tough' has had an impact on today's results.

"I am distraught for my school, but I am furious if the lives and futures of our young people has been blighted for political point scoring. I hope that the parents, and wider community of Newmarket, will fight the damage that politicians have today inflicted on the young people of our town. In the end it is just not fair that the goal posts have changed for this group of young people in the corridors of power without telling anyone.

"We would like to celebrate the achievements of those young people who have achieved success and the highest grades against the trend and the overall picture across the country. I think they will have had to work even harder to scale the heights.

"In particular we must congratulate Jenny Offley who gained 7 A* grades and 3 As whilst Marie Avis and Luke Blyth both achieved 3 A* and 5 A grades, Mojisola Sobanwa succeeded with 1 A* and 5 A grades and Anna Roberts achieved 7 A grades.

"Year 10 have had their the results from some GCSE exams and module tests. Jess Walton gained 100 per cent in four out of the six exams that she sat last summer. That is simply fantastic. "

Politicians under fire for 'point scoring'

A FURIOUS headteacher has lashed out at the "point-scoring politicians" who he says have "inflicted damage" on his GCSE students.

Dr Bob Cadwalladr, principal of Newmarket College, said he is "distraught" following his school's results and blames politicians for playing games with his pupils' futures by putting pressure on exam boards to get tough.

In a candid assessment, he said he was "shocked and hugely disappointed" with the results after just 27 per cent of students got 5 A*-C passes including English and maths, the benchmark test for a school's performance.

He said: "There will be a lot of soul searching and hard thinking, but I can't help thinking that political pressure on exam boards to 'get tough' has had an impact on today's results.

"I am distraught for my school, but I am furious if the lives and futures of our young people have been blighted for political point scoring."

He added: "I hope that the parents, and wider community of Newmarket, will fight the damage that politicians have today inflicted on the young people of our town."

The principal added the GCSE group of students were "pleasant, positive, well-behaved and well-motivated" and said it was not fair the goalposts had changed for them.

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Scouting Days

Saturdays 8 & 22 September

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Cambridge News heart sandraraynolds

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Unlucky breaks, but I still found Eldorado

BATTLING ON: Julie Fernandez at Bee Crafty. Picture: Richard Patterson 848739

Born 10 weeks early, with brittle bone disease, Julie's life expectancy was so short her parents were given the option of leaving her in hospital. But she defied the odds to become a successful actor – including a memorable role in iconic sitcom The Office – and a tireless campaigner for disability rights. Interview by ALICE RYAN

AS the black cab drew up at the station, actor Julie Fernandez grabbed her bag and got to her feet. The instant she stood up, she heard a sickening crack, felt a rush of pain – and knew her right leg was broken.

"I was on my way back from giving a talk at the British Film Institute on disability equality," says the TV star, with a wry laugh. "I heard the crack and knew immediately what it was: a freak fracture. So I said to the cab driver 'forget the station – I think we should go to A&E'.

"I spent the next four months lying in bed in my living room and it was boring as hell. But you just have to get used to that kind of thing: you have to get on with it, don't you?"

Julie – best known for her roles as Brenda in hit mockumentary *The Office*, and Nessa in the ill-fated soap *Eldorado* – has brittle bone disease. Throughout her life, she has suffered a frightening 100 fractures and been through more than 70 operations.

Determined not to let her disability hold her back, Julie, who uses a wheelchair, has become a flag-flyer for equal rights: despite all her health problems, she has forged a high-profile career path as an actress, public speaker and campaigner.

Julie and husband Andrew are also foster parents; they've opened their home to some half a dozen teenagers in the last two years alone. And Julie, a keen crafter, recently opened a shop with business partner Sarah Payne: based in the village of Ellington, near Huntingdon, it's called Bee Crafty. As well as selling all manner of materials, from beads and buttons to fabric, Julie and Sarah run frequent workshops, teaching skills from patchwork to jewellery making.

"When I was stuck in bed for all those months a friend bought me a patchwork kit," explains Julie, 37. "It was brilliant: it gave me something to do and stopped me going insane…

Julie explains that her challenges began the day she was born – dangerously premature, at 10 weeks early. Rushed to a specialist natal unit, both her femurs fractured during a hip test. That's when doctors realised she had brittle bone disease.

"My parents were told my life expectancy was two years old, and that they could expect to have to carry me everywhere until then on a pillow. They were given the option to leave me in hospital, which is hard to believe now. There was a real lack of understanding of my condition in those days.

"My mum took me home, fed me up and, instead of growing weaker, I went from strength to strength. She learned all kinds of alternative therapies, including reflexology, and she used to treat me at home. There's no doubt in my mind that made an enormous difference."

Wanting their daughter to lead as normal and full a life as possible, Julie's parents refused to wrap her up in cotton wool. Explaining that her bones are so brittle, a gentle tap could break her wrist, Julie says she suffered seemingly endless fractures as a child: "I'd end up having to lie flat for six to eight weeks at a time. It was tough."

"I can remember being eight and in a full body cast," she continues. "My mum got a thick duvet, folded it up on the kitchen floor, put me on it and presented me with a bowl of washed-up plates and a tea towel. As far as she was concerned, having a disability didn't mean I couldn't achieve things."

Defying doctors' predictions, Julie went on to become a pupil at Hampshire's Lord Mayor Treloar School and College where, as at home, 'disability was never used as an excuse not to do something'. It was while at Treloar that Julie caught the acting bug: she was part of the first group of disabled students ever to study drama GCSE.

In the run-up to her A

DON'T MISS OUT ON YOUR Cambridge News

Bee Crafty has just turned one and, to celebrate, Julie and Sarah asked their customers to help stitch two 'community quilts', which are now being raffled in aid of two local charities: Julie nominated the Papworth Trust, which supports people with disabilities, and Sarah, who has a hearing impairment herself, selected The Cambridge and Huntingdon Deaf Children's Society.

"We wanted to give something back to the local community," explains Sarah. "Everyone has made us welcome and so many people have supported the business. Both Julie and I are passionate about the impact craft can have on people's lives.

"My husband died suddenly – he was killed in a car accident, aged 30 – and I felt totally lost. A friend bought me a cross-stitch kit to give me something to do and as soon as I started I was hooked. I think it helped me through the grieving process."

Raffle tickets for Bee Crafty's two 'community quilts' – like the quilt pictured here – are now on sale. Tickets, priced £1, can be bought direct from Bee Crafty – at Suite 5, The Granary, Brook Farm, Thrapston Road, Ellington, Huntingdon, PE28 0AE – or by calling the shop on (01480) 891746. Proceeds will be divided between the Papworth Trust, the charity which supports people with disabilites to have equality, choice and independence in their lives (*www.papworth.org.uk*), and The Cambridge and Huntingdon Deaf Children's Society (CHDCS), a small support charity run by volunteer parents from all over Cambridgeshire.

EVERY LITTLE HELPS: Julie with Sarah at Bee Crafty. 850806

levels, *Eldorado*, the BBC soap set on the Costa del Sol, came calling. The casting team contacted the school looking for an actor to play Vanessa, a teenage girl who hated schoolwork, liked boys – and also happened to use a wheelchair.

"She was very like me in many ways," laughs Julie. "I auditioned and got the job! And thank god I did: I wasn't at all academic, so if *Eldorado* hadn't happened I don't know what I would have done. I flew out to Spain a few weeks later to start filming, so it was quite a whirlwind."

Starring alongside big names like Jesse Birdsall (who played the dastardly Marcus Tandy, seen sailing off into the sunset with puppy-dog girlfriend Pilar in the final episode), Julie was famous overnight: "The press followed me everywhere. It was quite a culture shock, going from the confines of boarding school to that."

When *Eldorado* was scrapped, amid complaints of poor plotlines and shoddy acting, Julie admits it was a genuine sadness. "The show took time to get going and by the end it had so many fans: there are still people campaigning now to bring it back."

Another career highlight was scooping the role of Brenda in series two of *The Office*, the award-winning brainchild of Ricky Gervais and Stephen Merchant. "That was such fun to work on," says Julie. "The executive producer was someone I knew from school, so it was a very relaxed atmosphere for me: by the time I joined the cast, having someone on the team with a disability was nothing new.

"It was a ground-breaking series in lots of ways – and it opened up a real discussion about disability equality, which was brilliant."

The second series of *The Office* happened to coincide with the implementation of a Disability Discrimination Act focused on providing equal access to goods and services. In one scene, David Brent (Gervais) and Gareth (Mackenzie Crook) attempt to carry Brenda downstairs as part of a fire drill; deciding it's too much like hard work, they abandon her half-way down the staircase. Yes, says Julie, it was funny – but there could be no clearer illustration of the repercussions of inadequate access.

"Wherever I want to go, whatever I want to do, I have to plan ahead and work out the logistics," she adds. "I'm always saying that people with disabilities make great employees: they're brilliant at solving problems and strategising their way round things… They have to be."

Although Julie has always pledged to live life to the full, she admits there was a time, in her 20s, when she wondered if she'd ever find love.

"Men are generally a lot more body conscious than women when it comes to their partners. I did wonder if I'd ever meet anyone who'd have the understanding and kindness required. And then I found Andrew, and he's just amazing."

Meeting through Julie's charity work – she is a tireless campaigner for various causes – the couple got together a decade ago and married in 2008.

"We decided not to have children. I knew there would be a 50/50 chance of a child inheriting brittle bone disease and, while I have an amazing life, I don't want to give this disability to another human being.

"We discussed adoption, but Andrew wasn't too keen. So we decided to foster. We get mostly teenagers and, though it can be hard work, it's an amazing and rewarding experience."

Julie concedes that juggling all her commitments – the shop, the kids, her media and charity work – can be exhausting. "I don't have room for anything else. Most days I'm in bed by 8pm."

But Julie has a philosophical approach, informed in part by her open-minded upbringing. "My parents are both spiritualists, so I grew up with a mind open to all kinds of possibilities. It's not a religious thing for me, but I do believe in life after death – that there is something more.

"I can actually see spirits. The first time it happened I was still a child: it was a woman running along, as if she was being chased… Her hair was flying out behind her. I think the universe is an amazing place, full of mysteries. There's so much we still don't understand."

"As I said, I have an amazing life," adds Julie. "It's proof, if it were needed, that having a disability shouldn't hold you back – it shouldn't stop you doing anything."

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» in Brief

Preserve memories of the Olympics

RESIDENTS are being urged to share their experiences of the London Olympics for a heritage project.

Suffolk Records Office wants residents to send in photos, leaflets and posters from events inspired by the Games, ranging from the torch relay to a sports day or street party.

Cllr Guy McGregor, a member of Suffolk County Council's cabinet, said: "This is a fantastic opportunity for people to have their Olympic-inspired moments preserved in the history books.

"Now is the best time for us to gather these snapshots in time as the Games are fresh in people's minds.

"I would urge people to get in touch and find out how they can contribute their Olympic moments."

To submit photos or for more information, email *suffolk.remembers@suffolk.gov.uk*

wedding Album

» Bye – Catt

The wedding has taken place of James Bye and Victoria Catt, both from Fordham. The couple were married at Fordham church by the Rev Kate Peacock and a reception was held at Tattersalls, Newmarket.

If you would like to see your wedding report in the News, email some brief details and a photo, or ask your official photographer to send one.

Send it to:

editorial@newmarket-news.co.uk

Souk style hits High Street

IF you're brave enough to throw away the décor rule book and embrace a profusion of colour, pattern and exotic accessories, you could be ready for the hottest interiors trend this autumn – Moroccan-style.

Vibrant textiles, tiles and sensual textures are key ingredients, and are an instant way to add warmth and personality to a space.

Best of all, this visual feast needs no passport. Inspired by the North African Kingdom, designers have brought 'souk style' to the High Street.

There's no greater enthusiast for this look than Maryam Montague, author of the brilliant *Marrakech By Design*.

"I fell in love with Moroccan design 10 years ago and I've never looked back," she says of her home in Marrakech.

"In a world filled with beige interiors, Moroccan decor seems the perfect antidote," Montague says with a smile.

Follow Montague's style recipe for a magical Moroccan interior.

MOROCCO: Enjoy a taste of the exotic

PATTERN POWER

Picking up on pattern is essential, with Moroccan rooms boasting different patterns on walls, ceilings, doors and furnishings.

"Creating a wall of vibrant, decorative tiles is a fantastic way of introducing some mood-enhancing colour and an exotic Eastern touch," says Leila Roberts, tile category manager at Fired Earth.

"Think about combining patterns and colours to create a warm, tapestry-like effect. If you're not sure about tiling an entire wall, then a tiled panel with painted walls either side can be a great compromise, acting as a dramatic backdrop to furniture and accessories."

COLOUR MAGIC

Playing with a dazzling palette of shades to conjure the rich, enticing sensuality of Moroccan rooms is fundamental to this style, says Montague.

"Colour is embraced as a source of happiness, visual stimulation and beauty. It often starts with the front door which will be painted blue to ward off the evil eye.

"Colour continues indoors, varying from sunny shades, such as orange and yellow, through to deep reds, while greens represent fertility and growth."

Interpreting the look in a contemporary way is easily done with deep shades of orange, advises Marianne Shillingford, creative director at Dulux.

"You don't need to consume a space with a vibrant colour – be creative by painting a pattern by using a stencil or by experimenting with a special effect perhaps on a feature wall," she says.

"Try a fiery orange to add a visual hug of warmth to painted features and accessories. For a chilled-out look, team oranges with a sophisticated grey."

SULTRY SEATING

Living rooms in Morocco are designed to be beautiful, restful and versatile with ample seating for the constant flow of guests, says Montague.

Characteristic seating is a Moroccan banquette, a low-slung backless couch, which typically runs along all three walls forming a U-shape.

"Create a banquette by placing a twin mattress on wooden pallets and then layering with lengths of brilliantly coloured fabrics or throws and use lavishly embroidered cushions for a snug, inviting feel," she suggests.

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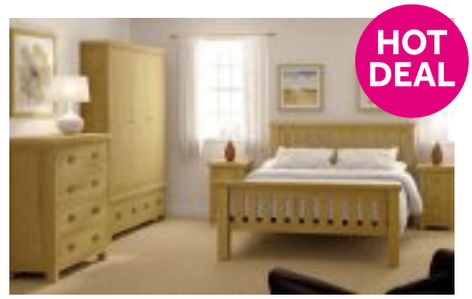

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THE GUIDE

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Latest films 17
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It's not all in the mind

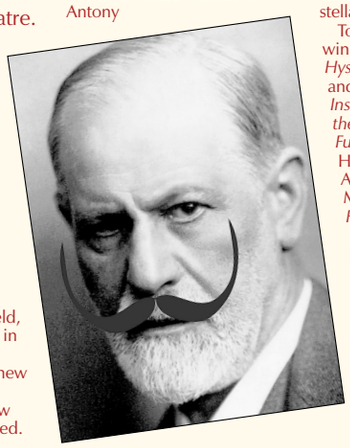
THE life of celebrated psychologist Sigmund Freud comes to the stage when the Theatre Royal Bath brings *Hysteria*, written and directed by Terry Johnson and starring Sir Antony Sher, to Cambridge Arts Theatre.

Having fled Nazi occupied Austria, Sigmund Freud just wants to live out his final days quietly in leafy Hampstead. His peaceful existence is rudely interrupted by the arrival of two unexpected guests – one is a woman who literally cannot keep her clothes on and the other is a flamboyant Spanish gentleman called Salvador Dali.

Both leaders in their field, Dali and Freud had more in common that you might think – a desire to break new ground and to challenge public perceptions on how the world should be viewed.

Dali and the surrealist movement adopted Freud as their unofficial 'patron saint', his explorations and studies of the subconscious were what they aspired to portray in their art. Freud however, had little time for the surrealists and their beliefs – this was definitely not a reciprocal admiration.

Oliver Award-winner Sir Antony

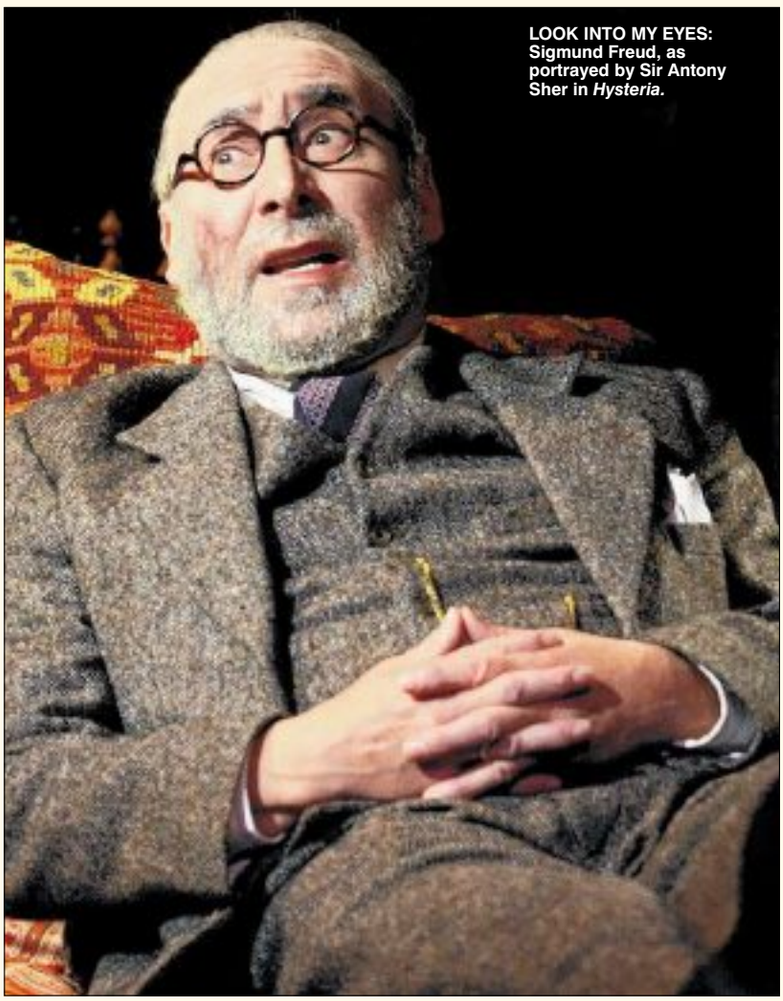


Sher leads the cast as Freud; his numerous credits include roles for the RSC and the National Theatre. Returning to Cambridge Arts Theatre are Will Keen as Dali, (Cheek By Jowl's *Macbeth*, 2011) and David Horovitch (Mike Leigh's *Grief* from the National Theatre, 2011). Indira Varma, Donmar Warehouse & Royal Court regular, completes this stellar cast.

Tony Johnson is the award winning writer and director of *Hysteria*. His many directorial and/or writing credits include *Insignificance*, *One Flew over the Cuckoo's Nest* and *Dead Funny*, all in the West End. He won the 2012 Tony Award for Best Director of a Musical for La *Cage Aux Folles*.

Sharply funny and with more than a touch of the surreal about it, *Hysteria* is the perfect way to kick-start the autumn season.

■ **Hysteria: Cambridge Arts Theatre until Monday, September 3 to 8. Tickets from £15 to £30 (subject to £2.50 booking fee).**



LOOK INTO MY EYES: Sigmund Freud, as portrayed by Sir Antony Sher in *Hysteria*.

Leisure or events news? email jennie.baker@newmarket-news.co.uk phone (01638) 662581

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Nature

Our column on the natural world – every weekend in the Cambridge News

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Church to stage worldwide music

THE church of St Peter and St Paul in Lavenham will be the host of an evening of music from around the world on Sunday. The programme includes Irish music from the Downland Suite, a concerto for clarinet and strings by Finzi, Purcell's Chacony in G Minor, Mozart's Eine Kleine Nacktmusik, and Bartok's Romanian Folk Dances. Tickets, priced at £10 in advance (£12 on the door), are available from Lavenham Guildhall, TIC and Compact Music, Sudbury.
The event starts at 7pm. Contact (01787) 248207.

House relocation for ghostly Scottish Play

PEMBROKE Players transfers the story of *Macbeth* to an Edwardian country house for this ghostly, atmospheric production of The Scottish Play. Here, witches dress as ordinary people and work in ordinary jobs, and a grand house is haunted by the absence of a child. Clocks tick and rocking horses move unprovoked while the Macbeths are left questioning who and what they can trust as they sacrifice everything for power. This dramatic reworking takes place in the Chapter House, The College, Ely, at 7.30pm on Tuesday. Tickets cost £10 and are available from (01353) 660349 / *www.elycathedral.org.*

Mix of styles from Bruce

CANADIAN folk-rock guitarist and singer-songwriter Bruce Cockburn is widely recognised for his socially aware songwriting, innovative guitar playing and Southern blues and jazz harmonies. With a career that spans over four decades and 31 albums, expect old and new favourites when he plays The Junction on Saturday. Tickets are £20 from (01223) 511 511 / *www.junction.co.uk*.

BUSY LIVES: The Wishing Well have performed in Scotland, Switzerland, England and Denmark.

The road is long

ORIGINALLY hailing from Australia, folk seven-piece The Wishing Well – who play Cambridge's Man on the Moon on Saturday – have been living on the road since 2008.

In 2010, the band toured for 10 months of the year in the UK, Europe and Australia. During their epic seven-month tour of the UK and Europe, they performed at the Montreux Jazz Festival in Switzerland, Edinburgh Fringe Festival in Scotland, Canterbury Arts Festival in England, and the Skagen and Nibe festivals in Denmark, as well as hundreds of other concerts.

Last year, the band – Jai Larkan (vocals and electric guitar), Rivkah Larkan (violin), Rachel Hall (violin and vocals), Rebecca Wright (cello and vocals), Tim Graham (acoustic guitar), Jon Kent (bass) and Josh Kerrigan (drums) – embarked on yet another UK and European tour, as well as making their maiden voyage to the USA.

Combining "three part harmonies, wistful violins, oceanic cello and majestic rhythms" (we're quoting here), the band describe themselves as following in the "melodic tradition of Peter Gabriel, Bruce Springsteen and the E Street Band, Dave Matthews Band and The Waterboys". They have recorded two albums, *Life on the Border* (2008) and *Fire in the Valley* (2010).

■ **The Wishing Well, Man on the Moon, Cambridge, Saturday, 8pm.**

Cinemas

Times for Fri, August 31, until Thu, September 6. All times are PM unless otherwise stated.

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There are no films showing at this time

ELY THE MALTINGS
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www.themaltingsely.com
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NT Live:The Curious Incident of the Dog in the Night-Time (tbc): Thu 7

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SAFFRON SCREEN
07786 463861
Ice Age: Continental Drift (U): Sat-Sun 3
Friends With Kids (15): Fri-Sat 8
The Best Exotic Marigold Hotel (12A): Sun 8
The Life And Death Of Colonel Blimp (U): Mon 7.30

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The big film

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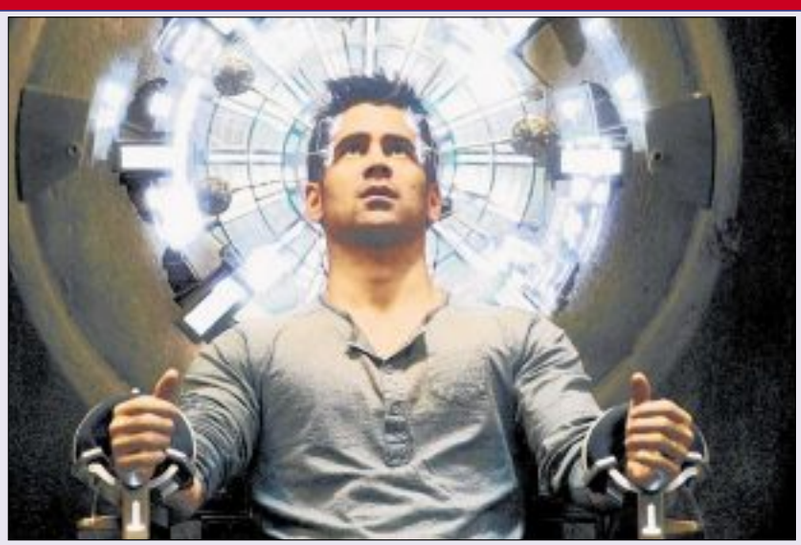


THE human brain is capable of processing hundreds of billions of instructions every second, putting to shame many supercomputers.
But like those supercomputers, the brain is susceptible to viruses and corruption.
False memories can be planted – without any malicious intent: an older family member recounts a hilarious anecdote from our formative years and without any evidence to the contrary, we 'create' an image in the mind's eye to match their perception.
The complexities of the brain, and the ease with which it can be tricked, are the central theme of *Total Recall*, a testosterone-fuelled remake of the 1990 Paul Verhoeven action adventure inspired by Philip K Dick's short story *We Can Remember It For You Wholesale*.
Punctuated by thrilling action set pieces set to Harry Gregson-Williams' bombastic score, Len Wiseman's film barely pauses for breath to worry about characterisation as preposterous twist follows outrageous turn.
Fans of the Arnold Schwarzenegger version will be two steps ahead of the screenwriters, but directorial brio and eye-popping special effects hold our interest when there is nothing on screen to fire our little grey cells.
In the late 21st century, Earth is a radioactive wasteland apart from two outposts on opposite sides of the planet: the prosperous United Federation of Britain ruled by Chancellor Cohaagen (Bryan Cranston) and the polluted, rain-saturated Colony, home to millions of workers and the underground resistance led by Matthias (Bill Nighy).
Factory worker Doug Quaid (Colin Farrell) lives in this hellhole with his wife Lori (Kate Beckinsale) and travels to work in the UFB with best friend Harry (Bokeem Woodbine) via The Fall: a giant elevator running close to the Earth's core which links the two settlements.
Unfulfilled and frustrated, Doug visits Rekall, a shadowy company which promises to realise clients' dreams by implanting artificial memories.
In Doug's case, he wants to be a super spy.
Shortly before the procedure takes hold, Rekall technician McClane (John Cho) discovers that Doug's memory has been wiped.
In the blink of an eye, the factory worker's world implodes and he goes on the run in the company of rebel agent Melina (Jessica Biel).
Total Recall is bombastic fun so long as you disengage your brain and submit to the gargantuan leaps in logic.

Boosting bulbs for springtime

by Hannah Stephenson

IF your summer pots are looking straggly and tired, bite the bullet, bin the summer bedding and make a head start by filling your containers with spring bulbs.

Bulbs often do better in containers than in the ground, as you can control drainage better and plant them in gritty compost which gives them more chance of success.

Ideally, daffodils, crocuses and hyacinths should be planted by the end of September, although they can be planted later.

Tulips should be planted in late October or November, as they need a drop in temperature to root well. Planting in lower temperatures may also reduce the chances of them getting a fungal disease called tulip blight (Botrytis tulipae), which can rot the bulbs or cause lesions on the leaves.

Don't be fooled into thinking that spring bulbs in pots should all be of the dwarf variety.

While there's few prettier sights than a mass of deep blue muscari filling a small traditional terracotta pot, don't be afraid of planting big, bold bulbs en masse in bigger pots because, provided they are in a fairly sheltered spot away from strong winds, they should give you a stunning display.

Crown imperials (Fritillaria imperialis) look impressive planted in groups of three in large metal containers in a contemporary setting, alongside trimmed box and other architectural plants, while narcissi with stout stems, such as N. Bridal Crown, will provide long-lasting blooms and won't topple over in cooler situations.

I love the strong form of the Darwin tulips, which can reach 50-60cm in height and bloom from mid to late spring. They are how you would expect a tulip to look, with no frills or blousy flowers. A surefire winner is Tulipa Queen Of Night, with its strong stems carrying silky purple-black flowers. I prefer to plant it as a single variety, without any plant partners, and place it against a white wall to show off its deep, rich colour to its best. Many gardeners opt for layering bulbs for a continuous display throughout spring. This is done by planting a variety of bulbs at different depths in the pot.

For instance, in a large container insert larger bulbs such as tulips, covering them in compost, then add another layer of medium-sized bulbs such as dwarf narcissi and cover these, then finally add small bulbs such as crocuses or snowdrops and top them with a final layer of compost.

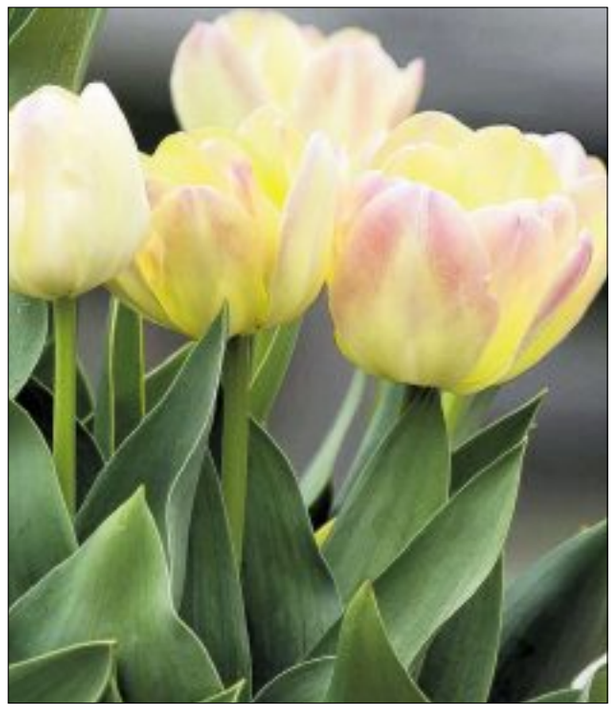
The bulbs nearer the top will flower first, then as they die down they will be replaced by the medium bulbs, which will in turn be replaced by the larger bulbs later in the season. Recipes might include Scilla siberica on the top layer, Narcissus Tete a Tete in the middle layer and Tulipa Golden Apeldoorn on the bottom layer, but there are many other possibilities.

When planting bulbs, place crocks in the bottom of the pot, add 15-20cm of multi-purpose compost with added John Innes or bulb fibre and begin your layering, nestling late-flowering bulbs into the surface of the compost and adding compost just to cover the bulbs or leave the tips showing.

If you leave pots outside in the winter, don't let them become sodden. Stand the pots on feet to allow the moisture to drain through.

However, don't let the pots dry out either or it will lead to stunted growth and flowers which wilt quickly.

It's a good bet to put the pots by the house in winter, moving them to expose them to the elements from February onwards, so they don't dry out. Once the bulbs are in flower, water them every other day.



FRESH: Tulips should be planted in late October or November.

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• Muzzleloaders
• ATEO Air Rifle & Pistol Range
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THURSDAY August 30

Main Channels

BBC1

6.00am Breakfast. (C) 62073030
9.15 Heir Hunters. (R) (C) 2216194
10.00 Homes Under the Hammer. (R) (C) 99160
10.58 BBC News; Weather. (C) 1956479
11.00 Saints and Scroungers. (C) 3634
11.30 Animal 24:7. (R) (C) 3896498
12.13pm BBC News; Weather. (C) 5711818
12.15 Bargain Hunt. An antiques hunt in Cheltenham. (R) (C) 9676547
1.00 BBC News; Weather. (C) 13740
1.30 Regional News; Weather. (C) 87071617
1.45 Doctors. Conclusion. Elaine deals with a conflictive prostitute. Medical drama, starring Janet Dibley. (C) 744112
2.15 Escape to the Country. Denise Nurse helps property hunters searching for a home in Lincolnshire that boasts open-plan living, two bedrooms and a space for a vegetable patch. (R) (C) 3531932
3.00 BBC News; Weather; Regional News. (C) 7091092
3.05 CBBC: I Want My Own Room. (R) (C) 7435740
3.35 Splatalot. (R) (C) 7973189
4.00 Shaun the Sheep. (R) (C) 7166045
4.10 Wingin' It. (R) (C) 3361160
4.30 Roy. (R) (C) 932
5.00 Newsround. (C) 4955905
5.15 Pointless. Quiz show in which contestants have to score the fewest points possible by giving the least obvious correct answers to questions. (C) 1908127
6.00 BBC News; Weather. (C) 585
6.30 Look East; Weather. (C) 837
7.00 The One Show. Matt Baker and Alex Jones present the live magazine, featuring celebrity chat and stories of interest. (C) 2653
7.30 EastEnders. Joey sets out to destroy Anthony's relationship with Alice by luring him into a poker game with Derek – but it is not long before there is more than money at stake; (C) BBC News; Regional News. (C) 721
8.00 Waterloo Road. Tom tries to discover the cause of Lula's disruptive behaviour, but finds himself in deep waters when he learns the student's uncle believes she is possessed and plans to perform an exorcism. Mrs Mulgrew humiliates her son Connor in front of his classmates when he attempts to reveal his mother's drinking problem, Tariq's failure to face up to his disabilities concerns Josh, and Grantly deals with a spate of graffiti at the school house. Drama, with Marlene Madenge, Jason Done, Shane O'Meara and Laurie Brett. (C) 5585
9.00 Good Cop. *See Pick Of The Day.* (C) 5721
10.00 BBC News. (C) 287721
10.25 Regional News; Weather. (C) 351030
10.35 Neighbourhood Watched. Featuring an 80-year-old hoarder with a bath full of gifts he has never sent, a man whose loud music is upsetting a neighbour, and a single mother-of-two in urgent need of a home. (C) 321382
11.20 The League Cup Show. Manish Bhasin presents a round-up of this week's second-round ties in English football's second cup competition, including Northampton Town v Wolverhampton Wanderers. (C) 590585
12.20am Holiday Weatherview. (C) 2042509
12.25 Sign Zone: Countryfile. (R) (C) 8133580
1.25 Sign Zone: June Brown: Respect Your Elders. (R) (C) 8660870
2.15 Sign Zone: Doorstep Crime 999. (R) (C) 49035
2.45 Sign Zone: Real Rescues. (R) (C) 5436141
3.30 BBC News. (C) 660702

Pick of the day

Good Cop

BBC1, 9pm

As one of the stars of *Luther*, Warren Brown, pictured, knows a thing or two about maverick cops. However, his character in *Good Cop* looks set to go way beyond the limits of the usual "he bends the rules, but he get results" approach. Brown plays the winningly named PC John Paul Rocksavage (better known as Sav), whose best friend and colleague Andy is brutally beaten after walking into a trap set by gang leader Finch (Stephen Graham).

Nazi Temple of Doom: Revealed

Channel 5, 8pm

Experts discuss the complex history of a valuable Celtic cauldron that was found at the bottom of a lake in Bavaria and has been connected with a number of notorious historical figures. They examine why it may be linked to Adolf Hitler's search for the Holy Grail and Heinrich Himmler's shrine to the SS, as well as the Mafia and an international fraud trial where millions of dollars are at stake.

ITV1

6.00am Daybreak. (T) 243672
8.30 Lorraine. (T) 2319837
9.25 The Jeremy Kyle Show. (T) 7015011
10.30 This Morning. Three more candidates look for love in Dating with Dowling. (T) 16943
12.30pm Let's Do Lunch with Gino & Mel. (T) 66924
1.30 ITV News and Weather. (T) 57690585
1.55 Anglia News and Weather. (T) 88170450
2.00 Murder, She Wrote. Jessica investigates a death in a convent. (R) (T) 85479
3.00 Secret Dealers. The experts come across a collection of Royal Doulton ceramics. (T) 1117
3.59 Anglia Weather. (T) 9460189
4.00 Midsomer Murders. Part one of two. A mother is found drowned during a carnival. (R) (T) 2382
5.00 Don't Blow the Inheritance. Quiz show, hosted by Tim Vine. (T) 4382
6.00 Anglia Tonight; Weather. (T) 653
6.30 ITV News and Weather. (T) 905
7.00 Emmerdale. Paddy seizes his opportunity to take revenge on Marlon and Laurel by telling the Woolpack locals – including a stunned Ashley – that they are together. (T) 5011
7.30 The Kindness of Strangers: Tonight. Julie Etchingham investigates a controversial website allowing kidney donors to select who receives their organ and meets the UK's first patient to find a match using the service. (T) 189
8.00 Emmerdale. Ashley is devastated after hearing the news about Marlon and Laurel, while Alex finds himself torn between Victoria and Moira as his romantic problems continue. (T) 1059
8.30 Coronation Street. Tommy makes an announcement about Kirsty's behaviour to everyone in the pub, and Michelle is enraged to discover Ryan did not attend the gig. (T) 7586
9.00 Britain by Night. Helen Mirren narrates this documentary following a group of people during one dramatic night. London street cleaner Tony tries to come to terms with the end of his marriage, Indian bride Nisha prepares to realise her dream, and choirboy Szymek struggles to cope with life away from home. Newcastle radio presenter Alan takes a call on his show that proves too much, midwife Natalie delivers a baby, and pilots on a warship learn how to land their helicopters on a rolling flight deck in darkness. (T) 7189
10.00 ITV News at Ten and Weather. (T) 11721
10.30 Anglia News and Weather. (T) 250905
10.35 The Jonathan Ross Show. Suranne Jones talks about her comedy *A Touch of Cloth*, Ray Winstone discusses his new film *The Sweeney* and Formula One ace Jenson Button also drops in. With music by Stooshe. (R) (T) 150721
11.35 Poms in Paradise. Two backpackers, a retired Royal Marine and a parking attendant talk about life in the city of Gold Coast in Queensland, Australia. (R) (T) 776653
12.05am Jackpot247; ITV News Headlines. 73313412
2.35 The Kindness of Strangers: Tonight. (R) (T) 5181561
3.00 ITV Nightscreen. 700290
4.35 The Jeremy Kyle Show. 5181325
5.30 ITV Morning News. (T) 13257

ITV1 Central

As ITV1 Anglia except: 1.55pm Local News and Weather. (T) 3.59 Local Weather. (T) 6.00 Central Tonight; Weather. (T) 10.30 Local News and Weather.

BBC2

6.00am CBeebies: Guess with Jess. (R) (C) 6826363 **6.10 Louie.** (R) (C) 6840943 **6.20 Wibbly Pig.** (R) (C) 6846127 **6.30 64 Zoo Lane.** (R) (C) 7320634 **6.40 Chuggington.** (R) (C) 7326818 **6.50 Rastamouse.** (R) (C) 3538924 **7.00 CBBC: Barney's Latin America.** (R) (C) 12011 **7.30 League of Super Evil.** (R) (C) 3757276 **7.40 Frankenstein's Cat.** (R) (C) 7701009 **7.50 Arthur.** (R) (C) 3968108 **8.15 OOglies.** (R) (C) 8413160 **8.30 CBeebies: Nina and the Neurons: In the Lab.** (R) (C) 7653030 **8.45 Baby Jake.** (R) (C) 7658585 **9.00 Tinga Tinga Tales.** (R) (C) 3702092 **9.10 Little Charley Bear.** (R) (C) 3708276 **9.20 Raa Raa the Noisy Lion.** (R) (C) 1592566 **9.30 Bob the Builder: Project Build It.** (R) (C) 8741617 **9.40 The Koala Brothers.** (R) (C) 3063924 **9.50 Lunar Jim.** (R) (C) 3069108 **10.00 Octonauts: Creature Reports.** (R) (C) 9264498 **10.05 Kerwhizz.** (R) (C) 8632214 **10.30 Driver Dan's Story Train.** (R) (C) 4926547 **10.40 Waybuloo.** (R) (C) 7535214 **11.00 In the Night Garden.** (R) (C) 1276 **11.30 BBC World News.** (C) 2905 **12.00pm Coast.** (R) (C) 3487108 **12.20 To Buy or Not to Buy.** (R) (C) 4679479 **12.50 FILM: Hotel Reserve (1944).** Thriller, starring James Mason. (C) 1124276 **2.15 Weakest Link.** (R) (C) 5331914 **3.00 Real Rescues.** (R) (C) 9839030 **3.45 The Hairy Bikers' Food Tour of Britain.** (R) (C) 4488498 **4.30 Flog It!** (R) (C) 3203450 **5.15 Put Your Money Where Your Mouth Is.** (R) (C) 1906769
6.00 Eggheads. (C) 127
6.30 Celebrity MasterChef. (C) 479
7.00 Live Athletics. The Weltklasse Zurich. Coverage of the 13th and penultimate Diamond League meeting of the season, staged at the Letzigrund Stadium in Switzerland. (C) 49437
9.00 Iceland Erupts: A Volcano Live Special. Kate Humble travels to Iceland to learn how the country's scientists monitor and manage its most dangerous volcanoes, and explores the possible repercussions of future eruptions. (C) 3363
10.00 The Boss Is Back. Jacqueline Gold, chief executive of Ann Summers, relives a 2001 episode of documentary series *Back to the Floor*, in which she worked alongside staff at one of the firm's stores. Postponed from July 26. (C) 24295
10.30 Newsnight; (C) Weather. (C) 441585
11.20 The Rob Brydon Show. The host chats to comedienne Sarah Millican and takes part in a drawing game with Grayson Perry. (R) (C) 365301
11.50 James May's Things You Need to Know. The Top Gear presenter explores the complex world of the human brain. (R) (C) 778011
12.20am The Culture Show at the Edinburgh Festival. (R) (C) 1981948
12.50 BBC News. (C) 64721528
4.30 Close

Channel 4

6.00am The Treacle People. (R) (T) 6851059 **6.10 The Hoobs.** (R) (T) 6631189 **6.35 Freshly Squeezed.** (T) 4303634 **7.00 Paralympic Games Breakfast Show.** (T) 66435540 **9.15 Paralympic Games 2012.** (T) 10964160 **12.00pm Channel 4 News Midday Summary.** (T) 5713276 **12.05 Paralympic Games 2012.** (T) 9688837 **1.00 Paralympic Games 2012.** Netherlands v Great Britain in the wheelchair basketball (Tip-off 1.00pm). (T) 31190498 **3.25 Deal or No Deal.** Another contestant hopes to win big money. (T) 7523837 **4.25 Come Dine with Me.** Part one of two. Four Paralympians take turns as dinner-party hosts. (T) 9471295 **4.55 The Simpsons.** Marge loses all memory of Homer. (R) (T) 2205634 **5.25 Paralympic Games 2012.** Including the opening swimming and judo finals. (T) 2425382
6.30 Hollyoaks. Dodger encounters difficulties in the search for his real father, Martha goes missing, and Myra finds an alternative way to vent her anger – with a little help from Jacqui and Bart. This programme will not be broadcast on Channel 4 HD. (T) 547
7.00 Channel 4 News. (T) 3653
7.30 Paralympic Games 2012 Tonight. Clare Balding and Ade Adepitan introduce coverage of the latest swimming finals, along with wheelchair basketball and table tennis. (T) 379721
10.30 The Last Leg with Adam Hills. The comedian presents an alternative review of the day's Paralympics action, focusing on the key moments and talking points with guests from the sports and showbiz worlds. (T) 315721
11.15 FILM: The Odyssey (2012). Film-maker Asif Kapadia explores how London has changed since the July 2005 announcement that the city would host the 2012 Olympic Games. (T) 112856
11.50 FILM: A Running Jump (2012). A man's attempt to buy a car becomes complicated when he crosses paths with a rogue trader and his family. Mike Leigh's short comedy, starring Eddie Marsan and Samantha Spiro. (T) 621189
12.35am Ben Rushgrove. (R) (T) 1305783
1.30 Embarrassing Bodies. (R) (T) 6393493
2.25 Brief Encounters of the Sporting Mind. (R) (T) 4019412
2.35 Apocalypse: The Second World War. (R) (T) 1431899
3.30 Apocalypse: The Second World War. (R) (T) 3394603
4.25 I Hate That Smile. (R) (T) 66076290
4.30 Brief Encounters of the Sporting Mind. (R) (T) 70174870
4.40 Deal or No Deal. (R) (T) 3572764
5.35 Freshly Squeezed. (T) 6142561

Channel 5

6.00am Milkshake!: Thomas & Friends. (R) (T) 65153092 **6.10 The WotWots.** (R) (T) 65177672 **6.20 City of Friends.** (R) (T) 65173856 **6.30 Jelly Jamm.** (T) 49214194 **6.45 Peppa Pig.** (R) (T) 21645160 **6.50 Big School.** (R) (T) 21666653 **7.00 Little Princess.** (R) (T) 2373943 **7.10 Ben and Holly's Little Kingdom.** (R) (T) 2379127 **7.20 The Mr Men Show.** (R) (T) 2359363 **7.35 Thomas & Friends.** (R) (T) 5145943 **7.45 Make Way for Noddy.** (R) (T) 5132479 **8.00 Fifi and the Flowertots.** (R) (T) 9601634 **8.15 Peppa Pig.** (R) (T) 7103547 **8.25 Peppa Pig.** (R) (T) 9378950 **8.30 Roary the Racing Car.** (R) (T) 7764382 **8.45 Bananas in Pyjamas.** (T) 7769837 **9.00 Abby's Flying Fairy School.** (R) (T) 8182769 **9.15 The Wright Stuff.** 43400818 **11.10 Ultimate Police Interceptors.** (R) (T) 3973769 **12.10pm 5 News Lunchtime.** (T) 57488585 **12.15 Celebrity Big Brother: Live Eviction.** (R) (T) 4561479 **1.15 Pawn Stars.** (R) (T) 5183818 **1.45 Neighbours.** (T) 5182189 **2.15 CSI: Crime Scene Investigation.** (R) (T) 4574943 **3.15 FILM: McBride: It's Murder, Madam (2005).** An aspiring actress turns to the maverick lawyer to clear her name when she is accused of murdering her new boss. Crime drama, starring John Larroquette, Marta DuBois and Matt Lutz. (T) 46206030 **5.00 5 News at 5.** (T) 5478856 **5.30 Neighbours.** (R) (T) 7737943
6.00 Andy Bates Street Feasts. (R) (T) 7734856
6.30 5 News at 6.30. (T) 7725108
7.00 Stansted: The Inside Story. The airside operations crew performs night-time repairs on the runway, and fog causes trouble for dispatcher Julie Robinson as she tries to make sure flights leave on time; (R) (T) 5 News Update. (T) 5159498
8.00 Nazi Temple of Doom: Revealed. *See Pick Of The Day;* (T) 5 News at 9. (T) 5135818
9.00 The Hotel Inspector. Alex Polizzi returns to the Walpole Bay Hotel, a family-run establishment in Margate, Kent, to discover if the advice she gave owner Jane Bishop three years previously has paid off. (T) 5148382
10.00 Celebrity Big Brother. A chance to catch up with all the action from the star-studded compound, as the celebrities continue to cope with the challenges of living under constant surveillance. (T) 5158769
11.00 Celebrity Big Brother's Bit on the Side. Emma Willis and her guests discuss how the housemates are getting on. (T) 4614009
12.00am SuperCasino. 1045035
3.55 HouseBusters. (R) (T) 15043696
4.20 House Doctor. (R) (T) 57115219
4.45 Michaela's Wild Challenge. (R) (T) 64563851
5.10 Nick's Quest. (R) (T) 81424257
5.35 Nick's Quest. (R) (T) 81880238

FRIDAY August 31

Main Channels

BBC1

6.00am Breakfast. (C) 62040702
9.15 Heir Hunters. The history of a former Army sergeant. (R) (C) 6511306
10.00 Homes Under the Hammer. Properties in Kent, Luton and Plymouth. (R) (C) 18412
10.58 BBC News; Weather. (C) 1916851
11.00 Saints and Scroungers. A girl who was diagnosed with a brain tumour at the age of 16. (C) 3344
11.30 Animal 24:7. (R) (C) 3856870
12.13pm BBC News; Weather. (C) 5771290
12.15 Bargain Hunt. Two teams are challenged to find bargains in Newark. (R) (C) 9643219
1.00 BBC News; Weather. (C) 82144
1.30 Regional News; Weather. (C) 11376829
1.45 Doctors. (C) 555073
2.15 Escape to the Country. (R) (C) 7836144
3.00 BBC News; Weather; Regional News. (C) 7068764
3.05 CBBC: Deadly 60. (R) (C) 7402412
3.35 Splatalot. (R) (C) 7933561
4.00 Shaun the Sheep. (R) (C) 1461257
4.10 Wingin' It. (R) (C) 3338832
4.30 Blue Peter. (R) (C) 325
5.00 Newsround. (C) 4922677
5.15 Pointless. (C) 1975899
6.00 BBC News; Weather. (C) 290
6.30 Look East; Weather. (C) 870
7.00 The One Show. Chris Evans and Alex Jones round off the week with celebrity guests and stories of interest to the UK. (C) 1141
7.30 Cash Britain. New series. Documentary investigating how customers of a family-run pawnbrokers are coping in the current economic climate. Narrated by Warren Brown; (C) BBC News; Regional News. (C) 734
8.00 EastEnders. Kat receives a present at the Vic, and wonders whether her lover is trying to send her a message. Sharon gets into a heated argument with Tanya. (C) 7561
8.30 Miranda. Penny urges Miranda to improve her career prospects, but a waitressing stint in a restaurant causes problems. Comedy, starring Miranda Hart. (R) (C) 6696
9.00 In with the Flynns. *See Pick Of The Day.* (C) 3580
9.30 Mrs Brown's Boys. Agnes looks after a robotic baby that has been given to Dermot and Maria to help them prepare for their new arrival, and Cathy develops a crush on her psychology lecturer. (R) (C) 69073
10.00 BBC News. (C) 704290
10.25 Regional News; Weather. (C) 852561
10.35 Would I Lie to You? Rob Brydon hosts as Greg Davies and Konnie Huq join David Mitchell's team, competing against Phil Tufnell and Marcus Brigstocke on Lee Mack's side. (R) (C) 815832
11.05 Come Fly with Me. FlyLo passengers are delayed on a journey to Malaga when there is a wing malfunction on their flight, while Melody and Taaj get tough with the new baggage allowance policy. (R) (C) 875580
11.35 The National Lottery Friday Night Draws. Matt Johnson presents the Thunderball, EuroMillions and Millionaire Raffle draws. (C) 737141
11.45 EastEnders. Omnibus. Abi returns to Walford from Costa Rica, but is confused when no one seems willing to tell her what happened while she was away. Kat finds Shirley in a state of disarray. (C) 337783
1.40am Weatherview. (C) 6624159
1.45 Sign Zone: The Hairy Bikers' Bakeation. (R) (C) 583536
2.45 Sign Zone: Real Rescues. (R) (C) 2627604
3.30 BBC News. (C) 549265

Pick of the day

In with the Flynns

BBC1, 9pm

They may be as predictable as night following day, but the traditional British sitcom will be a staple of small-screen entertainment long after we're all pushing up the daisies. For newcomers, this one stars Will Mellor, pictured, and Niky Wardley as a couple raising three children, while having to deal with an irresponsible brother and a grumpy dad. This week, Liam attempts to earn some extra cash by giving personal training lessons.

UEFA Super Cup Live

ITV1, 7.30pm

Chelsea v Atletico Madrid (Kick-off 7.45pm). Coverage of the match at the Stade Louis II in Monaco, as last season's Champions League and Europa League winners contest the trophy. Chelsea defeated Bayern Munich on penalties in May to win Europe's most prestigious piece of silverware, while Atletico crushed Athletic Bilbao 3-0 to be crowned Europa League winners. Subsequent programmes subject to change.

BBC2

6.00am CBeebies: Guess with Jess. (R) (C) 6893035 **6.10 Louie.** (R) (C) 6817615 **6.20 Wibbly Pig.** (R) (C) 6813899 **6.30 64 Zoo Lane.** (R) (C) 7397306 **6.40 Chuggington.** (R) (C) 7386290 **6.50 Rastamouse.** (R) (C) 3505696 **7.00 CBBC: Barney's Latin America.** (R) (C) 32685 **7.30 League of Super Evil.** (R) (C) 3724948 **7.40 Frankenstein's Cat.** (R) (C) 5501621 **7.50 Arthur.** (R) (C) 3928580 **8.15 OOglies.** (R) (C) 8480832 **8.30 CBeebies: Nina and the Neurons: In the Lab.** (R) (C) 7620702 **8.45 Baby Jake.** (R) (C) 7625257 **9.00 Tinga Tinga Tales.** (R) (C) 3779764 **9.10 Little Charley Bear.** (R) (C) 3775948 **9.20 Raa Raa the Noisy Lion.** (R) (C) 1569238 **9.30 Bob the Builder: Project Build It.** (R) (C) 2046829 **9.40 The Koala Brothers.** (R) (C) 3030696 **9.50 Lunar Jim.** (R) (C) 3029580 **10.00 Octonauts: Creature Reports.** (R) (C) 9224870 **10.05 Kerwhizz.** (R) (C) 8609986 **10.30 Driver Dan's Story Train.** (R) (C) 4993219 **10.40 Waybuloo.** (R) (C) 7502986 **11.00 In the Night Garden.** (R) (C) 1986 **11.30 BBC World News.** (C) 2615 **12.00pm Coast.** (R) (C) 3447580 **12.20 To Buy or Not to Buy.** (R) (C) 4639851 **12.50 FILM: The Spiral Staircase (1945).** Period thriller, with Dorothy McGuire. (C) 1191948 **2.15 Weakest Link.** (R) (C) 9636126 **3.00 Real Rescues.** (R) (C) 9806702 **3.45 The Hairy Bikers' Food Tour of Britain.** (R) (C) 4448870 **4.30 Flog It!** (R) (C) 3270122 **5.15 Put Your Money Where Your Mouth Is.** (R) (C) 1966141
6.00 Eggheads. (C) 832
6.30 Celebrity MasterChef. (C) 412
7.00 Hidcote: A Garden for All Seasons. The creation of Hidcote Manor Garden in Gloucestershire, often seen as the epitome of the English country garden, and the troubled life of its designer Lawrence Johnston. (C) 1851
8.00 Mastermind. With questions on Shakespeare's comedies and Duran Duran. (C) 8431
8.30 Gardeners' World. Advice on perennial plant seeds. (C) 4238
9.00 Parade's End. Christopher and Sylvia's relationship troubles continue behind closed doors, despite a public reunion – while in the outside world, the prospect of war seems increasingly likely. (C) 7035
10.00 QI. With David Mitchell, Rob Brydon and Sandi Toksvig. (R) (C) 36257
10.30 Newsnight. (C) 12677
11.00 The Review Show at the Edinburgh Festival. Kirsty Wark and guests discuss *N-W*, the new novel by Zadie Smith. (C) 250832
11.45 Weather. (C) 629783
11.50 Reading Festival Highlights 2012. Featuring the Cure, At the Drive-In and Florence and the Machine. (C) 927122
1.20am BBC News. (C) 21150178
3.30 Close

Channel 4

6.05am Paralympic Games 2012 Tonight. (R) (T) 7114141 **7.00 Paralympic Games Breakfast Show.** (T) 90730752 **9.15 Paralympic Games 2012.** (T) 10931832 **12.00pm Channel 4 News Midday Summary.** (T) 5780948 **12.05 Paralympic Games 2012.** Further coverage from day two of the Games. (T) 9655509 **1.00 Paralympic Games 2012.** Including shooting, athletics, wheelchair basketball and track cycling on day two of the Games. (T) 31150870 **3.25 Deal or No Deal.** Game show. (T) 7590509 **4.25 Come Dine with Me.** Part two of two. Lee Pearson and Rachael Latham host dinner parties. (T) 9448967 **4.55 The Simpsons.** With the voices of Melanie Griffith and Larry Hagman. (R) (T) 2272306 **5.25 Paralympic Games 2012.** The second evening of swimming finals at the Aquatics Centre. (T) 2492054
6.30 Hollyoaks. A surprise visitor at the McQueens' hopes to persuade Michaela not to pass up an opportunity, and Myra decides it is time for one of her charges to move out. This programme will not be broadcast on Channel 4 HD. The next episode follows on E4. (T) 580
7.00 Channel 4 News. (T) 4851
7.30 Paralympic Games 2012 Tonight. Clare Balding and Ade Adepitan introduce further coverage of the second evening of the Games, featuring athletics, wheelchair basketball, swimming, judo and archery. (T) 810870
10.30 The Last Leg with Adam Hills. The comedian presents an alternative review of the day's Paralympics action, focusing on the key moments and talking points with guests from the sports and showbiz worlds. (T) 849580
11.15 Alan Carr's Summertime Specstacular 2. The comedian throws a fun-filled party celebrating the Olympics, with guests including Jonathan Ross, Tulisa, and Keith Lemon, plus Team GB's Mo Farah and Greg Rutherford. (R) (T) 958986
1.15am FILM: The Darjeeling Limited (2007). Premiere. Three brothers drift apart after their father's death. A year later, the eldest arranges for the other two to join him on a soul-searching trip across India to rebuild their relationship and track down their estranged mother. Wes Comedy drama, starring Owen Wilson, Adrien Brody, Jason Schwartzman and Anjelica Huston. (T) 526604
2.50 Mesh: The Wrong Turn. (R) (T) 1818468
2.55 My Name Is Earl. (R) (T) 9836807
3.15 My Name Is Earl. (R) (T) 26212197
3.35 Happy Endings. (T) 89852284
4.00 St Elsewhere. (R) (T) 5601325
4.45 Deal or No Deal. (R) (T) 5448623
5.40 Baking Mad with Eric Lanlard. (R) (T) 1472994

Channel 5

6.00am Milkshake!: Thomas & Friends. (R) (T) 65120764 **6.10 The WotWots.** (R) (T) 65144344 **6.20 City of Friends.** (R) (T) 65140528 **6.30 Jelly Jamm.** (T) 73519306 **6.45 Peppa Pig.** (R) (T) 21612832 **6.50 Big School.** (R) (T) 21633325 **7.00 Little Princess.** (R) (T) 2340615 **7.10 Ben and Holly's Little Kingdom.** (R) (T) 2346899 **7.20 The Mr Men Show.** (R) (T) 2326035 **7.35 Thomas & Friends.** (R) (T) 5112615 **7.45 Make Way for Noddy.** (R) (T) 5192851 **8.00 Fifi and the Flowertots.** (R) (T) 9678306 **8.15 Peppa Pig.** (R) (T) 7170219 **8.25 Peppa Pig.** (R) (T) 3673162 **8.30 Roary the Racing Car.** (R) (T) 7731054 **8.45 Bananas in Pyjamas.** (T) 7890342 **8.55 Castle Farm.** (R) (T) 9901325 **9.00 Abby's Flying Fairy School.** (R) (T) 8142141 **9.15 The Wright Stuff.** 43460290 **11.10 Ultimate Police Interceptors.** (R) (T) 3933141 **12.10pm 5 News Lunchtime.** (T) 57455257 **12.15 Celebrity Big Brother.** (R) (T) 4521851 **1.15 Pawn Stars.** (R) (T) 5143290 **1.45 Neighbours.** (T) 5142561 **2.15 NCIS.** (R) (T) 4541615 **3.15 FILM: Family Gathering (2010).** Drama, starring Natasha Henstridge. (T) 46273702 **5.00 5 News at 5.** (T) 5445528 **5.30 Neighbours.** (R) (T) 7704615
6.00 Andy Bates Street Feasts. (R) (T) 7701528
6.30 5 News at 6.30. (T) 7785580
7.00 Frontline Police. Rav Wilding joins officers on a pursuit through the streets of Southend, Essex, and at a suspected drug dealer's flat, where a thorough search is required; (R) (T) 5 News Update. (T) 5119870
8.00 Ice Road Truckers: Deadliest Roads. Lisa Kelly and GW Boles negotiate a perilous route of narrow tunnels and crumbling cliffs in the Peruvian Andes, while Hugh Rowland tackles a ramshackle mountain trail; (T) 5 News at 9. (T) 5195290
9.00 Celebrity Big Brother: Live Eviction. Brian Dowling reveals which celebrity will be the fourth contestant to leave the house, and presents highlights of the past 24 hours. (T) 6473141
10.30 Celebrity Big Brother's Bit on the Side. Emma Willis and her panel are joined by tonight's evictee, who discusses their time in the famous house and reveals what they really think of their ex-housemates. (T) 2616493
11.20 The Bachelor. Spencer Matthews reveals who has won his love. Last in the series. (T) 7918948
12.20am Cricket on 5. 2891807
1.15 SuperCasino. 18919604
3.55 Motorsport Mundial. 75654130
4.20 House Doctor. (R) (T) 19940913
4.45 Michaela's Wild Challenge. (R) (T) 73243642
5.10 Wildlife SOS. (R) (T) 85876081
5.35 Wildlife SOS. (R) (T) 32632401

ITV1

6.00am Daybreak. Morning show featuring news and current affairs, as well as health, entertainment and lifestyle features. (T) 760141
8.30 Lorraine. Entertainment and fashion news. (T) 2386509
9.25 The Jeremy Kyle Show. The host invites guests to air their differences over family and relationship issues, and provides them with his own brand of no-nonsense advice. (T) 7082783
10.30 This Morning. Actor Rupert Penry-Jones discusses his role in new thriller *The Last Weekend*, and Coronation Street star Antony Cotton rustles up something tasty in the kitchen. Including at 11.25 ITV News and Regional Weather. (T) 11615
12.30pm Let's Do Lunch with Gino & Mel. Gino D'Acampo and Melanie Sykes are joined by comedian Alan Carr for another lively lunch hour, with Gino preparing a dish of chicken, mushroom and cream. Last in the series. (T) 78986
1.30 ITV News and Weather. (T) 57667257
1.55 Anglia News and Weather. (T) 88147122
2.00 Murder, She Wrote. The seemingly accidental death of a tycoon turns out to be murder, so stand-in board member Jessica Fletcher sets out to unmask the culprit. (R) (T) 80141
3.00 Secret Dealers. David Ford, Karen Dalmeny and Alison Chapman compete for a wealth of collectibles, with a pair of 19th-century Chinese ginger jars catching their eyes. Last in the series. (T) 2847
3.59 Anglia Weather. (T) 9420561
4.00 Midsomer Murders. Conclusion. Barnaby and Jones continue their investigation into the case of a mother found drowned at a carnival. Rural crime drama, starring John Nettles and Jason Hughes. (R) (T) 9764
5.00 Don't Blow the Inheritance. Quiz show hosted by Tim Vine, in which teams made up of two generations of the same family compete to answer questions to build up a prize fund. Last in the series. (T) 5580
6.00 Anglia Tonight; Weather. (T) 986
6.30 ITV News and Weather. (T) 238
7.00 Emmerdale. Ashley breaks the news to his children that Laurel is now in a relationship with Marlon, and she thanks him for the way he has handled the situation. Rhona starts to run out of patience and suggests she and Paddy flee to New Zealand with Leo as soon as possible, while Alex and Victoria decide to get back together. (T) 3509
7.30 UEFA Super Cup Live. *See Pick Of The Day.* (T) 89473986
10.10 ITV News and Weather. (T) 718493
10.40 Anglia News and Weather. (T) 704528
10.45 FILM: Stay Alive (2006). Youngsters get their hands on a grisly video game and realise that the virtual killings are starting to happen in real life. Horror, starring Jon Foster, Samaire Armstrong and Frankie Muniz. (T) 33263967
12.20am The Store. Home shopping; ITV News Headlines. 10272913
2.25 FILM: Deep Blue Sea (1999). A scientist develops super-intelligent sharks on an isolated research facility – but the creatures escape and cause havoc. Thriller, starring Saffron Burrows and Samuel L Jackson. (T) 310826
4.05 ITV Nightscreen. Text-based information service. 6438284
5.30 ITV Morning News. (T) 85420

ITV1 Central

As ITV1 Anglia except: 1.55pm Local News and Weather. (T) 3.59 Local Weather. (T) 6.00 Central Tonight; Weather. (T) 10.40 Local News and Weather. (T)

SATURDAY September 1

Main Channels

BBC1

6.00am Breakfast. (C) 6191130
10.00 Saturday Kitchen Best Bites. James Martin presents highlights of the series, including archive clips featuring Rick Stein and Valentine Warner. (C) 60555
11.30 Football Focus. Dan Walker and guests discuss the week's action. (C) 3536
12.00pm BBC News; Regional News; Weather. (C) 6144159
12.10 Live Formula 1: Belgian Grand Prix Qualifying. Coverage of the session from Spa-Francorchamps (Start-time 1.00pm). Jake Humphrey introduces this afternoon's action ahead of the 12th race of the season. (C) 42050499
2.30 Triathlon. Highlights of the ITU World Championship Series event in Stockholm, Sweden, where the sixth round of the season took place. (C) 51975
4.00 Final Score. (C) 1218541
5.25 BBC News; Regional News; Weather. (C) 2868284
5.45 A Question of Sport: Gold Medal Winners Special. With Katherine Grainger and Jason Kenny. (C) 651284
6.20 All New Total Wipeout. Another 20 foolhardy Brits fly to Argentina to have a go at the crazy, obstacle-strewn time trial in a bid to make it through the two heats and hopefully into the final. They include quarrelsome neighbours, a Thai-boxing boy-basher and a glamorous police officer. As ever, Richard Hammond presents from the safety of the studio, while Amanda Byram meets the contestants on the course itself. (C) 732623
7.20 Doctor Who. *See Pick Of The Day.* (C) 923333
8.10 The National Lottery: Secret Fortune. High-tension quiz show presented by Nick Knowles in which contestants have the opportunity to win £100,000. Plus, the Lotto and Thunderball draws with John Partridge. (C) 111197
9.00 Casualty. Sam and Tom are pushed to their limits when a female cage fighter insists on competing – despite their advice – while devastating news puts a wedding in jeopardy. Medical drama, starring Charlotte Salt and Oliver Coleman. (C) 794265
9.50 BBC News; Weather. (C) 182449
10.10 Match of the Day. Gary Lineker presents highlights of today's Premier League clashes, including West Ham United v Fulham at Upton Park and West Bromwich Albion v Everton at the Hawthorns. Fulham's last victory at their London rivals was in the FA Cup in 2004, and the Cottagers will be looking to impress on their travels after struggling away from home in recent seasons. Plus, action from Manchester City v Queens Park Rangers, Swansea City v Sunderland, Wigan Athletic v Stoke City and Tottenham Hotspur v Norwich City; (C) National Lottery Update. (C) 1041505
11.30 The Football League Show. Manish Bhasin presents highlights and all the goals from today's fixtures in the Championship, League One and League Two, including Leicester City v Blackpool at the King Power Stadium. The Foxes will be looking to return to the top flight following significant investment in the squad in recent years, and this match against the Tangerines was likely to provide a stern test of their credentials. Plus, action from Hull City v Bolton Wanderers, Nottingham Forest v Charlton Athletic and Leeds United v Blackburn Rovers. (C) 716623
12.50am Weatherview. (C) 1854956
12.55 BBC News. (C) 55635376

Pick of the day

Doctor Who
BBC1, 7.20pm
The Doctor, Amy and Rory, pictured, are kidnapped by their deadly foe the Daleks and forced to go on a seemingly impossible mission – to enter the Asylum, a planetary prison containing the most terrifying and insane of the aliens' kind. They need an escape route, and fast – but with a mad, mechanised army closing in, and the Ponds' relationship in meltdown, it is up to the Time Lord to save not only their lives but his friends' marriage.

CSI: Miami
Channel 5, 10.10pm
Film producer Benjamin Paxton is killed when an armed robber targets an illegal high-stakes poker game, but forensic evidence suggests another gunman was responsible for the murder – and the victim may not have been their intended target. Suspicion falls on the dead man's fellow players, leading Horatio and the team into a complicated web of conspiracy and revenge. Guest starring Drea de Matteo and Aldis Hodge.

BBC2

6.00am CBeebies: Guess with Jess. (R) (C) 8624807 **6.10 Louie.** (R) (C) 8615159 **6.20 Wibbly Pig.** (R) (C) 8637371 **6.30 Dipdap.** (R) (C) 2782449 **6.35 Chuggington.** (R) (C) 8842772 **6.45 Rastamouse.** (R) (C) 8862536 **7.00 CBBC: Roar.** (R) (C) 10826 **7.30 Project Parent.** (R) (C) 5236888 **7.55 The Scooby-Doo Show.** (R) (C) 6233884 **8.20 Dennis and Gnasher.** (R) (C) 1913642 **8.30 The Slammer.** (R) (C) 12325 **9.00 Who Let the Dogs Out?** (R) (C) 27555 **9.30 Incredible Edibles.** (R) (C) 55826 **10.00 Cop School.** (R) (C) 71449 **10.30 Splatalot.** (R) (C) 4150333 **10.55 Deadly 60 Bites.** (R) (C) 8819536 **11.00 Prank Patrol.** (R) (C) 1979 **11.30 Diddy Movies.** (R) (C) 7438888 **11.45 MOTD Kickabout.** (R) (C) 7440623 **12.05pm Lorraine's Fast, Fresh and Easy Food.** Lorraine Pascale demonstrates simple dishes completely from scratch. (R) (C) 3006710 **12.35 FILM: Sodom and Gomorrah (1962).** Biblical drama, starring Stewart Granger. (C) 34986791 **3.00 FILM: Ensign Pulver (1964).** Navy comedy, starring Robert Walker. (C) 67565420 **4.40 Coast.** The team explores Brittany in northern France. (R) (C) 9123159 **5.10 The Hairy Bikers' Food Tour of Britain.** The duo's tour comes to an end in Elgin. Last in the series. (R) (C) 2185197 **5.55 Flog It!** Philip Serrell and David Fletcher view antiques in Torquay. (R) (C) 239826
6.55 Dad's Army. Captain Mainwaring has too much to drink during a weekend course with Captain Square, but still manages to save Jonesy's life. Comedy, starring Arthur Lowe. (R) (C) 560888
7.30 BBC Proms 2012. The John Wilson Orchestra and the Maida Vale singers perform music from famous Broadway musicals, including *Porgy and Bess*, *West Side Story*, *Show Boat* and *Fiddler on the Roof*. First broadcast on Radio 3 on August 27. (C) 49933
9.30 Who on Earth Was Ford Madox Ford? A Culture Show Special. Alan Yentob profiles *Parade's End* author Ford Madox Ford, exploring his place in 20th-century British literature and looking back at incidents from his colourful life. (C) 8727333
10.35 TOTP2: School Days. Mark Radcliffe introduces a selection of archive performances to get viewers in the mood for going back to school, featuring Alice Cooper, Busted and the cast of Grange Hill. (R) (C) 576517
11.35 FILM: SoulBoy (2010). Premiere. A teenager growing up in the 1970s gets drawn into a love triangle in the Northern Soul music scene. Drama, starring Martin Compston and Nichola Burley. (C) 287802
12.50am FILM: Dead Ringers (1988). David Cronenberg's thriller, starring Jeremy Irons. (C) 866685
2.40 Close

Channel 4

6.00am Channel 4 Presents – Oscar Pistorius "One Giant Leap". (R) (T) 5243420 **6.05 Paralympic Games 2012 Tonight.** (R) (T) 3988449 **7.00 Paralympic Games Breakfast Show.** (T) 25492772 **9.15 Paralympic Games 2012.** Including athletics, track cycling and swimming. (T) 10164081 **1.00pm Paralympic Games 2012.** Including track cycling, 7-a-side football, wheelchair basketball and swimming. (T) 2133438
6.30 Channel 4 News. (T) 1
7.00 Paralympic Games 2012 Tonight. Clare Balding and Ade Adepitan introduce further coverage of the third evening of the Games, featuring athletics, wheelchair basketball, swimming, shooting and table tennis. The swimming finals continue at the Aquatics Centre, and Team GB will hope to feature Rhiannon Henry in the women's S13 50m freestyle, Jim Anderson in the men's S2 200m freestyle and Sascha Kindred in the men's SB7 100m breaststroke. The Olympic Stadium hosts this evening's athletics, including the women's finals in the T36 200m, T52 200m, T46 200m and F46 javelin, which are expected to feature Hazel Robson, Josie Pearson, Sally Brown and Hollie Arnold respectively. There is also the chance to see Oscar Pistorius on the track for the first time, as he begins the defence of his men's T44 200m against the likes of Jerome Singleton. Plus, action from Matt Skelhon's quest to win the mixed R3-10m air rifle prone-SH1 shooting at the Royal Artillery Barracks, Great Britain's men's wheelchair basketball Group B match against Colombia at the North Greenwich Arena and the table tennis semi-finals at the ExCeL London, which may include Will Bayley in the men's Class 7 singles semi-finals. (T) 6468284
10.30 The Last Leg with Adam Hills. The comedian presents an alternative review of the day's Paralympics action, focusing on the key moments and talking points with guests from the sports and showbiz worlds. (T) 751371
11.15 FILM: Cloverfield (2008). Thriller, starring Michael Stahl-David and Lizzy Caplan. (T) 966604
12.55am FILM: Poetry (2010). Premiere. Drama, starring Jeong-hie Yun. 79117821
3.15 A Film from My Parish: Six Farms. (R) (T) 22660024
3.25 The Fishmonger. (R) (T) 69906937
3.30 Happy Endings. (T) 89820685
3.55 St Elsewhere. (R) (T) 4922598
4.40 Deal or No Deal. (R) (T) 5416024
5.35 Quick Bakes with Eric Lanlard. (R) (T) 8619482

Channel 5

6.00am Milkshake!: Peppa Pig. (R) (T) 89894807 **6.05 Roary the Racing Car.** (R) (T) 26896975 **6.15 Fifi and the Flowertots.** (R) (T) 26810555 **6.25 City of Friends.** (R) (T) 26890791 **6.40 Harry and His Bucket Full of Dinosaurs.** (R) (T) 32357130 **6.50 Castle Farm.** (R) (T) 54283130 **6.55 Abby's Flying Fairy School.** (R) (T) 54206081 **7.05 Roobarb and Custard Too.** (R) (T) 5018371 **7.15 Ben and Holly's Little Kingdom.** (R) (T) 5014555 **7.25 Play!** (R) (T) 3520159 **7.35 Noddy in Toyland.** (R) (T) 7251517 **7.50 Bert and Ernie's Great Adventures.** (R) (T) 7662420 **7.55 Little Princess.** (R) (T) 1970159 **8.05 The Adventures of Bottle Top Bill and His Best Friend Corky.** (R) (T) 9010807 **8.25 Angelina Ballerina.** (T) 3364265 **8.40 Rupert Bear.** (R) (T) 6908197 **8.55 Bananas in Pyjamas.** (R) (T) 6987604 **9.15 The Mr Men Show.** (R) (T) 6716178 **9.30 Roary the Racing Car.** (R) (T) 1630284 **9.40 Jelly Jamm.** (R) (T) 5204642 **10.00 Power Rangers Samurai.** (T) 6896159 **10.35 Batman: The Brave and the Bold.** (T) 7821081 **11.10 Looney Tunes.** (R) (T) 85954807 **11.20 Celebrity Big Brother: The Eviction.** (R) (T) 31852642 **12.50pm Ice Road Truckers: Deadliest Roads.** (R) (T) 2561913 **1.50 FILM: Mystery Woman: Redemption (2006).** Whodunit, starring Kellie Martin. (T) 16432246 **3.30 FILM: Michael (1996).** Fantasy comedy, starring John Travolta. (T) 3656994 **5.30 FILM: Jesse Stone: Innocents Lost (2011).** Premiere. Thriller, starring Tom Selleck. (T) 87195913
7.15 5 News Weekend. (T) 1930159
7.20 NCIS. Palmer comes under fire while investigating a murder at a building site on a Navy base, and the discovery of a second body reveals a case of stolen identity. (R) (T) 1644541
8.15 CSI: NY. Mac finally realises his stalker's motivation, while Stella leads an investigation into the murder of a subway train driver – only to discover the killer has prepared a trap. (R) (T) 5812739
9.10 Celebrity Big Brother. The remaining housemates embark on their final week, knowing only one of them can be crowned *Celebrity Big Brother* winner on Friday night. (T) 8042848
10.10 CSI: Miami. *See Pick Of The Day.* (T) 8762994
11.10 CSI: Crime Scene Investigation. A corpse is found with a number branded on its arm. (R) (T) 8559371
12.05am SuperCasino. 38589753
4.00 HouseBusters. (R) (T) 19997821
4.25 Divine Designs. (R) (T) 19916956
4.50 County Secrets. (R) (T) 50734208
5.00 Hana's Helpline. (R) (T) 17924482
5.10 The Milkshake! Show. (R) (T) 85843753
5.35 Thomas & Friends. (R) (T) 32474463
5.45 Roary the Racing Car. (R) (T) 35026647

ITV1

6.00am CITV: Mini CITV. 4149517
7.20 CITV. 4800401
8.25 Saturday Cookbook. (T) 9177371
9.25 ITV News. (T) 4759468
9.30 The Jeremy Kyle Show USA. (T) 6673975
10.25 The Jeremy Kyle Show USA. (T) 3657265
11.20 The Real Housewives of New York City. (T) 6219265
12.20pm The Real Housewives of New York City. (T) 7441178
1.15 ITV News and Weather; Weather. (T) 67993623
1.25 Countrywise. (R) 50194352
1.50 FILM: Dennis (1993). Slapstick comedy, starring Walter Matthau. (T) 83925975
3.35 FILM: Never Say Never Again (1983). Adventure, starring Sean Connery. (T) 85422541
5.55 Anglia News and Weather. (T) 455130
6.10 ITV News and Weather. (T) 434913
6.25 New You've Been Framed! New series. Comedian Harry Hill returns with a fresh selection of comical clips filmed by viewers on their camcorders, mobile phones and webcams. (T) 917886
6.55 Fool Britannia. New series. Hidden-camera show in which comedian Dom Joly unleashes a host of pranks and oddball characters on unsuspecting members of the public across the nation. (T) 683352
7.25 Red or Black? *Britain's Got Talent* winners Ashleigh and Pudsey and snooker players Judd Trump and Neil Robertson take part in challenges as eight contestants compete for places in the final four. Continues after *The X Factor.* (T) 926420
8.10 The X Factor. Gary Barlow, Nicole Scherzinger, Tulisa and Louis Walsh continue their tour of six major cities, giving their verdicts on another line-up of would-be chart stars, from genuine hopefuls to the completely hopeless. The judges have already spotted some great potential this year, such as songwriter Ella Henderson and shy supermarket worker Jahmene Douglas, while other contestants have entertained for all the wrong reasons. Dermot O'Leary offers words of encouragement backstage as well as a shoulder to cry on for those who fail to impress the panel. (T) 937062
9.10 Red or Black? The four remaining contestants face further challenges, one of which sees hip-hop duo Rizzle Kicks collaborate with two champion gymnasts. Game show, hosted by Ant and Dec. (T) 617569
9.55 The Jonathan Ross Show. The host chats to double Olympic gold medallist Mo Farah about his recent triumphs in the 5,000m and 10,000m at London 2012. Rapper and actor Plan B discusses his starring role in new film *The Sweeney* alongside Ray Winstone, and performs in the studio. Model-turned-actress Rosie Huntington-Whiteley (*Transformers: Dark of the Moon*) and choirmaster Gareth Malone also talk about their latest projects. (T) 209772
10.55 ITV News and Weather; Weather. (T) 397772
11.10 FILM: Pride and Prejudice (2005). Period drama based on Jane Austen's novel, with Keira Knightley and Judi Dench. (T) 45494352
1.30am The Store; ITV News Headlines. 3162666
2.50 In Plain Sight. (R) (T) 3026444
3.45 ITV Nightscreen. 666024
5.30 ITV Morning News. (T) 44173

ITV1 Central
As ITV1 Anglia except: 5.55pm Central News and Weather. (T)

Movies

SKY PREMIERE

8.00pm **Rise of the Planet of the Apes.** (2011) A genetically engineered chimpanzee develops superior intelligence and leads other apes against the human race. Sci-fi thriller, starring James Franco and Andy Serkis.

9.45 **Shark Night.** (2011) Seven college friends having a party at a secluded house by a lake fall prey to man-eating sharks lurking in the water. Horror, starring Sara Paxton and Dustin Milligan.

SKY ACTION & ADVENTURE

7.00pm **Shanghai Knights.** (2003) A Chinese sheriff and a reformed bandit hunt for a killer on the murky streets of Victorian London. Martial arts comedy sequel, starring Jackie Chan.

SKY CLASSICS

9.00pm **Butch Cassidy and the Sundance Kid.** (1969) Two notorious outlaws are pursued by a formidable posse as they flee from America to start a new life in Bolivia. Western, starring Paul Newman and Katharine Ross.

Shanghai Knights, Sky Movies Action & Adventure, 7pm

SKY COMEDY

8.00pm **Cyrus.** (2010) A divorced man falls in love with a single mother, but finds her 21-year-old son is determined to break them up. Comedy, with John C Reilly, Jonah Hill, Marisa Tomei and Catherine Keener.

9.40 **Due Date.** (2010) Uptight architect Peter is desperate to make it home before his pregnant wife goes into labour, but an altercation with an air marshal gets him banned from flying. Comedy, starring Robert Downey Jr and Zach Galifianakis.

SKY DRAMA & ROMANCE

8.00pm **Burlesque.** (2010) A woman goes to work as a cocktail waitress at a burlesque club which is teetering on the brink of closure. Musical drama, starring Cher, Christina Aguilera, Alan Cumming and Eric Dane.

10.00 **Just Go With It.** (2011) A man pretends to be going through a divorce and persuades his assistant to pose as his soon-to-be-ex-wife. Romantic comedy, starring Adam Sandler, Jennifer Aniston and Nicole Kidman.

SKY FAMILY

8.00pm **The Smurfs.** (2011) The tiny blue creatures are magically transported to modern-day New York and must find their way home. Fantasy comedy, starring Neil Patrick Harris.

9.45 **Uncle Buck.** (1989) A good-natured slob is called upon to look after his trouble-making nephew and nieces. Comedy, starring John Candy.

SKY INDIE

8.00pm **Senna.** (2010) Documentary about the life of Formula One driver Ayrton Senna, examining his achievements on the track in the 10 years before his death in a 1994 crash.

10.00 **The Fourth Dimension.** (2012) Premiere. Comedy drama anthology, starring Val Kilmer.

SKY MODERN GREATS

8.00pm **The Blues Brothers.** (1980) Two criminal brothers cause mayhem when they re-form their blues band to raise the funds to save their old orphanage from closure. Comedy, starring John Belushi.

10.15 **Hard to Kill.** (1990) A cop who was shot by drug dealers and left for dead awakens after years in a coma and vows to avenge his wife's murder. Thriller, with Steven Seagal.

SKY SCI-FI/HORROR

9.00pm **Limitless.** (2011) A failed writer acquires a drug that increases his brain power, but his new abilities attract dangerous attention. Sci-fi thriller, with Bradley Cooper.

10.45 **Panic Button.** (2011) Four competition winners on a luxury flight play an online game – only to learn their lives are at stake. Thriller, starring Scarlett Alice Johnson.

FILM4

11.00am First Men in the Moon. (1964) **1.00pm Night at the Museum.** (2006) **3.15 Honey, I Blew Up the Kid.** (1992) **5.00 The Simpsons Movie.** (2007) **6.45 Planet of the Apes.** (1968) **9.00 Idiocracy.** (2006) Sci-fi comedy, starring Luke Wilson. **10.40 The Running Man.** (1987) Sci-fi action adventure, starring Arnold Schwarzenegger. **12.35am Brazil.** (1985) **3.40 Close.**

TCM

7.20am Gunsmoke. 8.20 Norma Rae. (1979) **10.30 The Champ.** (1979) **12.55pm Monte Walsh.** (1970) **3.00 Elvis: That's the Way It Is.** (1970) **4.50 The Grapes of Wrath.** (1940) **7.20 The Savage Guns.** (1962) **9.00 Posse.** (1993) Western, directed by and starring Mario Van Peebles. **11.05 The Specialist.** (1994) **1.10am Posse.** (1993) **3.05 The Specialist.** (1994) **5.00 The Champ.** (1979)

Radio

BBC RADIO 2

(FM: 88-90.2MHZ)
6.00am Anneka Rice. **8.00** Sounds of the 60s. **10.00** The Jon Holmes Situation. **1.00pm** Pick of the Pops. **3.00** Steve Lamacq. **6.00** Liza Tarbuck. **8.00** Paul Gambaccini with America's Greatest Hits. Tracks from the past six decades. **10.00** Dave Pearce: Dance Years. The DJ explores dance down the decades. **12.00am** Bob Harris Sunday. **3.00** Nicki Chapman.

BBC RADIO 3

(FM: 90.2-92.4MHZ)
7.00am Breakfast. **9.00** News; Summer CD Review. **12.15pm** The Cellists That Time Forgot; News. **1.00** The Early Music Show. **2.00** BBC Proms Chamber Music. **3.00** Saturday Classics. **4.00** BBC Proms 2012. **5.15** Jazz Record Requests. **6.15** Words and Music. **7.30** BBC Proms 2012. The Leipzig Gewandhaus Orchestra performs four works by Mendelssohn. **9.45** The Wire. Ballad of the Burning Boy, by Lavinia Murray. **10.30** Hear and Now. **12.00am** Geoffrey Smith's Jazz. **1.00** Through the Night.

BBC RADIO 4

(FM: 92.4-94.6MHZ, LW: 198KHZ)
6.00am News and Papers. **6.07** Open Country. **6.30** Farming Today This Week. **6.57** Weather. **7.00** Today. **9.00** Saturday Live. **10.30** All Lit Up: A Century of Illumination in Blackpool. **11.00** The Forum. **11.30** From Our Own Correspondent. **12.00pm** News. **12.01** (LW) Shipping Forecast. **12.04** Money Box. **12.29** (LW) Live ECB40 Cricket. **12.30** (FM) Chain Reaction. **12.57** (FM) Weather. **1.00** (FM) News. **1.10** (FM) Any Questions? **2.00** (FM) Any Answers? **2.30** (FM) Saturday Drama: South Downs. **3.30** (FM) Soul Music. **4.00** (FM) Weekend Woman's Hour. **5.00** (FM) Saturday PM. **5.30** (FM) iPM. **5.54** Shipping Forecast. **5.57** (LW) Live ECB40 Cricket. **6.00** (FM) News. **6.15** (FM) Loose Ends. **6.45** (LW) Loose Ends. **7.00** Profile. The personality and motivation of a person making the headlines. **7.15** Saturday Review. Presented by Tom Sutcliffe. **8.00** Archive on 4: John Cage – Composing Controversy. Gavin Bryars explores the ideas and reception of John Cage. **9.00** Classic Serial: Buddenbrooks. Conclusion of Thomas Mann's family saga. Dramatised by Judith Adams. Last in the series. **10.00** News and Weather. **10.15** The Education Debates. John Humphrys chairs a debate on how children should be taught. **11.00** Quote – Unquote. **11.30** Poetry Please. **12.00am** News and Weather. **12.30** If I Loved You, I Would Tell You This. **12.48** Shipping Forecast. **1.00** World Service. **5.20** Shipping Forecast. **5.30** News Briefing. **5.43** Bells on Sunday. **5.45** Profile.

BBC RADIO CAMBRIDGESHIRE

(AM: 1026KHZ, FM: 96MHZ)
6.00am Jane Smith. **9.00** Gillham Gold. **12.00pm** Nick Carter. **2.00** (MW) Sport. **2.00** (FM) Sport. **6.00** Rock 'n' Roll Heaven. **8.00** Richard Spendlove. Call 08453 050007. **11.00** Paul Barnes. **1.00am** As Radio 5 Live.

BBC RADIO 1 (FM: 97.8-99.8MHz)
BBC FIVE LIVE (AM: 693kHz, 909kHz)
HEART (FM: 103/97.4MHz)
STAR 107 (FM: 107.1MHZ, 107.9MHZ)
CLASSIC FM (FM: 100-102MHz)
CAMBRIDGE 105 (FM:105MHz)
TALKSPORT (AM: 1053kHz, 1089kHz, 1107kHz)

Satellite

SKY1

6.00am Guinness World Records Smashed!† **7.00** It's Me or the Dog.† **8.00** Chris & Wes: Let's Do This.† **8.30** Chris & Wes: Let's Do This.† **9.00** WWE Superstars.† **10.00** Soccer AM. **12.00pm** Lion Man. **12.30** Lion Man. **1.00** Raising Hope.† **1.30** Raising Hope.† **2.00** Best of Oops TV.† **3.00** Modern Family.† **3.30** The Middle.† **4.00** Modern Family.† **4.30** The Middle.† **5.00** Futurama: Welcome to the World of Tomorrow. **5.10** Futurama. **7.00** Futurama. **7.30** Futurama. **8.00** A League of Their Own.† **9.00** FILM: Airplane II: The Sequel.† (1982) Disaster movie spoof sequel, with Robert Hays. **10.40** The Top Ten Show. **10.50** Road Wars.† **11.50** Cop Squad.† **12.50am** 99 Most Bizarre. **1.50** Brit Cops: Frontline Crime UK.† **2.45** Strike Back: Locked & Reloaded.† **3.15** Airline.† **3.45** Airline.† **4.15** Gadget Geeks.† **5.10** Liza and Huey's Pet Nation.†

GOLD

6.00am Bread. **6.30** The Brittas Empire. **7.00** Whatever Happened to the Likely Lads? **7.40** Bread. **8.20** The Brittas Empire. **9.00** Whatever Happened to the Likely Lads? **10.00** Open All Hours. **10.40** Open All Hours. **11.20** Open All Hours. **12.00pm** Only Fools and Horses. **12.40** Only Fools and Horses. **1.20** Only Fools and Horses. **2.00** Heroes of Comedy. **3.00** Open All Hours. **3.40** Open All Hours. **4.20** Open All Hours. **5.00** Open All Hours. **5.40** Open All Hours. **6.20** Open All Hours. **7.00** Only Fools and Horses. **7.40** Only Fools and Horses. **8.20** Only Fools and Horses. **9.00** Heroes of Comedy. **10.00** We Love The Royle Family. **11.20** Absolutely Fabulous. **12.00am** Roger & Val Have Just Got In. **12.40** We Love The Royle Family. **1.45** Absolutely Fabulous. **2.15** Roger & Val Have Just Got In. **2.45** Cr*pston Villas. **3.00** Close.

SKY LIVING

6.00am Passport Patrol. **6.30** Passport Patrol. **7.00** Maury. **8.00** Grey's Anatomy.† **9.00** The Biggest Loser US.† **11.00** Nothing to Declare. **11.30** Nothing to Declare. **12.00pm** Four Weddings US.† **1.00** Styled to Rock.† **2.00** Britain & Ireland's Next Top Model.† **3.00** Sing Date.† **3.30** Sing Date.† **4.00** Sing Date.† **4.30** Sing Date.† **5.00** Sing Date.† **5.30** Nothing to Declare. **6.00** Nothing to Declare. **6.30** Nothing to Declare. **7.00** Styled to Rock.† The contenders design outfits for Little Mix. **8.00** Drop Dead Diva.† Jane juggles cases involving both her mothers. **9.00** Mount Pleasant.† **10.00** Gates.† **10.30** Nikita.† **11.30** Criminal Minds.† **12.30am** Ghost Whisperer.† **1.25** Criminal Minds.† **2.15** Medium.† **3.05** The Biggest Loser US.† **4.45** Passport Patrol. **5.10** Grey's Anatomy.†

NAT GEOGRAPHIC

6.00am Teleshopping. **6.30** Teleshopping. **7.00** Teleshopping. **7.30** Teleshopping. **8.00** Test Your Brain.† **9.00** Test Your Brain.† **10.00** Test Your Brain.† **11.00** Alaska's Toughest Pilots.† **12.00pm** America's Lost Treasures.† **1.00** Earth from Space.† **2.00** The Story of Earth.† **4.00** Two Million Year Old Boy.† **5.00** Sex in the Stone Age.† **6.00** 9/11: Washington Under Attack.† **7.00** Inside 9/11.† **8.00** Street Racing: Zero Tolerance.† **9.00** Banged Up Abroad.† **10.00** I Escaped a Cult.† **11.00** Seconds from Disaster.† **12.00am** Jonestown: Nightmare in Paradise.† **1.00** LA Street Racers.† **2.00** Teleshopping. **2.30** Teleshopping. **3.00** Test Your Brain.† **3.45** Test Your Brain. **4.30** Two Million Year Old Boy.† **5.15** America's Lost Treasures.†

DISCOVERY

6.00am Raging Planet.† **7.00** How Do They Do It?† **7.30** How It's Made. **8.00** Mythbusters.† **9.00** Mythbusters.† **10.00** Mythbusters.† **11.00** Mythbusters.† **12.00pm** Mythbusters.† **1.00** Mythbusters.† **2.00** Mythbusters.† **3.00** Mythbusters.† **4.00** How Do They Do It?† **4.30** How Do They Do It?† **5.00** How It's Made.† **5.30** How It's Made. **6.00** Auction Hunters.† **6.30** Auction Hunters.† **7.00** Mythbusters.† **8.00** Wheeler Dealers.† Mike Brewer searches for a Chevrolet Stepside pick-up truck in San Francisco. **9.00** Crime Museum UK with Martin Kemp. **9.30** Crime Museum UK with Martin Kemp. **10.00** Fred and Rose: The West Murders. **11.00** The Truth Behind.† **12.00am** Gold Divers.† **1.00** I Shouldn't Be Alive.† **2.00** Mythbusters.† **3.00** Mythbusters.† **3.50** Mythbusters.† **4.40** Mythbusters.† **5.30** Destroyed in Seconds.

† Indicates a programme is available in High Definition

Freeview

BBC THREE

7.00pm Great TV Mistakes. **8.00** Top Gear. **9.00** Live at the Apollo. **9.30** Live at the Apollo. **10.00** Russell Kane: Smokescreens & Castles. **11.00** Family Guy. **11.20** Family Guy. **11.45** American Dad! **12.05am** American Dad! **12.30** The Revolution Will Be Televised. **1.00** Wilfred. **1.20** The Comedy Marathon Spectacular. **2.20** Live at the Apollo. **2.50** Live at the Apollo. **3.20** The Revolution Will Be Televised. **3.50** Close.

BBC FOUR

7.00pm Africa's Magnificent Beasts. **8.00** She-Wolves: England's Early Queens. **9.00** Inspector Montalbano. **10.40** Doctors in the Death Zone. **11.40** 20th Century Battlefields. **12.40am** Top of the Pops: 1977. **1.10** She-Wolves: England's Early Queens. **2.10** Africa's Magnificent Beasts.

E4

6.00am Switched. **6.25** Heartland. **7.10** Life Unexpected.† **8.10** Gok's Clothes Roadshow.† **9.15** Jo Frost: Extreme Parental Guidance.† **10.20** T4: iTunes Festival 2012: Preview. **10.40** T4: New Girl.† **11.05** T4: Revenge.† **12.05pm** T4: Suburgatory.† **12.35** T4: How I Met Your Mother.† **1.05** T4: How I Met Your Mother.† **1.35** Scrubs. **2.00** Scrubs. **2.30** Scrubs. **3.00** Desperate Housewives.† **4.00** Revenge.† **5.00** How I Met Your Mother.† **5.30** How I Met Your Mother.† **6.00** The Big Bang Theory.† **6.30** The Big Bang Theory.† **7.00** The Big Bang Theory.† **7.30** Rules of Engagement.† **8.00** Rules of Engagement.† **8.30** Suburgatory.† **9.00** FILM: Under Siege.† (1992) Adventure, starring Steven Seagal. **11.05** The Inbetweeners. **11.35** The Inbetweeners. **12.10am** The Big Bang Theory.† **12.40** The Big Bang Theory.† **1.10** The Cleveland Show.† **1.35** Franklin & Bash.† **2.15** The Ricky Gervais Show.† **2.40** Desperate Housewives. **3.20** Hollyoaks.

MORE4

8.55am The Morning Line. **10.00** Nelson's Hospital: A Time Team Special. **11.10** The Real Vikings: A Time Team Special.† **12.15pm** Time Team. **1.15** Location, Location, Location. **1.50** River Cottage Bites. **2.00** Channel 4 Racing. Live coverage of today's races at Sandown Park, Chester and Beverley. **4.25** Quick Bakes with Eric Lanlard. **4.45** Location, Location, Location. **5.50** Location, Location, Location. **6.55** Location, Location, Location. **8.00** Supersize vs Superskinny. **9.00** Embarrassing Fat Bodies. **10.00** FILM: The Departed.† (2006) Martin Scorsese's thriller, with Leonardo DiCaprio. **12.55am** Supersize vs Superskinny. **2.00** Embarrassing Fat Bodies. **3.05** Location, Location, Location. **4.10** Close.

ITV2

6.00am Jessie J: The Hot Desk.† **6.10** All Star Family Fortunes.† **7.00** Coronation Street.† **8.20** Emmerdale.† **11.10** Take Me Out.† **12.20pm** America's Got Talent.† **1.15** America's Got Talent: Finale.† **3.05** FILM: Batteries Not Included.† (1987) Sci-fi fantasy, with Jessica Tandy. **5.15** FILM: Beethoven.† (1991) Comedy, starring Charles Grodin and Bonnie Hunt. **7.05** FILM: Kindergarten Cop.† (1990) Comedy, starring Arnold Schwarzenegger and Penelope Ann Miller. **9.10** Little Mix: The Hot Desk.† **9.25** The Xtra Factor.† **10.25** Celebrity Juice.† **11.10** FILM: The Incredible Hulk.† (2008) Comic-book adventure, starring Edward Norton, Tim Roth and Liv Tyler. Including FYI Daily. **1.20am** The X Factor.† **2.20** The Planet's Funniest Animals. **2.45** Teleshopping. **5.45** ITV2 Nightscreen.†

ITV3

6.00am Carry On Laughing. **6.25** The Agatha Christie Hour. **7.25** Hamish Macbeth. **8.35** Upstairs, Downstairs. **9.45** Upstairs, Downstairs. **10.55** FILM: Carry On Up the Jungle. (1970) Comedy, starring Sid James and Frankie Howerd. Including FYI Daily. **12.40pm** Inspector Morse. **2.50** Inspector Morse. **4.55** Agatha Christie's Poirot.† **7.00** Agatha Christie's Marple.† **9.00** Agatha Christie's Poirot.† **11.00** FILM: Carry On Cowboy.† (1966) Comedy Western, starring Jim Dale and Sid James. Including FYI Daily. **1.00am** The Casebook of Sherlock Holmes.† **1.55** Drama Trails. **2.05** ITV3 Nightscreen.† **2.30** Teleshopping.

ITV4

6.00am Police, Camera, Action! **6.25** Minder. **7.20** The Big Match Revisited. **8.20** Bundesliga Football Highlights. **9.20** UEFA Champions League Weekly.† **9.55** The Cycle Show.† **11.00** Cycling. **12.00pm** FILM: The Rare Breed.† (1966) Comedy, with James Stewart and Maureen O'Hara. Including FYI Daily. **2.00** Motorsport UK.† **3.00** British Touring Car Championship Highlights.† **4.30** DTM German Touring Car Series Highlights.† **5.00** British Superbike Championship Highlights. **6.00** Motorcycling.† **7.00** Cycling. **8.00** FILM: Casino Royale.† (1967) Spoof adventure, with David Niven, Peter Sellers and Woody Allen. Including FYI Daily. **10.40** FILM: Rocky V.† (1990) Boxing drama sequel, starring Sylvester Stallone and Tommy Morrison. Including FYI Daily. **12.50am** FILM: Child's Play 2.† (1990) Horror, starring Alex Vincent. **2.25** Sports Mash: Taking the Mic. **2.50** ITV4 Nightscreen.† **3.00** Teleshopping.

Live at the Apollo, BBC Three, 9.30pm

5USA

6.00am Teleshopping. **12.00pm** NCIS. **1.00** NCIS. **2.00** FILM: Gunsmoke. (1953) Western, starring Audie Murphy and Paul Kelly. **3.35** FILM: The Magnificent Seven. (1960) Western, with Yul Brynner and Charles Bronson. **6.15** FILM: Rio Bravo. (1959) Howard Hawks' Western, with John Wayne and Dean Martin. **9.00** FILM: Perfect Stranger. (2007) A reporter gets dangerously out of her depth when she goes undercover to expose a businessman she suspects of murdering her friend. Thriller, starring Halle Berry and Bruce Willis. **11.10** True Justice. **12.10am** Steven Seagal: Lawman. **12.40** Cinemania. **1.00** SuperCasino. **4.00** Close.

5*

6.00am Teleshopping. **1.00pm** 5* Access. **1.10** Celebrity Big Brother: The Eviction. **2.45** FILM: The Perfect Storm. (2000) Fact-based drama, starring George Clooney. **5.15** FILM: The Mask of Zorro. (1998) Swashbuckling adventure, starring Anthony Hopkins. **8.00** Frontline Police. **9.00** Terminator: The Sarah Connor Chronicles. **10.00** 5* Access. **10.05** Celebrity Big Brother's Bit on the Side. **11.00** Jedward's Weird Wild World. **11.30** The Sexy Ads Show. **12.00am** Teleshopping.

DAVE

7.00am Bang Goes the Theory. **7.30** Bang Goes the Theory. **8.00** Fifth Gear. **8.30** Bush Pilots.† **9.30** Top Gear. **10.30** Top Gear. **11.30** Man v Food.† **12.00pm** Man v Food. **12.30** Bush Pilots.† **1.30** Top Gear. **2.30** Top Gear. **3.30** Man v Food.† **4.00** Man v Food. **4.30** FILM: Crouching Tiger, Hidden Dragon.† (2000) Martial arts drama, starring Chow Yun-Fat, Michelle Yeoh, Cheng Pei-Pei and Zhang Ziyi. **7.00** Bush Pilots.† **8.00** Man v Food.† **8.30** Man v Food. **9.00** FILM: XXX2: The Next Level.† (2005) A government spymaster recruits an imprisoned soldier to stop a military organisation from overthrowing the American government. Action sequel, with Ice Cube. **11.00** Mock the Week. **11.40** Would I Lie to You? **12.20am** Argumental. **1.00** Peep Show. **1.35** Peep Show. **2.05** Speeders. **2.30** Speeders. **3.00** Close.

Sport

SKY SPORTS 1

6.00am FIFA Futbol Mundial. **6.30** Live ITM Cup Rugby Union.† Waikato v Northland (Kick-off 6.35am). **8.30** Live ITM Cup Rugby Union.† Taranaki v Tasman (Kick-off 8.35am). **10.30** International One-Day Cricket.† **12.30pm** Live ECB 40 League Cricket.† Coverage of a semi-final match. **7.00** Live Super League.† Coverage of a crucial game. **8.55** Live Spanish Football.† Mallorca v Real Sociedad (Kick-off 9.00pm). All the action from this evening's La Liga encounter at the Iberostar Stadium. **11.00** European Seniors Tour Golf.† **12.00am** European Tour Golf.† **2.00** Spanish Football.† **4.05** Super League.† **5.30** FIFA Futbol Mundial.

SKY SPORTS 2

6.00am Ringside.† **7.00** Champions League Weekly.† **7.30** UEFA Super Cup.† **8.30** Premier League Preview.† **9.00** Champions League Weekly.† **9.30** Football Freestyler.† **10.00** Soccer AM.† **12.00pm** Football Freestyler.† **12.30** Live Football Special.† **3.15** Ringside.† **4.15** Sky Sports Classics. **4.30** Football Freestyler.† **5.00** Live Saturday Night Football.† Leicester City v Blackpool (Kick-off 5.20pm). **7.55** Champions League Weekly.† **8.25** Football First.† **10.15** Football First.† **11.45** Football First.† **1.15am** Football First.† **2.45** Football First.† **4.15** Football First.† **5.45** Sky Sports Classics.

SKY SPORTS 3

6.00am Live Test Cricket.† India v New Zealand. **12.30pm** IAAF Athletix. **1.00** US Open Tennis.† **4.00** Live US Open Tennis.† Coverage of the sixth day's play at Flushing Meadows in New York. **12.00am** Live US Open Tennis.† Further coverage of the sixth day's play at Flushing Meadows in New York. **4.00** ATP Tour Uncovered. **4.25** Sporting Greats. **4.55** Live Test Cricket.† India v New Zealand.

EUROSPORT

7.30am Cycling. **8.00** Cycling: Vuelta a Espana. **9.00** Live Intercontinental Rally Challenge. The Barum Czech Rally Zlin. **10.00** Cycling. **11.00** World Endurance Championship. **12.00pm** Live Intercontinental Rally Challenge. The Barum Czech Rally Zlin. **1.00** US Open Tennis. **4.00** Live US Open Tennis. The sixth day's play at Flushing Meadows in New York. **1.00am** Close.

ESPN

7.30am French Football.† **8.00** Total Italian Football. **8.30** Live FIA GT1 World Championship.† **10.00** Bundesliga. **11.30** Premier League Preview. **12.00pm** ESPN FC Press Pass.† **12.30** ESPN Kicks: MLS. **1.00** ESPN Kicks: Brasileirao. **1.15** Live Premiership Rugby Union. London Wasps v Harlequins (Kick-off 2.00pm). **4.30** Live Premier League Football.† Manchester City v Queens Park Rangers (Kick-off 5.30pm). **7.45** Live Serie A. Bologna v AC Milan (Kick-off 7.45pm). **9.45** Bundesliga.† **11.30** French Football.† **1.15am** ESPN Kicks: Extra. **1.30** MMA Live.† **2.00** Live UFC 151: Preliminary Bouts.† Coverage from the Mandalay Bay Events Centre in Las Vegas, Nevada. **3.00** Live UFC 151: Jones v Henderson.† Jon Jones v Dan Henderson.

Local houses, local flats, local choices – from local experts

Newmarket News

HomesNow©

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A perfect blend of old and new

Stetchworth £249,950

HOLLYWELL cottage in High Street, Stetchworth, provides attractive accommodation combining the best of old and new. Its many original features include an inglenook fireplace to the living room. The kitchen has been modernised and there is also a smart bathroom. Upstairs, there is a master bedroom with exposed beams and a vaulted ceiling, plus two further bedrooms. This property has a guide price of £249,950. Call Whatley Lane Estate Agents on (01638) 561187.

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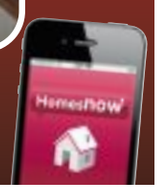

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Cheffins

King Warren **£189,950**

A beautifully presented 3 bedroom detached house finished to a high specification including a fitted kitchen with an extensive range of built-in appliances, a ground floor cloakroom, conservatory, master bedroom with ensuite shower room and a stunning landscaped rear garden. OUTSTANDING VALUE. NO CHAIN.

Denston **£295,000**

A charming detached Victorian Cottage standing in a superb elevated position within large gardens on the outskirts of this sought after village. Features include a large sitting room with inglenook fireplace, kitchen/breakfast room, 2 double bedrooms both with ensuite shower rooms, oil fired central heating. TO FULLY APPRECIATE THE CHARACTER AND LOCATION OF THIS DELIGHTFUL COTTAGE VIEWING IS ESSENTIAL.

Fordham **£325,000**

A beautifully presented modern 4 bedroom detached house attractively situated in a well regarded cul-de-sac situated off Mill Lane. The property has undergone significant improvements with the current owner and benefits include an outstanding 'Kitchen Smiths' fitted kitchen and utility room, a contemporary open plan sitting room and dining room with limestone plinth and feature fire, upgraded bathroom and shower room.

Newmarket **£139,950**

A well presented 3 bedroom terraced property standing in an established residential area North of the town centre. The property benefits from a large open plan sitting/ dining room, a modern fitted kitchen, replacement UPVC double glazing and gas fired central heating. Further benefits include a long rear garden and parking to the rear.

Cheveley **£340,000**

An individual detached bungalow standing in secluded gardens close to the centre of this sought after village. Constructed in brick beneath a peg tiled roof the accommodation is well presented and has the advantage of oil fired central heating and sealed unit double glazing. Feautures include a modern fitted kitchen, a conservatory and established private gardens with remote controlled entrance gates.

Fordham **£360,000**

An individual detached 4 bedroom house delightfully situated in a highly regarded non estate location with a large established South facing garden. The property has the advantage of a superb family room/ dining room and separate living room, a bathroom and separate shower room and an open plan modern fitted kitchen. A particular feature is the delightful established garden with a gated approach and a double car port. VIEWING ESSENTIAL.

Fordham **£415,000**

A substantial 5 bedroom detached house forming part of an exclusive development close to the centre of this sought after village. The impressive accommodation includes 4 reception rooms and 2 ensuite shower rooms. The property has also been rewired for Whole House Audio, intelligent lighting and Cat6. EARLY VIEWING RECOMMENDED.

Newmarket **£425,000**

A superb individual 4 bedroom detached house standing in highly sought after Meynell Gardens ideally located less than one mile from the town centre. The accommodation is beautifully presented and includes a ground floor cloakroom 2 reception rooms, large kitchen / breakfast room, utility room, master bedroom with en-suite bathroom and family bathroom. There is a good size secluded garden to the rear and double garage.

Burwell **£550,000**

A newly constructed 6 bedroom detached house forming part of an exclusive development with open country views and river frontage to Burwell Lode. Features include a ground floor cloakroom, separate utility room, 5 shower/bathrooms, gas central heating and large rear garden. To fully appreciate the superb setting and extensive accommodation of this substantial family home a viewing is essential.

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Fordham **£379,950**

A superbly presented detached house delightfully situated at the head of a private cul-de-sac with attractive views to the front over paddocks.The impressive accommodation includes 5 bedrooms with 2 ensuites, 3 reception rooms, double glazing and gas central heating. A detached double garage and established gardens.

Kennett **£330,000**

A highly individual 5 bedroom detached house attractively situated in a semi rural location with excellent access to the A11 road link. The accommodation has been superbly extended and benefits from a stunning open plan fitted kitchen/ breakfast room, 2 further reception rooms and a master bedroom with a modern ensuite bathroom.

Exning **£235,000**

An individual 3 bedroom detached house standing in a non estate position in the centre of this sought after village with 2 reception rooms, a ground floor cloakroom and a master bedroom with en-suite shower room. NO CHAIN.

Chippenham **£235,000**

An individual 3 bedroom detached house standing in a superb non estate position close to the centre of this sought after village. The accommodation is beautifully presented and includes a sitting room , dining room and stunning first floor bathroom. Outstanding value - early viewing recommended.

CAMBRIDGE **NEWMARKET** SAFFRON WALDEN ELY HAVERHILL ST IVES LONDON 01638 663228

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NEWMARKET **£145,000**

NEW

A really rather smart ground floor modern two bedroom apartment centrally located with easy access to the town. The property is presented to good standard throughout and benefits from a fitted kitchen with inter grated appliances and a single garage. This apartment is offered with no upward chain and viewing is essential to fully appreciate what this property has to offer.

NEWMARKET **OIRO £94,950**

NEW PRICE

A first floor one bedroom apartment located just off the High Street. Entrance hall, Double Bedroom, Modern Bathroom, Kitchenette and Parking.

MANDERSTON ROAD **£114,950**

NEW PRICE

A spacious ground floor two bedroom apartment with gas radiator heating, modern kitchen and offered with no upward chain.

SOHAM **£124,500**

VACANT

A two bedroom extended older style semi detached house with double glazing and gas radiator heating within the market town of Soham. The property benefits from a large garden and potential for further improvement. Viewing is essential to appreciate the full potential this home has to offer. This property has no upward chain, call today to arrange a viewing!!!!

SOHAM **£133,500**

NEW PRICE

A smart modern two bedroom terrace home in a popular location close to the town with lounge/diner, gas radiator heating, enclosed garden and single garage. Ideal investment or first time buyer opportunity.

SOHAM **£129,950**

NO CHAIN

A Victorian two bedroom terrace house with an enclosed garden in a secluded position close to the centre of the town. The property is offered in good condition and viewing is essential to fully appreciate this home. With no upward chain this is well worth a look!!!

WICKEN **£140,000**

NO CHAIN

A delightful two bedroom semi detached cottage situated in the popular village of Wicken with views overlooking the village green and public house.

sales lettings mortgages

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GROVE GARDENS £149,995

NEW PRICE

A well presented and extended two bedroom semi detached bungalow situated within an exclusive development within the popular village of Fordham. The property has been updated within recent times and benefits from a gas combination boiler . Entrance Hall, Lounge, Dining Area, Kitchen, Two Bedrooms, Bathroom, Enclosed Garden, Parking space and NO CHAIN!!

NEWMARKET £150,000

NO CHAIN

A rural three bedroom cottage located between Newmarket and Snailwell with a good size lounge/diner, kitchen and first floor bathroom. The property offers tremendous scope for further improvement. No Chain

EXNING £154,995

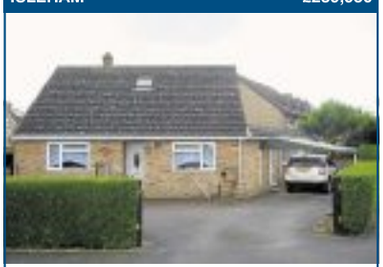
NO CHAIN

An attractive Victorian cottage with a first floor bathroom and gas radiator heating. Offered with no upward chain. Comprising of the following:- Sitting Room, Dining Room, Kitchen,Two Bedrooms, First Floor Bathroom, Established gardens.

NEWMARKET £239,950

Situated in a pleasant cul de sac opposite an open green area,this extended three bedroom semi detached house which has been greatly improved by the current owners. The property offers off street parking,car port and enclosed garden.

ISLEHAM £239,950



A rather unusual and deceptively spacious three bedroom detached bungalow situated in a non estate location. The property is presented to a high standard and benefits from off road parking.

NEWMARKET £250,000

BUILING PLOT

A fabulous and rare opportunity to purchase a single builing plot in one of the most desireable locations within Newmarket. Originally there was a 1930's detached bungalow, which has now been demolished to make way for a brand new dwelling, plans for which are available to view within the office.

SOHAM £275,000

MUST BE VIEWED

Situated in the heart of this popular Fenland town this substantial four bedroom detached family residence offers versatile and spacious accommodation. Reception Hall, Cloakroom, large living oom, dining room, kitchen, utility, four good bedrooms, master with en-suite, two garages and enclosed garden. For further information please contact the sole agents Your Move Lattimore Hall.

RESIDENTIAL LETTINGS

SOHAM £550 PCM

TO LET

A one bedroom terraced house with accommodation comprising living room, kitchen, bedroom and bathroom. Property benefits from gas central heating and allocated parking. Available from September.

SOHAM £650 PCM

TO LET

A good size two bedroom semi detached home in a popular location close to the town. Gas central Heating, Enclosed garden, Driveway to side. Available now!!!!

SOHAM £650 PCM

TO LET

A brand new two bedroom top floor apartment with far reaching countryside views, gch,dg, allocated parking. Available immediatley. View today.

NEWMARKET £625 PCM

TO LET

A particularly spacious two bedroom semi detached home within a popular development on the outskirts of the town. Cloakroom, kitchen/breakfast, lounge, two double bedrooms, garden and parking. NO PETS!!!

DAVID BURR

STRADISHALL

Newmarket 11 miles - Bury St Edmunds 10 miles

An impressive detached home situated in a semi-rural location backing onto open countryside. 2 receptions, kitchen/breakfast room, snug, cloakroom and study. 4 bedrooms (1 ensuite) and family bathroom. Paddock, 3 stables, tack room and garage.

In all about 3.75 acres.

Guide £799,999

HARTEST

Bury St Edmunds 8 miles - Newmarket 16 miles

A substantial Grade II Listed period house which occupies a mature setting within one of the areas most favoured villages. 4 reception rooms, 8 bedrooms (2 ensuite), family bathroom. Barn, coach house, tack room and stable.

In all about 1.6 acres.

Guide £950,000

BAXTERS GREEN

Newmarket 9 miles - Bury St Edmunds 8 miles

A beautifully presented detached cottage offering potential for enlargement. Sitting room, garden room, dining room, kitchen/breakfast room, utility, study and shower room, 3 bedrooms (1 en suite) and family bathroom. Paddock and parking.

In all about 0.9 of an acre

Guide £525,000

GREAT WRATTING

Newmarket 13 miles - Cambridge 19 miles

A charming 17th Century extended cottage situated in a quiet village location with far reaching views over open countryside. Drawing room, sitting room, kitchen/breakfast room, dining room, living room, 4 bedrooms, 2 bathrooms, gardens and parking.

In all about 0.25 of an acre.

Guide £560,000

WEST WRATTING

Newmarket 8 miles - Cambridge 13 miles

A substantial family home situated in a non-estate position and set within established private gardens. Sitting room, conservatory, family room, kitchen/breakfast room, study, cloakroom, 4 bedrooms (1 ensuite), bathroom, gardens and parking.

Guide £399,950

NEWMARKET

Bury St Edmunds 13 miles - Cambridge 13 miles

A substantial detached home situated in a rural location approximately 1.5 miles from the wide array of amenities in Newmarket. Sitting room, kitchen/dining/living room, 4 bedrooms, bathroom, garage and gardens.

In all About 0.36 of an acre.

Guide £425,000

rightmove.co.uk

www.davidburr.co.uk - Newmarket (01638) 669035

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WOODDITTON £1,250 PCM NEW

A recently refurbished 3 bedroom detached home to include lounge, spacious kitchen, en-suite, bathroom, garden and off road parking.

NEWMARKET £795 PCM

A superb townhouse located on the south side of town. Includes integrated kitchen, three bedrooms and ensuite. Off road parking.

NEWMARKET £750 PCM

A spacious 3 bedroom townhouse with views over the Church to include fitted kitchen, lounge with balcony and garage facility.

NEWMARKET £750 PCM

A spacious apartment set in a Georgian converted property positioned in one of the most sought after roads in Newmarket.

NEWMARKET £675 PCM NEW

A fully furnished 3 bedroom apartment with accommodation to include, lounge/diner, kitchen, bathroom and allocated parking.

BURWELL £650 PCM NEW

A detached 2 bed period property built in approx 1830 offering living room, dining room, farmhouse style kitchen, garden.

EXNING £640 PCM NEW

A recently refurbished 2 double bedroom Victorian home set in this picturesque village with good access to the A14.

NEWMARKET £525 PCM NEW

A nicely presented one bed apartment positioned along one of the most sought after roads in the area with allocated parking.

NEWMARKET BURWELL morrisarmitage.co.uk CAMBRIDGE HAVERHILL

BURWELL
01638 742461

Morris Armitage

SOHAM £289,995

An individual 3 bedroom detached period property of incredible charm and character dating back to 1750, boasting an abundance of period features and with driveway parking.

BURWELL £149,995

A refurbished, well presented bungalow set towards the end of a no-through road. Offers lounge, refitted kitchen, two bedrooms and study/dining area. Generous garden and parking.

BURWELL £227,500

A 3 storey townhouse standing at the end a no through road in this recent development, cleverly modified to include 3 good size bedrooms. Offered for sale with no chain.

BURWELL £295,000 NEW

A large extended 4 double bedroom detached bungalow occupying a delightful setting next to the grade II listed Stevens Mill and Burwell Museum, boasting spacious accomodation throughout and enjoying off road parking for numerous vehicles, garage south/west facing garden. No chain.

BURWELL £179,995 NEW

A modern 3 bedroom home tucked away within a small cluster of similar properties. Accommodation includes entrance hall, living room, superb refitted kitchen/dining room, bathroom, benefiting from off road parking and south facing rear garden. No onward chain.

SOHAM £329,950

A spacious 5 bedroom detached home enjoying a light and airy feel throughout boasting front to back sitting room, dining room, kitchen/breakfast room, en-suite, and extensive garden.

SOHAM £129,995 NEW

A semi-detached starter home offering accommodation to include refitted modern kitchen, lounge/diner, 2 bedrooms, refitted bathroom, private garden and allocated parking for 2.

BURWELL £315,000

A rare opportunity to purchase a detached 4 bedroom family residence standing in a most desirable cul-de-sac and enjoying quite delightful mature gardens extending to approximately 80ft.

NEWMARKET BURWELL morrisarmitage.co.uk CAMBRIDGE HAVERHILL

NEWMARKET
01638 560221

Morris Armitage

NEWMARKET £152,500 NEW

A bay-fronted end terraced 2 bedroom Victorian property offering a wealth of period features to include 2 reception rooms, kitchen, generous bathroom, established rear garden.

RED LODGE £127,000 NEW PRICE

A well presented and updated family home offering accommodation to include living/dining room, refitted kitchen, 3 bedrooms, bathroom, generous garden and garage to side.

NEWMARKET £124,950

PUBLIC NOTICE ADDRESS: 239 Parkers Walk. We have received an offer of £125,000. Interested parties must submit higher offers in writing to us before an exchange of contracts.

NEWMARKET £320,000 NEW

An extended modern and detached bungalow set on the edge of the town centre. Offering generous size rooms throughout the property enjoys spacious living room and four good size bedrooms. Excellent size rear garden, off road parking and detached garage.

FORDHAM £320,000 NEW

A modern 4 bedroom detached home positioned at the end of a no through road, offering generous size rooms, boasting kitchen/breakfast room, living room, dining room, study, cloakroom, en-suite, family bathroom, mature garden, extensive driveway and double garage.

FORDHAM £200,000 NEW

A unique opportunity to acquire a 4 double bedroom detached period property, formerly 2 cottages, requiring some improvement works to the exterior and interior.

NEWMARKET £235,000 NEW

A modern and extended semi-detached family home set on within this popular residential area. Offering two/three reception rooms, three bedrooms (ensuite).

NEWMARKET £399,995 NEW

A cleverly extended home on the outskirts of the town centre enjoying generous size rooms throughout, boasting 26ft kitchen/dining room, 4 double bedrooms, parking and garage.

Jackson-Stops & Staff

UK PROPERTY AWARDS in association with Bloomberg Google

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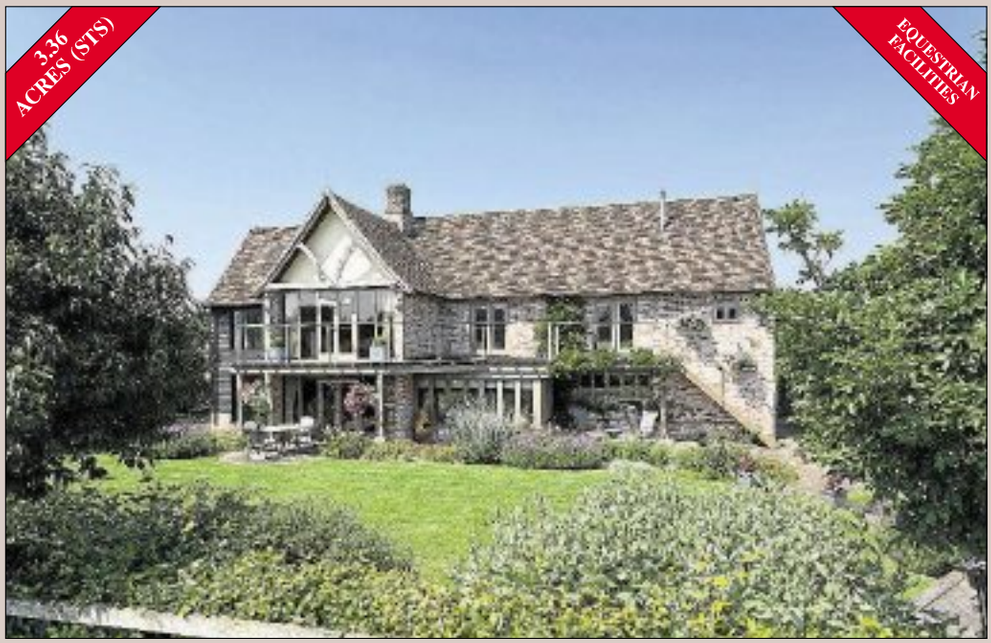

BURWELL

A substantial and beautifully presented barn with an attractive garden, equestrian facilities and paddocks extending to approximately 3.36 acres (sts) in all.

Hall, Dining Room, Kitchen/Breakfast Room/Family Room, Utility Room, Cloakroom, Ground Floor Guest Bedroom with En-Suite Shower Room. Landing and Sitting Room, Master Bedroom with En-Suite Bathroom, 2 Further Bedrooms (En-Suite Cloakroom to Bedroom 3), Shower Room and Office/Bedroom 5. Double Garage with Garden Store and Large Landscaped Gardens.

Guide Price £975,000

COVENEY

A well presented and spacious detached family house with an attractive garden and countryside views.

Reception Hall, Drawing Room, Sitting Room, Dining Room, Kitchen/Breakfast Room, Utility Room, Pantry, Cloakroom, Cellar. Landing, Five Bedrooms and Three Bathrooms, Annexe Bedroom 6 with En-Suite Shower Room. Driveway and Parking, Detached Single Garage and Enclosed Garden.

Guide Price £495,000

SIX MILE BOTTOM

A superb detached cottage well located for the A14 and A11, enjoying attractive views over open countryside and a large garden.

Entrance Hall, Sitting Room, Dining Room, Study/Bedroom 4, Kitchen/Breakfast Room. Landing, Master Bedroom with En-Suite Bathroom, Two Further Bedrooms and Family Bathroom. Driveway, Parking and Large Garden.

Guide Price £595,000

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WORLINGTON

A charming and well presented detached period cottage with an attractive enclosed garden.

Drawing Room, Sitting/Dining Room, Study, Kitchen, Bedroom 4, Shower/Utility Room. Landing, Three Bedrooms and Family Bathroom. Parking, Enclosed Rear Garden and Workshop.

Guide Price £339,950

NEWMARKET

A very well presented detached family house set within this highly sought after town location.

Entrance Hall, Sitting Room, Dining Room, Study, Kitchen, Utility Room, Pantry. Five Bedrooms, Bathroom and Shower Room. Driveway and Parking, Detached Double Garage and Private Enclosed Garden.

Guide Price £449,000

KENTFORD

A well presented detached period style house with an enclosed rear garden.

Entrance Hall, Sitting Room, Dining Room, Family Room, Kitchen/Breakfast Room, Utility Room, Cloakroom. Landing, Master Bedroom with En-Suite Shower Room, Three Further Bedrooms and Family Bathroom. Driveway and Parking, Detached Single Garage and Enclosed Rear Garden.

Guide Price £285,000

GREAT WRATTING

A superbly presented detached family house in an attractive edge of village location with delightful grounds extending to 0.5 acres in all (sts).

Hall, Sitting Room, Dining Room, Garden Room, Kitchen/Breakfast Room, Utility Room and Shower/Cloakroom. 4 Bedrooms and Family Bathroom. Driveway and Parking, Double Garage and Large Garden.

Guide Price £475,000

WICKHAMBROOK

A charming and well presented Grade II Listed detached cottage in a quiet rural location with large secluded grounds and an outdoor heated swimming pool enjoying superb views over open countryside.

Hall, 3 Reception Rooms, Kitchen/Breakfast Room, Utility Room and Shower/Cloakroom. Annexe Studio/Bedroom 4, Store Room and WC. 3 Bedrooms and Bathroom. Double Garage with Store Above and Garden.

Guide Price £499,000

NEWMARKET

A well located first floor two bedroom apartment with stunning views over the Long Hill racehorse training grounds.

Communal Entrance Hall, Entrance Hall, Sitting/Dining Room, Kitchen, Two Bedrooms and Bathroom. Private and Visitors Parking, Balcony and Communal Gardens.

Guide Price £159,950

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Residential Sales, Lettings & Management

Residential Sales

Fordham £239,950

NEW

A surprisingly spacious and beautifully presented 3 bedroom detached house. The property occupies a prominent position situated on the edge of the village north west of Newmarket.

Conveniently positioned for access to the village amenities, the house offers modern, well appointed living accommodation which benefits from a cloakroom, lounge/diner, fitted kitchen and utility room. Master bedroom with en suite, an enclosed rear garden and off road parking.

Red Lodge £259,000

NEW PRICE

A stylish & cleverly extended 4 bedroom bungalow located within an exclusive development on the outskirts of Red Lodge.

Originally a 3 bedroom bungalow, the property has been extended to provide a beautiful family room with a mezzanine level to give flexible living accommodation & a property that offers something just that little different.

Newmarket £121,995

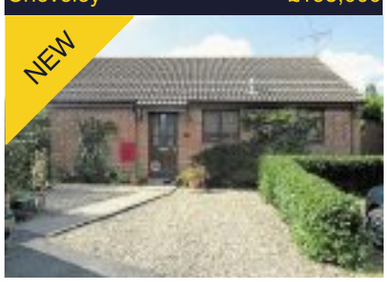
NEW

Situated in a residential area offering access into Newmarket town centre as well as the A14 Dual Carriageway. This 2 bedroom terraced house is available with vacant possession.

This property would prove an excellent first time purchase or buy to let opportunity.

Cheveley £195,000

NEW



A well presented detached bungalow located in the well regarded village of Cheveley. The property boasts 2 double bedrooms, lounge, kitchen, garden, garage & drive.

Newmarket £135,000

NEW

A 3 bedroom Victorian terrace cottage in need of renovation offering enormous potential located in the heart of Newmarket town centre close to the High Street.

Newmarket £85,000 50% Share

NEW

A well presented modern house with 3 spacious bedrooms, fitted kitchen, sitting/dining room, cloakroom, bathroom, garden and off road parking.

Newmarket £234,950

NEW

Situated within the regarded location of Scaltback, this 3 bedroom detached bungalow benefits from 2 reception rooms, enclosed garden, garage & drive.

Newmarket £129,500

NEW PRICE

A 2nd floor apartment situated in a highly desirable location within easy reach of the racecourse, town centre & Tattersalls.

Newmarket £129,950

Set within a popular location south of the town centre a well presented 2 bedroom Victorian cottage with 2 reception rooms, kitchen and 1st floor bathroom.

Newmarket £159,950

An attractive bay fronted 3 bedroom period cottage offering an abundance of charm conveniently located on the popular south side of Newmarket.

Newmarket £234,950

NEW PRICE

A period town house set over 3 floors providing a kitchen/breakfast room, 2 reception rooms, 3 bedrooms, bathroom & en suite.

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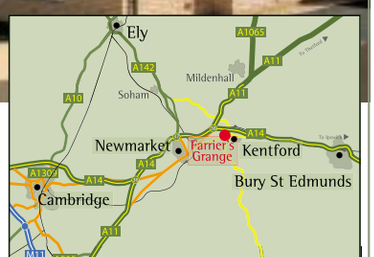
* Cul-de-sac location
* 5 bedrooms
* 2 en-suites
* Double garage
* 3 reception rooms
* Kitchen/breakfast room
* Utility
* Fabulous village location



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SUNDAY September 2

Main Channels

BBC1

6.00am Breakfast. (C) 89124869
7.40 Match of the Day. Including highlights of West Ham United v Fulham. (R) (C) 8857289
9.00 The Andrew Marr Show. (C) 61840
10.00 Sunday Morning Live. (C) 93376
11.00 Country Tracks; (R) (C) Weather for the Week Ahead. (C) 24640
12.00pm BBC News. (C) 6104531
12.10 Live Formula 1: Belgian Grand Prix. Coverage from Spa-Francorchamps (Start-time 1.00pm). (C) 58244482
3.15 A Question of Sport: Gold Medal Winners Special. With Katherine Grainger and Jason Kenny. (R) (C) 966937
3.45 Ocean Giants. The vocal ranges of whales and dolphins. Last in the series. (R) (C) 754314
4.45 Songs of Praise. Aled Jones visits Greenwich, London's newest royal borough. (C) 5738686
5.20 The Indian Doctor. Prem has problems rounding up the villagers for their vaccinations. (R) (C) 1784555
6.00 BBC News; Regional News; Weather. (C) 43
6.30 Britain's Hidden Heritage. The extensive archive of Berkeley Castle in Gloucestershire, Country Life magazine's photographic collection and the architecture of London's BT Tower. Last in the series. (C) 43685
7.30 Countryfile. Matt Baker and Helen Skelton head to Oxfordshire, where he discovers what is being done to halt the decline of the local hedgehog population, which has halved over the past 25 years, and she visits Chastleton House, where the rules of croquet were standardised almost 150 years ago. Plus, John Craven is joined by Chris Packham and Jo Brand to choose the winners of this year's *Countryfile* photographic competition. Including Weather for the Week Ahead. (C) 98937
8.30 Inspector George Gently. Ellen Mallam is left to drown in an upturned car by its driver, but the young woman's connection to James Blackstone, an aristocratic family's heir apparent, impedes Gently and Bacchus's investigation. The chief inspector discovers that the son's future has been carefully mapped out since birth by his implacable mother Alethea, and she will not countenance any interference in her plans. However, an astonishing twist causes the detectives to reconsider the case in its entirety. Sixties-set detective drama, starring Martin Shaw and Lee Ingleby, with Geraldine Somerville, James Norton, Roger Lloyd Pack, Christopher Fairbank and Ebony Buckle. (C) 44802
10.00 BBC News; Regional News; Weather. (C) 125531
10.25 Match of the Day 2. Colin Murray reviews the day's Premier League action, featuring Liverpool v Arsenal, Southampton v Manchester United and Newcastle United v Aston Villa. (C) 4478260
11.35 In with the Flynns. Liam tries to earn extra money by giving personal training lessons, but the scheme backfires when his first client wants more from him than just a better body. Comedy, starring Will Mellor and Niky Wardley. (R) (C) 612005
12.05am The Sky at Night. (C) 4982574
12.25 Weatherview. (C) 8821222
12.30 Sign Zone: The Dark: Nature's Nighttime World. (R) (C) 56721
1.30 Sign Zone: Holby City. (R) (C) 78390
2.30 Sign Zone: Good Cop. (R) (C) 62203
3.30 Sign Zone: The Riots: In Their Own Words. (R) (C) 74048
4.30 BBC News. (C) 16048

Pick of the day

Richard Hammond's Crash Course

BBC2, 7.15pm

The host, pictured, travels across America to drive some of the country's biggest vehicles. He begins at the Fort Bliss military base in El Paso, Texas, where he attempts to get to grips with an M1A2 Abrams tank. Weighing in at 68 tons, it takes a lot of work to negotiate it through a battlefield – and here Richard learns all about the different roles played by the commander, gunner, loader and driver.

The Last Weekend

ITV1, 9pm

As the gap between Ian's perception and reality grows, so does his manipulation of Ollie, whose behaviour is becoming increasingly erratic. With emotions running high, the triathlon ends in a head-to-head battle – leading to devastating consequences for the rivals and their partners. Suspense thriller adapted from the novel by Blake Morrison, starring Rupert Penry-Jones, Shaun Evans, Genevieve O'Reilly and Claire Keelan.

BBC2

6.00am CBeebies: Guess with Jess. (R) (C) 8691579 **6.10 Louie.** (R) (C) 8675531 **6.20 Wibbly Pig.** (R) (C) 8604043 **6.30 Dipdap.** (R) (C) 2742821 **6.35 Chuggington.** (R) (C) 8819444 **6.45 Rastamouse.** (R) (C) 8839208 **7.00 CBBC: Roar.** (R) (C) 16227 **7.30 Copycats.** (R) (C) 95734 **8.00 Deadly Art.** (R) (C) 4894005 **8.15 Paradise Cafe.** (R) (C) 8269482 **8.40 Wingin' It.** (R) (C) 9506208 **9.00 Who Let the Dogs Out?** (R) (C) 23956 **9.30 Junior Bake Off.** (R) (C) 59869 **10.00 Saturday Kitchen Best Bites.** (C) 48550 **11.30 The Great British Bake Off.** (R) (C) 21192 **12.30pm** FILM: **A Tale of Two Cities (1958).** Dickens adaptation set during the French Revolution, with Dirk Bogarde. (C) 47362043 **2.25 Coast.** (R) (C) 59165802 **2.30 Escape to the Country.** Two keen walkers want to downsize to the Yorkshire Dales. (R) (C) 2313647 **3.15 Burghley Horse Trials 2012.** Coverage from Burghley House near Stamford in Lincolnshire. (C) 187173 **5.15 Oceans.** The Arctic Ocean, one of the world's most hostile environments. Last in the series. (R) (C) 634111
6.15 Swimming with Crocodiles. Part one of two. Ben Fogle travels to Botswana to join a pilot research study of Nile crocodiles that involves swimming with the reptiles to learn more about their behaviour. (R) (C) 625463
7.15 Richard Hammond's Crash Course. *See Pick Of The Day.* (C) 442260
8.00 Top Gear. Jeremy Clarkson and James May travel to Beijing to learn about China's car industry, which has seen great expansion in recent years – but also have a violent encounter with one of the Stig's cousins. Meanwhile, Richard Hammond immerses himself in the world of Nascar at a race in Texas, and the Mercedes-Benz SLS AMG Roadster is wrestled around the test track, emitting serious amounts of noise and smoke in the process. Matt LeBlanc is the Star in a Reasonably Priced Car. (R) (C) 2005
9.00 Toughest Place to Be a Nurse. Maria Connolly, a nurse from Preston, spends two weeks working at a hospital in Ciudad Juarez, Mexico – a city with one of the world's highest murder rates. Last in the series. (C) 2869
10.00 The Best of Men. Fact-based drama about the birth of the Paralympics. Dr Ludwig Guttmann transforms the lives of paralysed soldiers at Stoke Mandeville Hospital. Eddie Marsan and Rob Brydon star. (R) (C) 70598
11.30 FILM: **The Edge of Love (2008).** Fact-based period drama about the unlikely friendship between the wife and lover of poet Dylan Thomas. Starring Keira Knightley. (C) 818753
1.15am BBC News. (C) 97159593
4.30 Close

Channel 4

6.00am Channel 4 Presents – London Dreaming. (R) (T) 5210192 **6.05 Paralympic Games 2012 Tonight.** Action from last night's events. (R) (T) 3948821 **7.00 Paralympic Games Breakfast Show.** Including a look ahead to today's athletics finals. (T) 25469444 **9.15 Paralympic Games 2012.** Including swimming, athletics, track cycling, table tennis, equestrian and rowing. (T) 10131753 **1.00pm Paralympic Games 2012.** Including track cycling, equestrian, 5-a-side football and table tennis. (T) 9998550
6.30 Channel 4 News. (T) 55
7.00 Paralympic Games 2012 Tonight. Further coverage of the fourth day of the Games, featuring athletics at the Olympic Stadium, swimming at the Aquatics Centre and wheelchair basketball at the Basketball Arena. The athletics finals include the men's T44 200m at 9.30, which is expected to feature a battle for gold between South Africa's Oscar Pistorius and Jerome Singleton of the USA, and Britain's David Weir is one of the favourites in the men's T54 5,000m. Other British hopefuls this evening are Libby Clegg in the women's T12 100m, Ben Rushgrove and Graeme Ballard in the men's T36 100m, Mickey Bushell in the men's T53 400m and Katrina Hart in the women's T37 100m. There are also finals in the pool, where Team GB's hopes of success focus on Hannah Russell in the women's S12 100m butterfly, Heather Frederiksen in the women's S8 50m freestyle and the men's 4x100m freestyle relay, which is at 8.12. Plus, action from the Basketball Arena, where Great Britain take on Poland in their latest Group B match in the men's wheelchair basketball. (T) 6435956
10.30 The Last Leg with Adam Hills. The comedian presents an alternative review of the day's Paralympics action, focusing on the key moments and talking points with guests from the sports and showbiz worlds. (T) 260821
11.15 FILM: **Submarine (2010).** Premiere. A teenager is desperate to lose his virginity before his next birthday and save his parents' marriage. Comedy drama, with Craig Roberts, Sally Hawkins, Paddy Considine and Noah Taylor. (T) 594376
1.05am FILM: **Water Lilies (2007).** Drama, with Pauline Acquart, Louise Blachere and Adele Haenel. In French. 9941203
2.30 Veronique. (R) (T) 1832048
2.35 Hollyoaks. (R) (T) 26217715
4.40 Ultimate Frisbee. (R) (T) 66393048
4.45 St Elsewhere. (R) (T) 6866224
5.30 Quick Bakes with Eric Lanlard. (R) (T) 2504135
5.40 Freshly Squeezed. (T) 1490390

Channel 5

6.00am Milkshake!: Peppa Pig. (R) (T) 89861579 **6.05 Roary the Racing Car.** (R) (T) 26863647 **6.15 Fifi and the Flowertots.** (R) (T) 26887227 **6.25 City of Friends.** (R) (T) 26867463 **6.40 Harry and His Bucket Full of Dinosaurs.** (R) (T) 32324802 **6.50 Castle Farm.** (R) (T) 54250802 **6.55 Abby's Flying Fairy School.** (R) (T) 54273753 **7.05 Roobarb and Custard Too.** (R) (T) 5085043 **7.15 Ben and Holly's Little Kingdom.** (R) (T) 5081227 **7.25 Play!** (R) (T) 3580531 **7.35 Noddy in Toyland.** (R) (T) 7237937 **7.45 Milkshake! Monkey.** (R) (T) 1950395 **7.50 Bert and Ernie's Great Adventures.** (R) (T) 7639192 **7.55 Little Princess.** (R) (T) 7231753 **8.10 The Adventures of Bottle Top Bill and His Best Friend Corky.** (R) (T) 3336482 **8.25 Angelina Ballerina.** (T) 3331937 **8.40 Rupert Bear.** (R) (T) 6975869 **8.55 Bananas in Pyjamas.** (R) (T) 6954376 **9.15 The Mr Men Show.** (R) (T) 6776550 **9.30 Roary the Racing Car.** (R) (T) 1698208 **9.45 Jelly Jamm.** (R) (T) 1686463 **10.00 Power Rangers Samurai.** (T) 6856531 **10.35 Batman: The Brave and the Bold.** (T) 7898753 **11.10 Looney Tunes.** (R) (T) 85921579 **11.20 Celebrity Big Brother.** (R) (T) 5032482 **12.15pm** FILM: **The Slipper and the Rose (1976).** Musical version of Cinderella, with Gemma Craven. (T) 19029937 **3.00** FILM: **Belle's Magical World (1998).** Premiere. Disney animated anthology, with the voice of Paige O'Hara. (T) 95452482 **4.50** FILM: **The Wizard of Oz (1939).** Musical fantasy, starring Judy Garland. (T) 41874555
6.55 5 News Weekend. (T) 4802802
7.00 Cricket on 5. England v South Africa. Mark Nicholas presents highlights of the penultimate match of the five-game series at Lord's. (T) 5361314
7.55 John Barrowman's Dallas: Dreaming of Bobby. Part one of two. A behind-the-scenes look at the new version of the drama. (R) 8040840
8.30 John Barrowman's Dallas: Shooting JR. Conclusion. John explores JR's side of the Ewing family. (R) (T) 1034647
9.00 Celebrity Big Brother. The ups and downs of life in the BB house as friendships and alliances are made, battle lines are drawn and arguments erupt. (T) 5207208
10.00 9/11: Escape from the Impact Zone. Five people who survived the 2001 terrorist attacks. (T) 3735840
10.45 FILM: **Reign Over Me (2007).** Drama, starring Adam Sandler and Don Cheadle. (T) 16461918
1.15am SuperCasino. 54911319
4.00 HouseBusters. (R) (T) 19964593
4.25 House Doctor. (R) (T) 4485406
5.00 Hana's Helpline. (R) (T) 17991154
5.10 The Milkshake! Show. (R) (T) 85810425
5.35 Thomas & Friends. (R) (T) 32441135
5.45 Roary the Racing Car. (R) (T) 35093319

ITV1

6.00am CITV: Mini CITV. 4116289
7.20 CITV. 4877173
8.25 Dinner Date. (T) 9144043
9.25 ITV News. (T) 4719840
9.30 House Gift. (R) (T) 6640647
10.25 There's No Taste Like Home. (R) (T) 6218734
11.25 The Hungry Sailors. (R) (T) 6285208
12.25pm ITV News and Weather; Weather. (T) 2594802
12.30 The X Factor. (R) (T) 5412840
1.35 Britain Then and Now. (R) (T) 4227772
2.30 FILM: **Columbo: Butterfly in Shades of Grey (1993).** A radio presenter is plotting to sabotage his adopted daughter's plans to publish her first novel and kills one of his employees for trying to help her. He thinks he has the perfect alibi, claiming that the victim was murdered while they were talking to each other on the phone, and there is a tape recording to prove it – but his ruse fails to fool the dishevelled detective. Crime drama, with Peter Falk and Molly Hagan. (T) 78545227
4.25 Doc Martin. (R) (T) 2799444
5.30 The Talent Show Story. (R) (T) 642753
6.25 Anglia News and Weather. (T) 673192
6.45 ITV News and Weather. (T) 359260
7.00 Coronation Street. Hour-long episode. Ryan announces he is thinking of leaving Weatherfield, and later packs his bags and takes the keys to the factory with the intention of stealing money for a fix. When Rob discovers him breaking in, he assumes it is a burglar and goes on the attack. Steve helps Michelle locate her son and accompanies them to hospital, which leaves Tracy in the lurch as he had promised to look after Amy so she could attend a job interview. Elsewhere, Owen employs Tina to do the books and Tommy gets a night job at a warehouse in Salford, while Sean drunkenly stumbles into a vase that holds sentimental value for Paul. (T) 3111
8.00 The Cube. Another chance to see Mo Farah take part in the game show, before he went on to win two gold medals in the London Olympic Games. Given nine lives at the start, he aims to complete up to seven fiendishly difficult challenges, ranging from agility tests to skill trials, in the hope of winning up to £250,000 for his charity, the Mo Farah Foundation. Could this remarkable athlete be the first person to take away the jackpot? Phillip Schofield hosts. (R) (T) 9531
9.00 The Last Weekend. *See Pick Of The Day.* (T) 9395
10.00 ITV News at Ten and Weather; Weather. (T) 397821
10.15 Harry's Mountain Heroes. Documentary following five soldiers wounded in Iraq and Afghanistan as they prepare to climb to the summit of Mount Everest with the support of expedition patron Prince Harry. (R) (T) 591227
11.45 Premiership Rugby Union. Highlights of the opening weekend of the season, including London Wasps v Harlequins, Saracens v London Irish and London Welsh v Leicester Tigers. (T) 330314
12.40am The Store; ITV News Headlines. 55358241
2.45 British Superbike Championship Highlights. 3005951
3.35 Motorsport UK. 3547280
4.25 ITV Nightscreen. 6511390
5.30 ITV Morning News. (T) 40574

ITV1 Central

As ITV1 Anglia except: 6.25pm Central News and Weather. (T)

Movies

SKY PREMIERE

8.00pm Rise of the Planet of the Apes. (2011) A genetically engineered chimpanzee develops superior intelligence and leads other apes against the human race. Sci-fi thriller, starring James Franco and Andy Serkis.

9.45 Shark Night. (2011) Seven college friends having a party at a secluded house by a lake fall prey to man-eating sharks lurking in the water. Horror, starring Sara Paxton and Dustin Milligan.

Fast Five, Sky Action & Adventure, 9pm

SKY ACTION & ADVENTURE

9.00pm Fast Five. (2011) A fugitive assembles a team of criminals for a heist in Rio, but the FBI's top manhunter is on their trail. Action adventure, starring Vin Diesel.

9.30 Carousel. (1956) A criminal who dies during a botched robbery returns to life 15 years later to help his family. Rodgers and Hammerstein's fantasy musical, starring Gordon MacRae and Shirley Jones.

9.45 It's Kind of a Funny Story. (2010) A teenager checks himself into a mental-health clinic for an observation, but finds he has to stay at least five days. Comedy drama, with Keir Gilchrist and Emma Roberts.

SKY CLASSICS

7.00pm Sweet Charity. (1969) A dancer searches for true love – but keeps looking in all the wrong places. Musical, starring Shirley MacLaine and John McMartin. Songs include The Rhythm of Life and Big Spender.

SKY COMEDY

8.00pm Bad Teacher. (2011) A cynical, hard-drinking teacher hopes to seduce a wealthy substitute, making an enemy of a squeaky-clean colleague. Comedy, starring Cameron Diaz and Justin Timberlake.

SKY DRAMA & ROMANCE

8.00pm The Help. (2011) An aspiring journalist in 1960s Mississippi creates controversy by giving black servants the chance to tell their stories. Drama, starring Emma Stone and Viola Davis.

10.30 The Bodyguard. (1992) Romantic thriller, starring Kevin Costner and Whitney Houston.

SKY FAMILY

8.00pm Alice in Wonderland. (2010) A 19-year-old Alice returns to the magical world she visited as a child to find a tyrannical queen has taken over. Fantasy adventure, with Mia Wasikowska and Johnny Depp.

10.00 The Sorcerer's Apprentice. (2010) Fantasy adventure, starring Nicolas Cage, Jay Baruchel and Alfred Molina.

SKY INDIE

8.00pm Half Nelson. (2006) A crack cocaine-addicted teacher working in an inner-city school forms an unlikely bond with one of his pupils. Drama, starring Ryan Gosling, Shareeka Epps and Anthony Mackie.

10.00 Sideways. (2004) Comedy, starring Paul Giamatti, Thomas Haden Church and Virginia Madsen.

SKY MODERN GREATS

8.00pm Rush Hour. (1998) An overly zealous Hong Kong detective investigating a kidnapping in Los Angeles is teamed with a loud-mouthed local cop. Comedy adventure, starring Jackie Chan and Chris Tucker.

10.00 Shaun of the Dead. (2004) An aimless man decides to get his life back on track just as zombies start to roam the streets of London to feast on the living. Comedy horror, with Simon Pegg and Nick Frost.

SKY SCI-FI/HORROR

9.00pm Apollo 18. (2011) Sci-fi horror, with Warren Christie and Lloyd Owen.

10.30 Rec 2. (2009) Horror sequel, with Jonathan Mellor, Oscar Sanchez Zafra and Manuela Velasco.

FILM4

11.00am Baby's Day Out. (1994) **1.00pm Charlotte's Web.** (2006) **2.50 Young Sherlock Holmes.** (1985) **5.00 Bandslam.** (2009) **7.10 Failure to Launch.** (2006) **9.00 This Is England.** (2006) Drama set in the 1980s, starring Thomas Turgoose. **11.05 Under Siege 2: Dark Territory.** (1995) **1.00am Candy.** (2006) **3.15 Close.**

TCM

7.10am The Grapes of Wrath. (1940) **9.40 Young Dillinger.** (1965) **11.35 Elvis: That's the Way It Is.** (1970) **1.25pm The Savage Guns.** (1962) **3.00 Something Big.** (1971) **5.05 Hondo and the Apaches.** (1967) **6.55 I Died a Thousand Times.** (1955) **9.00 Stir of Echoes.** (1999) **11.15 Cobra.** (1986) **12.55am Stir of Echoes.** (1999) **3.00 Cobra.** (1986) **5.00 Young Dillinger.** (1965)

Radio

BBC RADIO 2

(FM: 88-90.2MHZ)
6.00am Good Morning Sunday. **9.00** Steve Wright's Sunday Love Songs. **11.00** Weekend Wogan. **1.00pm** Elaine Paige on Sunday. **3.00** Johnnie Walker's Sounds of the 70s. **5.00** Paul O'Grady. **7.00** Tim Rice's American Pie. **8.00** Gene Krupa. **8.30** Sunday Half Hour. **9.00** Russell Davies. **10.00** Clare Teal. **11.00** The David Jacobs Collection. **12.00am** Janice Long. **2.00** Alex Lester. **5.00** Vanessa Feltz.

BBC RADIO 3

(FM: 90.2-92.4MHZ)
7.00am Breakfast; News. **9.00** Sunday Morning with Rob Cowan. **12.00pm** Private Passions; News. **1.00** The Early Music Show. **2.00** Sunday Concert. **4.00** BBC Proms 2012. **5.15** New Generation Artists. **5.45** Proms Plus. **6.30** Choral Evensong. **7.30** BBC Proms 2012. The Leipzig Gewandhaus Orchestra performs works by Messiaen and Mahler. **10.15** World Routes. **11.15** Jazz Line-Up. **12.30am** Through the Night.

BBC RADIO 4

(FM: 92.4-94.6MHZ, LW: 198KHZ)
6.00am News Headlines. **6.05** Something Understood. **6.35** On Your Farm. **6.57** Weather. **7.00** News. **7.07** Sunday Papers. **7.10** Sunday. **7.55** Radio 4 Appeal. **7.57** Weather. **8.00** News. **8.07** Sunday Papers. **8.10** Sunday Worship. **8.50** A Point of View. **9.00** Broadcasting House. **10.00** (LW) Live International One-Day Cricket. **10.00** (FM) The Archers. **11.15** (FM) The Reunion. **12.00pm** (FM) News. **12.01** (LW) Shipping Forecast. **12.04** (LW) Live International One-Day Cricket. **12.04** (FM) Just a Minute. **12.30** (FM) The Food Programme. **12.57** (FM) Weather. **1.00** (FM) The World This Weekend. **1.30** (FM) No Triumph, No Tragedy. **2.00** (FM) Gardeners' Question Time. **2.45** (FM) Witness. **3.00** (FM) Classic Serial: The Grapes of Wrath. **4.00** (FM) Book Club. **4.30** (FM) Poetry Please. **5.00** (FM) The Lifecycle of a Bullet. **5.40** (FM) Profile. **5.54** Shipping Forecast. **5.57** (LW) Live International One-Day Cricket. **5.57** (FM) Weather. **6.00** Six O'Clock News. **6.15** Pick of the Week. **7.00** The Archers. **7.15** Alex Horne Presents The Horne Section Edinburgh Special. **7.45** Comic Fringes. **8.00** Feedback. **8.30** Last Word. **9.00** Money Box. **9.26** Radio 4 Appeal. **9.30** In Business. **9.59** Weather. **10.00** The Westminster Hour. **11.00** The Film Programme. **11.30** Something Understood. **12.00am** News and Weather. **12.15** Thinking Allowed. **12.45** Bells on Sunday. **12.48** Shipping Forecast. **1.00** World Service. **5.20** Shipping Forecast. **5.30** News Briefing. **5.43** Prayer for the Day. **5.45** Farming Today.

BBC RADIO CAMBRIDGESHIRE

(AM: 1026KHZ, FM: 96MHZ)
6.00am Suzie Roberts. **9.00** Mark Rumble. **12.00pm** Chris South. **2.00** Walk Right Back. **4.00** Steve Cherelle. **6.00** Naked Scientists. **7.00** Bridget Metcalfe. **9.00** Northern Soul Show. With Ian Gray. **11.00** Keith Skues. **1.00am** As Radio 5 Live.

BBC RADIO 1 (FM: 97.8-99.8MHz)
BBC FIVE LIVE (AM: 693kHz, 909kHz)
HEART (FM: 103/97.4MHz)
STAR 107 (FM: 107.1MHZ, 107.9MHZ)
CLASSIC FM (FM: 100-102MHz)
CAMBRIDGE 105 (FM:105MHz)
TALKSPORT (AM: 1053kHz, 1089kHz, 1107kHz)

Satellite

SKY1

6.00am Hour of Power.† **7.00** Raising Hope.† **7.30** Raising Hope.† **8.00** Raising Hope.† **8.30** Raising Hope.† **9.00** Best of Oops TV. **10.00** WWE Superstars.† **11.00** WWE: Experience.† **12.00pm** Raising Hope.† **12.30** Raising Hope.† **1.00** Futurama. **1.30** Futurama. **2.00** Futurama. **2.30** Futurama. **3.00** Modern Family.† **3.30** The Middle.† **4.00** Modern Family.† **4.30** The Middle.† **5.00** The Simpsons.† **5.30** The Simpsons.† **6.00** The Simpsons.† **6.30** Raising Hope.† **7.00** Sinbad.† **8.00** Terra Nova.† **9.00** Strike Back: Vengeance.† **10.00** An Idiot Abroad.† **11.00** Brit Cops: Frontline Crime UK.† **12.00am** Emergency with Angela Griffin.† **1.00** Raising Hope.† **1.30** 99 Most Bizarre. **2.30** Dog Squad.† **3.00** Dog Squad.† **3.30** Airline.† **4.00** Gadget Geeks.† **5.00** Crash Test Dummies.

GOLD

6.00am Bread. **6.30** The Brittas Empire. **7.00** Last of the Summer Wine. **7.40** Last of the Summer Wine. **8.20** Last of the Summer Wine. **9.00** Keeping Up Appearances. **9.40** Keeping Up Appearances. **10.20** Keeping Up Appearances. **11.00** Open All Hours. **11.40** Open All Hours. **12.20pm** Open All Hours. **1.00** Only Fools and Horses. **1.40** Only Fools and Horses. **2.25** Only Fools and Horses. **3.00** Last of the Summer Wine. **3.40** Last of the Summer Wine. **4.20** Last of the Summer Wine. **5.00** Keeping Up Appearances. **5.40** Keeping Up Appearances. **6.20** Keeping Up Appearances. **7.00** Only Fools and Horses. **7.40** Only Fools and Horses. **8.25** Only Fools and Horses. **9.05** Outnumbered. **9.45** Outnumbered. **10.20** Fry and Laurie Reunited. **11.55** Outnumbered. **12.35am** Outnumbered. **1.15** Fry and Laurie Reunited. **2.25** The Black Adder. **3.00** Close.

SKY LIVING

6.00am Passport Patrol. **6.30** Passport Patrol. **7.00** Ghost Whisperer.† **8.00** Drop Dead Diva.† **9.00** The Biggest Loser US.† **11.00** CSI: Crime Scene Investigation.† **12.00pm** Criminal Minds.† **1.00** Nothing to Declare. **1.30** Nothing to Declare. **2.00** Passport Patrol. **2.30** Passport Patrol. **3.00** Cougar Town.† **3.30** Sing Date.† **4.00** Sing Date.† **4.30** Sing Date.† **5.00** Sing Date.† **5.30** Sing Date.† **6.00** Britain & Ireland's Next Top Model.† **7.00** Teen Wolf.† The Kanima goes to a rave under the command of its new master. **8.00** Styled to Rock.† The contenders design outfits for Little Mix. **9.00** Smash.† **10.00** Supernatural.† **11.00** Grey's Anatomy.† **12.00am** Nikita.† **1.00** Maury. **1.50** The Biggest Loser US.† **3.30** Passport Patrol. **3.55** Passport Patrol. **4.20** Nothing to Declare. **4.45** Nothing to Declare. **5.10** Nothing to Declare. **5.35** Nothing to Declare.

NAT GEOGRAPHIC

6.00am Teleshopping. **6.30** Teleshopping. **7.00** Teleshopping. **7.30** Teleshopping. **8.00** America's Lost Treasures.† **9.00** America's Lost Treasures.† **10.00** Full Force Nature.† **10.30** Full Force Nature.† **11.00** Full Force Nature.† **11.30** Full Force Nature.† **12.00pm** American Doomsday.† **1.00** Doomsdayers 2012.† **2.00** Doomsday Prophecies.† **3.00** Doomsday Prophecies.† **4.00** Doomsday 2210?† **5.00** 2012: The Final Prophecy.† **6.00** America's Lost Treasures.† **7.00** Viking Apocalypse.† **8.00** Banged Up Abroad. **9.00** 9/11: The World's Fallen.† **10.00** Inside 9/11.† **11.00** Inside 9/11.† **12.00am** Headshrinkers of the Amazon.† **1.00** Banged Up Abroad.† **2.00** Teleshopping. **2.30** Teleshopping. **3.00** Doomsday Prophecies.† **3.45** Doomsday Prophecies.† **4.30** Doomsday 2210?† **5.15** American Doomsday.†

DISCOVERY

6.00am Raging Planet.† **7.00** How Do They Do It?† **7.30** How It's Made. **8.00** Mythbusters.† **9.00** Mythbusters.† **10.00** Mythbusters.† **11.00** Mythbusters.† **12.00pm** Titanic: Birth of a Legend. **1.30** Titanic: The Aftermath.† **3.30** How Do They Do It?† **4.00** How Do They Do It?† **4.30** How Do They Do It?† **5.00** How It's Made. **5.30** How It's Made. **6.00** Auction Kings.† **6.30** Auction Kings.† **7.00** Auction Hunters.† **7.30** Auction Hunters.† **8.00** Mythbusters.† **9.00** Finding Bigfoot.† **10.00** I Shouldn't Be Alive.† **11.00** How the Universe Works.† **12.00am** Finding Bigfoot.† **1.00** I Shouldn't Be Alive.† **2.00** Mythbusters.† **3.00** Mythbusters.† **3.50** Mythbusters.† **4.40** Mythbusters.† **5.30** Destroyed in Seconds.

† Indicates a programme is available in High Definition

Freeview

BBC THREE

7.00pm Formula 1: Belgian Grand Prix Highlights.† **8.00** Great TV Mistakes. **8.10** FILM: Indiana Jones and the Temple of Doom. (1984) Action adventure, starring Harrison Ford. **10.00** Family Guy. **10.20** Family Guy. **10.45** Bad Education. **11.15** American Dad! **11.35** American Dad! **12.00am** Our War. **1.00** The Comedy Marathon Spectacular. **2.00** The Revolution Will Be Televised. **2.30** Bad Education. **3.00** The Comedy Marathon Spectacular. **4.00** Close.

BBC FOUR

7.00pm Himalaya with Michael Palin. **8.00** The Thirties in Colour. **9.00** FILM: Creation. (2009) Biopic of Charles Darwin, starring Paul Bettany and Jennifer Connelly. **10.40** Darwin's Struggle: The Evolution of the Origin of Species. **11.40** Paul Simon: Live at Webster Hall, New York. **12.40am** Imagine. **2.10** Himalaya with Michael Palin. **3.10** Close.

E4

6.00am Switched. **6.20** Switched. **6.45** One Tree Hill.† **7.35** T4: Scrubs. **8.05** T4: Scrubs. **8.35** T4: Hollyoaks. **11.10** T4: T4: Watch. **11.30** T4: Smallville.† **12.30pm** T4: Rules of Engagement.† **1.00** T4: Rules of Engagement.† **1.25** T4: T4: Listen. **1.45** How I Met Your Mother.† **2.10** Ugly Betty.† **3.10** Charlie's Angels.† **4.05** New Girl.† **4.35** Suburgatory.† **5.05** Revenge.† **6.00** The Big Bang Theory.† **6.30** The Big Bang Theory.† **7.00** The Big Bang Theory.† **7.30** The Big Bang Theory.† **8.00** FILM: Big Momma's House 2.† (2006) Comedy sequel, with Martin Lawrence and Nia Long. **10.00** The Inbetweeners. **10.35** The Inbetweeners. **11.05** 2 Broke Girls.† **11.35** New Girl.† **12.00am** The Inbetweeners. **12.35** Beaver Falls.† **1.35** The Event.† **2.15** The Secret Life of Us. **3.05** Dirty Sexy Money.† **3.45** Accidentally on Purpose.† **4.05** Accidentally on Purpose.† **4.25** Switched. **4.50** Switched. **5.10** Switched.

MORE4

8.55am Baking Mad with Eric Lanlard. **9.35** River Cottage Bites. **9.45** Jamie's 30 Minute Meals. **10.15** Time Team. **11.20** Four in a Bed. **11.55** Four in a Bed. **12.25pm** Four in a Bed. **12.55** Four in a Bed. **1.30** Four in a Bed. **2.00** Come Dine with Me. **2.35** Come Dine with Me. **3.05** Come Dine with Me. **3.40** Come Dine with Me. **4.10** Come Dine with Me. **4.45** Deal or No Deal. **5.45** Wars of the Roses: A Time Team Special. **6.50** The Tallest Tower: Building the Shard. **7.55** River Cottage Every Day. **9.00** One Born Every Minute. **10.00** Father Ted. **10.35** Father Ted. **11.10** Embarrassing Bodies. **12.15am** One Born Every Minute. **1.15** Father Ted. **1.50** Father Ted. **2.25** Embarrassing Bodies.

ITV2

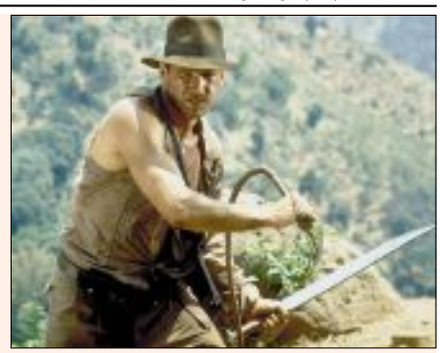
6.00am The Planet's Funniest Animals. **6.25** All Star Family Fortunes. **7.00** Emmerdale.† **9.50** Coronation Street.† **11.20** Winners & Losers.† **12.15pm** Peter Andre's Bad Boyfriend Club.† **1.15** FILM: Curly Sue.† (1991) Family comedy, starring James Belushi, Kelly Lynch and Alisan Porter. Including FYI Daily. **3.15** FILM: Beethoven's 2nd.† (1993) Comedy sequel, with Charles Grodin, Bonnie Hunt, Chris Penn and Nicholle Tom. Including FYI Daily. **5.00** FILM: Babe.† (1995) Family comedy, with James Cromwell and Magda Szubanski. **7.00** The X Factor.† **8.00** The Xtra Factor.† **9.00** Benidorm.† **10.00** FILM: I Now Pronounce You Chuck & Larry.† (2007) Comedy, with Adam Sandler, Kevin James and Jessica Biel. **12.20am** FILM: Best in Show.† (2000) Spoof documentary, starring Eugene Levy. **2.05** The Planet's Funniest Animals. **2.30** Teleshopping. **5.30** ITV2 Nightscreen.†

ITV3

6.00am Carry On Laughing. **6.25** Hamish Macbeth. **7.20** Hamish Macbeth. **8.25** Heartbeat. **9.30** Heartbeat. **10.35** Agatha Christie's Poirot.† **12.45pm** Jane Austen's Emma.† **2.55** FILM: Anna Karenina. (1947) Drama, based on Tolstoy's novel, with Vivien Leigh. **5.40** Agatha Christie's Poirot.† **7.55** Agatha Christie's Poirot.† **9.00** FILM: Dangerous Liaisons.† (1988) Period drama, starring John Malkovich. **11.30** Cracker. **12.30am** Inspector Wexford. **2.05** The Casebook of Sherlock Holmes.† **3.00** Drama Trails. **3.10** ITV3 Nightscreen.† **3.40** Emmerdale.†

ITV4

6.00am Film File.† **6.10** The Saint. **7.00** The Cycle Show.† **8.00** Cycling. **9.05** DTM German Touring Car Series Highlights.† **9.35** FILM: Secret Agent. (1936) Thriller, with John Gielgud.



Indiana Jones and the Temple of Doom, BBC Three, 8.10pm

11.25 FILM: Without a Clue.† (1988) Comedy, with Michael Caine and Ben Kingsley. Including FYI Daily. **1.40pm** FILM: Casino Royale.† (1967) Spoof adventure, with David Niven, Peter Sellers and Woody Allen. Including FYI Daily. **4.20** FILM: Red River.† (1948) A tough Texan rancher's harsh discipline on a cattle drive leads to conflict with his foster son and his men. Howard Hawks' Western, starring John Wayne and Montgomery Clift. Including FYI Daily. **7.00** Cycling. **8.00** Premiership Rugby Union. **9.00** FILM: Every Which Way But Loose.† (1978) A street-fighting trucker sets out on a cross-country road trip with his orang-utan sidekick to find a runaway woman. Comedy, with Clint Eastwood, Sondra Locke and Geoffrey Lewis. Including FYI Daily. **11.15** FILM: A Dangerous Man.† (2010) An ex-convict protects a kidnap victim from gangsters, corrupt cops and Chinese special agents. Action thriller, starring Steven Seagal and Jeanettea Antonio. **1.15am** World's Wildest Police Videos. **2.10** The Saint. **3.00** Teleshopping.

5USA

6.00am Teleshopping. **12.00pm** Cinemania. **12.15** CSI: NY. **1.15** FILM: Chief Crazy Horse. (1955) Fact-based Western, telling the story of the Native American who leads his people in an uprising when they are driven from their land by a gold rush. Starring Victor Mature. **3.00** NCIS. **4.00** NCIS. **5.00** Person of Interest. **5.58** Inside Hollywood. **6.00** CSI: Miami. **7.00** CSI: NY. **8.00** CSI: NY. **9.00** CSI: NY. **10.00** CSI: Miami. **11.00** CSI: Crime Scene Investigation. **12.00am** CSI: NY. **1.00** Close.

5*

6.00am Teleshopping. **1.00pm** 5* Access. **1.10** Celebrity Big Brother. **2.15** FILM: The Mask of Zorro. (1998) Swashbuckling adventure, starring Anthony Hopkins and Catherine Zeta-Jones. **5.00** Police Interceptors. **6.00** Police Interceptors. **7.00** Once Upon a Time. **8.00** The Mentalist. **9.00** The Mentalist. **10.00** Celebrity Big Brother's Bit on the Side. **11.00** The Bachelor. **12.00am** Teleshopping.

DAVE

7.00am Bang Goes the Theory. **7.30** Bang Goes the Theory. **8.00** Trawlermen. **8.40** The Gadget Show. **9.10** The Gadget Show. **9.40** Top Gear. **10.40** Shooting Stars.† **11.20** Shooting Stars.† **12.00pm** Man v Food.† **12.30** Man v Food.† **1.00** Top Gear. **2.00** The Impressions Show with Culshaw and Stephenson. **2.40** QI. **3.20** Dara O Briain: School of Hard Sums.† **4.00** Man v Food.† **4.30** Man v Food.† **5.00** Top Gear. **6.00** The Impressions Show with Culshaw and Stephenson. **6.40** QI. **7.20** Dara O Briain: School of Hard Sums.† **8.00** Man v Food.† **8.30** Man v Food.† **9.00** Red Dwarf: Back to Earth.† **10.30** Red Dwarf: The Making of Back to Earth.† **11.00** Mock the Week. **11.40** Mock the Week. **12.20am** Russell Howard's Good News. **1.20** Red Dwarf: Back to Earth.† **2.35** Banzai. **3.00** Close.

Sport

SKY SPORTS 1

6.00am Aerobics Oz Style. **6.30** Football First.† **8.00** Football First.† **9.30** The Sunday Supplement.† **11.00** Goals on Sunday.† **1.00pm** Live Super Sunday.† Liverpool v Arsenal (Kick-off 1.30pm). **3.30** Live Super Sunday.† Southampton v Manchester United (Kick-off 4.00pm). **6.45** Live Spanish Football.† Real Madrid v Granada (Kick-off 6.50pm). **8.30** Live Spanish Football.† Barcelona v Valencia (Kick-off 8.30pm). **10.30** Football Special.† **12.00am** Champions League Weekly.† **12.30** Spanish Football.† **2.00** Football Special.† **3.30** International One-Day Cricket.† **5.30** Champions League Weekly.†

SKY SPORTS 2

6.00am Thrillseekers. **6.25** Spanish Football.† **8.30** International Fight Night.† **10.00** Live International One-Day Cricket.† England v South Africa. **6.30pm** Live Super League.† Coverage of a crucial game. **9.00** International One-Day Cricket.† **11.00** Test Cricket.† **12.00am** Super League Full Time.† **1.00** Live IndyCar Series.† The Grand Prix of Baltimore. **3.00** WWE: Experience.† **4.00** WWE: Late Night – Afterburn.† **5.00** This Week In WWE.† **5.30** Canter Banter.

SKY SPORTS 3

6.00am Live Test Cricket.† India v New Zealand. **12.30pm** Sporting Greats. **1.00** Sporting Greats. **1.30** Live Premiership Rugby Union.† **4.00** Live US Open Tennis.† Coverage of day seven. **12.00am** Live US Open Tennis.† Further coverage of day seven. **4.00** Sporting Greats. **4.30** Sporting Greats. **4.55** Live Test Cricket.† India v New Zealand.

EUROSPORT

7.30am Cycling. **8.00** Cycling: Vuelta a Espana. **9.00** Live Intercontinental Rally Challenge. The Barum Czech Rally Zlin. **10.00** Cycling: Vuelta a Espana. **10.45** Live Porsche Super Cup. The Belgian Grand Prix. **11.30** Intercontinental Rally Challenge. **12.00pm** Live Intercontinental Rally Challenge. The Barum Czech Rally Zlin. **1.00** US Open Tennis.† The third round of the men's and women's competitions. **4.00** Live US Open Tennis.† Day seven at Flushing Meadows in New York.

ESPN

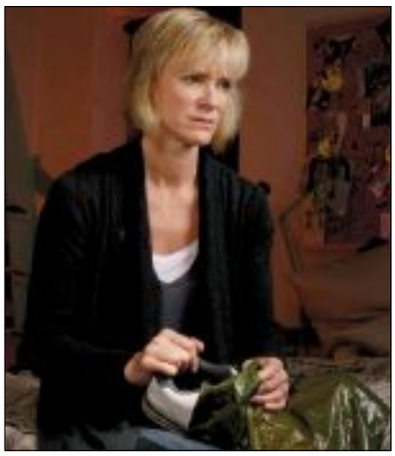
6.00am ESPN Kicks: MLS. **6.30** Premier League Football.† Manchester City v Queens Park Rangers. **8.30** Australian Rules Football. Carlton Blues v St Kilda Saints. **11.00** Major League Soccer. **12.45pm** Live French Football.† Bordeaux v Nice (Kick-off 1.00pm). **3.15** Serie A.† Bologna v AC Milan. **4.00** Live Scottish Football.† Rangers v Elgin City (Kick-off 4.30pm). **6.45** Talk of the Terrace.† Football debate show. **7.15** Live Serie A.† Inter Milan v AS Roma (Kick-off 7.45pm). **10.00** Pardon the Interruption UK.† British version of the sports chat and debate show. **10.30** UFC 151.† Jon Jones v Dan Henderson. **1.30am** FIA GT1 World Championship.† **3.00** Premiership Rugby Union.† **4.30** Premiership Rugby Union.†

MONDAY September 3

Main Channels

BBC1

6.00am Breakfast. (C) 99838222
9.15 Rip Off Britain. (C) 5016241
10.00 Homes Under the Hammer. (C) 13357
10.58 BBC News; Weather. (C) 8855338
11.00 Escape to the Country. (C) 3053390
11.45 Cash in the Attic. (R) (C) 116222
12.13pm BBC News; Weather. (C) 2571951
12.15 Bargain Hunt. From Edinburgh. (C) 6176222
1.00 BBC News; Weather. (C) 67339
1.30 Regional News; Weather. (C) 30344319
1.40 Doctors. (C) 71105222
2.10 Only Fools and Horses. A double-bill of the first-ever episodes of the classic comedy. (R) (C) 2579883
3.05 CBBC: Marrying Mum and Dad. (R) (C) 7480574
3.35 Splatalot. (R) (C) 4064390
4.00 Shaun the Sheep. (R) (C) 5535932
4.10 Wingin' It. (R) (C) 3408086
4.30 Sam & Mark's Big Wind Up. (R) 12
5.00 Newsround. (C) 2892241
5.15 Pointless. Quiz show in which contestants have to score the fewest points possible by giving the least obvious correct answers to questions. Presented by Alexander Armstrong and Richard Osman. (C) 2113970
6.00 BBC News; Weather. (C) 77
6.30 Look East; Weather. (C) 57
7.00 The One Show. The first visit of the week to the One Show studio, where Matt Baker and Alex Jones present topical stories and celebrity chat. (C) 3970
7.30 Fake Britain. City of London police officers pursue one of the country's most audacious ID fraudsters, and Dominic Littlewood investigates the fake baby carriers jeopardising children's safety; (C) BBC News; Regional News. (C) 41
8.00 EastEnders. Ian feels like part of the family again, only to receive another setback. Kat struggles to resist her lover's charms, while Tanya and Sharon embarrass themselves in the playground. (C) 9390
8.30 Dial 999 – and Wait?: Panorama. Declan Lawn investigates claims that cuts in public spending are affecting response times by the emergency services, leaving people waiting when they need help the most. (C) 8425
9.00 New Tricks. The case of a missing PE teacher is reinvestigated when the remains of a body are discovered near the elite public boarding school where he taught. (C) 1222
10.00 BBC News. (C) 145593
10.25 Regional News; Weather. (C) 496999
10.35 Citizen Khan. Mr Khan has to take his mother-in-law shopping, jeopardising his big opportunity to hob-nob with the bigwigs of Sparkhill Business Association. (C) 787609
11.05 Gavin & Stacey. Dave is unhappy about Nessa's plans to visit Essex, Stacey ensures Gavin sticks to his promise while she finds a new job, and Pam and Mick host a beer and curry night. (R) (C) 738609
11.35 The Lock Up. Sgt Dave Porteus races to the rescue of a woman who has tried to kill herself by stuffing toilet paper down her throat after being arrested for burglary. (R) (C) 664262
12.15am FILM: Arachnophobia (1990). Comedy horror, starring Jeff Daniels. (C) 301162
2.00 Weatherview. (C) 7593568
2.05 Sign Zone: Engineering Giants: Ferry Strip-Down. (R) (C) 5053520
3.05 Sign Zone: The Riots: In Their Own Words. (R) (C) 8344891
4.05 Sign Zone: Britain's Heritage Heroes. (R) (C) 38471075
4.35 BBC News. (C) 6439742



Pick of the day

A Mother's Son

ITV1, 9pm

Martin Clunes stars as Ben, a recently remarried man, settling into a new home with his wife Rosie (Hermione Norris, pictured) and her two children as well as his own two from a previous marriage. The family, and whole community, is shocked by the murder of a local teenager. However, that shock is nothing compared to what Rosie feels when she finds a blood-stained pair of trainers hidden in her son Jamie's room.

Paralympic Games 2012 Tonight

Channel 4, 7.30pm

Clare Balding and Ade Adepitan present coverage of day five of the Games, featuring athletics and swimming finals. The swimming includes the final of the women's freestyle relay, while the women's T54 400m race on the track is expected to be a clash between Britain's Jade Jones and Paralympic legend Chantal Petitclerc of Canada, and Mickey Bushell is among the favourites in the men's T53 100m at 8.03.

BBC2

6.00am CBeebies: Guess with Jess. (R) (C) 8651951 **6.10 Louie.** (R) (C) 8642203 **6.20 Wibbly Pig.** (R) (C) 8671715 **6.30 64 Zoo Lane.** (R) (C) 8887845 **6.40 Chuggington.** (R) (C) 8816357 **6.50 Rastamouse.** (R) (C) 2720609 **7.00 CBBC: Barney's Latin America.** (R) (C) 96680 **7.30 League of Super Evil.** (R) (C) 1745628 **7.40 Leon.** (R) (C) 9916393 **7.45 Frankenstein's Cat.** (R) (C) 6661226 **7.55 Newsround.** (C) 2408222 **8.00 What's New Scooby-Doo?** (R) (C) 2425999 **8.25 CBeebies: Buzz and Tell.** (R) (C) 5057609 **8.30 Nina and the Neurons: In the Lab.** (R) (C) 9553116 **8.45 Baby Jake.** (R) (C) 9581999 **9.00 Tinga Tinga Tales.** (R) (C) 9233086 **9.10 Uki.** (R) (C) 9222970 **9.20 Raa Raa the Noisy Lion.** (R) (C) 4781067 **9.30 The Large Family.** (R) (C) 9807086 **9.40 The Koala Brothers.** (R) (C) 1424222 **9.50 Dirtgirlworld.** (R) (C) 1420406 **10.00 Octonauts: Creature Reports.** (R) (C) 7979154 **10.05 Kerwhizz.** (R) (C) 2109512 **10.30 Driver Dan's Story Train.** (R) (C) 9258970 **10.40 Waybuloo.** (R) (C) 2035241 **11.00 In the Night Garden.** (R) (C) 3222 **11.30 BBC World News.** (C) 4951 **12.00pm Daily Politics.** (C) 47241 **1.00 My Life in Books.** (R) (C) 95951 **1.30 To Buy or Not to Buy.** (R) (C) 9554390 **2.15 Weakest Link.** (R) (C) 2591222 **3.00 Wanted Down Under.** (R) (C) 7870116 **3.45 Hairy Bikers' Best of British.** (R) (C) 4853864 **4.30 Flog It!** (C) 2546951 **5.15 Put Your Money Where Your Mouth Is.** (R) (C) 2111512
6.00 Eggheads. (R) (C) 19
6.30 Celebrity MasterChef. (C) 99
7.00 Celebrity Antiques Road Trip. (C) 3680
8.00 University Challenge. Magdalen College, Oxford, take on Sidney Sussex College, Cambridge. (C) 7932
8.30 Lorraine's Fast, Fresh and Easy Food. Lorraine Pascale indulges in her passion for baking, and demonstrates straightforward ways to prepare dishes including strawberry cakes and slow-baked leg of lamb. (C) 6067
9.00 Horizon: How Small Is the Universe? Scientists discuss their attempts to find the universe's smallest object, a quest they hope may lead to the discovery of miniature black holes and possibly parallel universes. (C) 9864
10.00 James May's Things You Need to Know. The *Top Gear* presenter explores the science of speed. (C) 17512
10.30 Newsnight; (C) Weather. (C) 898845
11.20 Toughest Place to Be a Nurse. (R) (C) 952777
12.20am Richard Hammond's Crash Course. (R) (C) 4614013
1.05 BBC News. (C) 46035029
3.20 The Super League Show. (C) 5060100
4.00 BBC Learning Zone. (C) 59617

Channel 4

6.05am Paralympic Games 2012 Tonight. (R) (T) 3915593 **7.00 Paralympic Games Breakfast Show.** (T) 25436116 **9.15 Paralympic Games 2012.** Including swimming, athletics and table tennis. (T) 88902715 **12.00pm Channel 4 News Summary.** (T) 2580609 **12.05 Paralympic Games 2012.** Featuring 7-a-side football and athletics. (T) 2625086 **1.00 Paralympic Games 2012.** Wheelchair basketball, equestrian and sitting volleyball on day five. (T) 3922067 **4.20 Come Dine with Me.** Music teacher Ed Hintze hosts the first party in West Dorset. (T) 5474116 **4.55 The Simpsons.** Homer and Marge dispense marital advice. (R) (T) 9174883 **5.25 Paralympic Games 2012.** Live coverage of the latest swimming finals. (T) 1548241
6.30 Hollyoaks. The Savages pick up the pieces after Dodger's shock announcement. Esther and Ruby dread their first day of college, while the Kanes could be forced to accept charity. This programme will not be broadcast on Channel 4 HD. (T) 67
7.00 Channel 4 News. (T) 6680
7.30 Paralympic Games 2012 Tonight. *See Pick Of The Day.* (T) 798154
10.30 The Last Leg with Adam Hills. The comedian presents an alternative review of the day's Paralympics action, focusing on the key moments and talking points with sidekick Josh Widdicombe and guests from the sports and showbiz worlds. (T) 719999
11.15 The Girl Who Became Three Boys. Twenty-one-year-old Gemma Barker is currently serving 30 months in prison for fraud and sexual assault. Over the course of several months Gemma invented and impersonated three different boys - 'Aaron', 'Luke' and 'Connor' - each of whom had their own mobile number, e-mail address and social network page. Under these three separate guises she went on to seduce two teenage girls. This film tells the extraordinary story through the personal accounts of Gemma's victims, who speak frankly about their experiences, and explores the possible motivations for such bizarre criminal behaviour. (R) (T) 514796
12.20am The Good Wife. Diane represents her on-off boyfriend. (T) 4609181
1.05 The Good Wife. (T) 5349013
1.50 Revenge. (T) 9442520
2.30 Happy Endings. (T) 9755988
2.50 St Elsewhere. (R) (T) 2562723
3.40 Eating for Two. (R) (T) 79305384
3.45 School Disco. (R) (T) 79395907
3.55 Deal or No Deal. (R) (T) 6874926
4.50 Make Do & Mend. (R) (T) 96041384
5.15 Baking Mad with Eric Lanlard. (R) (T) 6671384
5.40 Freshly Squeezed. (T) 1394162

Channel 5

6.00am Milkshake!: Thomas & Friends. (R) (T) 26831048 **6.10 The WotWots.** (R) (T) 26855628 **6.20 City of Friends.** (R) (T) 26844512 **6.30 Jelly Jamm.** (R) (T) 87382512 **6.45 Peppa Pig.** (R) (T) 54220661 **6.50 Big School.** (R) (T) 54241154 **7.00 Little Princess.** (R) (T) 5020116 **7.10 Ben and Holly's Little Kingdom.** (R) (T) 5059628 **7.20 The Mr Men Show.** (R) (T) 5039864 **7.35 Thomas & Friends.** (R) (T) 7204609 **7.45 Make Way for Noddy.** (R) (T) 7284845 **8.00 Fifi and the Flowertots.** (R) (T) 3389574 **8.15 Peppa Pig.** (R) (T) 8208244 **8.25 Peppa Pig.** (R) (T) 5394203 **8.30 Roary the Racing Car.** (R) (T) 6946357 **8.45 Bananas in Pyjamas.** (T) 6934512 **9.00 Abby's Flying Fairy School.** (R) (T) 9118680 **9.15 The Wright Stuff.** 71617319 **11.10 Robson's Extreme Fishing Challenge.** (R) (T) 5085574 **12.05pm The Family Recipe.** (R) (T) 11255135 **12.10 5 News Lunchtime.** (T) 11247116 **12.15 Celebrity Big Brother.** (R) (T) 4435425 **1.15 Home and Away.** (T) 6942777 **1.45 Neighbours.** (T) 6941048 **2.15 NCIS.** (R) (T) 4415661 **3.15 FILM: Back to You and Me (2005).** Drama, starring Lisa Hartman Black. (T) 58090512 **5.00 5 News at 5.** (T) 1026628 **5.30 Neighbours.** (R) (T) 1485883
6.00 Home and Away. (R) (T) 1482796
6.30 5 News at 6.30. (T) 1473048
7.00 World's Scariest Near Misses. People who have stared death in the face, including a pilot who bailed out seconds before his plane hit the ground and a teenager buried in sand for an hour; (R) (T) 5 News Update. (T) 5278796
8.00 Frontline Police. Rav Wilding accompanies Essex police officers on a drugs raid, but the operation turns into a chase when the suspect escapes through the back door; (T) 5 News at 9. (T) 5254116
9.00 Celebrity Big Brother. Marcus Bentley narrates as the famous housemates lie in their beds, chat on the sofas and argue in the kitchen – all for the enjoyment of the viewing public. (T) 5267680
10.00 Celebrity Wedding Planner. *Neighbours* star Ryan Moloney (Toadfish Rebecchi) and former castmate Mark Little (Joe Mangel) plan a wedding in a zoo for a London couple, complete with a wakeboarding hen party. (T) 5277067
11.00 Celebrity Big Brother's Bit on the Side. Emma Willis presents the CBB companion show, including celebrity guests' thoughts on the latest developments and behind-the-scenes insights. (T) 8932845
12.00am The Hotel Inspector. (R) 4020013
12.55 SuperCasino. 57641520
4.05 Sons of Anarchy. (T) 94095549
5.10 Wildlife SOS. (R) (T) 85714297
5.35 Wildlife SOS. (R) (T) 32570617

ITV1

6.00am Daybreak. (T) 469970
8.30 Lorraine. (T) 3510970
9.25 The Jeremy Kyle Show. (T) 3222816
10.30 This Morning. (T) 83222
12.30pm Loose Women. New series. With radio and TV presenter Chris Moyles. (T) 40593
1.30 ITV News and Weather. (T) 71111883
1.55 Anglia News and Weather. (T) 78595222
2.00 Dickinson's Real Deal. David Dickinson helps people in Peterborough sort the treasures from their trash. (R) (T) 85086
3.00 The Alan Titchmarsh Show. New series. The presenter returns with the chat show celebrating all things British. (T) 2593
3.59 Anglia Weather. (T) 1601661
4.00 My Tasty Travels with Lynda Bellingham. New series. The actress embarks on a culinary adventure across the UK in her trusty camper van, beginning in the heart of Surrey, where she competes in a sponge-baking contest. (T) 1628
5.00 The Chase. Bradley Walsh presents as four contestants answer general knowledge questions and work as a team to take on ruthless quiz genius the Chaser and secure a cash prize. (T) 4609
6.00 Anglia Tonight; Weather. (T) 45
6.30 ITV News and Weather. (T) 25
7.00 Emmerdale. Amy's fragile relationship with her mother takes another blow when Kerry's ex-boyfriend shows up, and it becomes clear she has been lying to both of them. Meanwhile, Laurel and Marlon are left to deal with the consequences of Paddy's actions, and Alex offers to move out of Moira's. (T) 5338
7.30 Coronation Street. Tommy pushes for extra shifts with the security firm, despite being exhausted, so that he can clear his debt as soon as possible. Kirsty reminds him that his payment is due and Tina takes the money to her, but their words become heated. Meanwhile, Tracy hatches a plan when she sees Ryan working in Dev's kebab shop and Eileen finds a replacement for Paul's vase, not realising the original had a distinctive crack. (T) 39
8.00 Paul O'Grady: For the Love of Dogs. New series. The comedian follows the work of Battersea Dogs & Cats Home in London, meeting staff involved in treating, training and rehoming animals. (T) 4086
8.30 Coronation Street. Tommy drives the pizza van to work after Kirsty's meddling makes him miss the bus, but his exhaustion places him in peril. Steve and Michelle discover Tracy is Ryan's new workmate. (T) 3593
9.00 A Mother's Son. *See Pick Of The Day.* (T) 6390
10.00 ITV News at Ten and Weather. (T) 11338
10.30 Anglia News and Weather. 621845
10.35 FILM: Land of the Dead (2005). The walking dead break through the perimeters of a walled city, forcing the survivors to fight them off. Zombie horror, starring Dennis Hopper. (T) 87446135
12.15am Jackpot247; ITV News Headlines. 10180988
2.20 Champions League Weekly. (T) 8155365
2.45 ITV Nightscreen. 452742
4.35 The Jeremy Kyle Show. (R) (T) 7993839
5.30 ITV Morning News. (T) 99013

ITV1 Central

As ITV1 Anglia except: 1.55pm Local News and Weather. (T) 3.59 Local Weather. (T) 6.00 Central Tonight; Weather. (T) 10.30 Local News and Weather.

TUESDAY September 4

Main Channels

BBC1

6.00am Breakfast. (C) 99732094
9.15 Rip Off Britain. (C) 5910013
10.00 Homes Under the Hammer. (R) (C) 39346
10.58 BBC News; Weather. (C) 8742810
11.00 Escape to the Country. (C) 3957162
11.45 Cash in the Attic. (R) (C) 576452
12.13pm BBC News; Weather. (C) 2475723
12.15 Bargain Hunt. From Wetherby Racecourse, West Yorkshire. (R) (C) 6070094
1.00 BBC News; Weather. (C) 53926
1.30 Regional News; Weather. (C) 30231891
1.40 Doctors. A set of test results draws Jas into a bizarre love triangle. (C) 71009094
2.10 Only Fools and Horses. Double bill. Del swindles a pair of warring businessmen and gets engaged. (R) (C) 2473655
3.05 CBBC: Marrying Mum and Dad. (R) (C) 7384346
3.35 Splatalot. (R) (C) 4968162
4.00 Shaun the Sheep. (R) (C) 5439704
4.10 Wingin' It. (R) (C) 3475758
4.30 Trade Your Way to the USA. (R) (C) 346
5.00 Newsround. (C) 2796013
5.15 Pointless. Quiz show in which contestants have to score the fewest points possible by giving the least obvious correct answers to questions. Presented by Alexander Armstrong and Richard Osman. (C) 2017742
6.00 BBC News; Weather. (C) 839
6.30 Look East; Weather. (C) 891
7.00 The One Show. Live chat and topical reports, presented by Matt Baker and Alex Jones. (C) 4365
7.30 EastEnders. Shirley pushes everyone away, leaving her helpless when she finds herself in a dangerous situation. Kat panics after realising she has left evidence of her affair in the Vic; (C) BBC News; Regional News. (C) 425
8.00 Holby City. Mo and Jac are divided over a medical dilemma involving a Jehovah's Witness who insists on having a bloodless operation – but it soon becomes clear that is not the only problem between them. Hanssen has closed the non-referral scheme following the death of Michael's taxi patient and wants answers from everyone involved – will Michael accept his role or stand up for what he believes to be the truth? Meanwhile, Chrissie feels guilty for her part in the tragedy and overcompensates in her care of another patient. (C) 4029
9.00 Accused. *See Pick Of The Day.* (C) 1365
10.00 BBC News. (C) 116487
10.25 Regional News; Weather; (C) National Lottery Update. (C) 160988
10.35 The Lock Up. The work of custody officers in a police station in Hull, East Yorkshire. A regular detainee with a heroin problem loses consciousness in his cell. (C) 243758
11.15 Citizen Khan. Mr Khan has to take his mother-in-law shopping, jeopardising his big opportunity to hob-nob with the bigwigs of Sparkhill Business Association. (R) (C) 463015
11.45 FILM: Forces of Nature (1999) A harassed publisher becomes smitten by a vivacious woman while making a disaster-strewn journey to his own wedding. Romantic comedy, starring Sandra Bullock and Ben Affleck; (C) Weatherview. (C) 704100
1.30am Sign Zone: Toughest Place to Be a Miner. (R) (C) 14582
2.30 Sign Zone: Countryfile Summer Special. (R) (C) 15785
3.30 Sign Zone: Horizon: Eat, Fast and Live Longer. (R) (C) 10230
4.30 BBC News. (C) 36292

Pick of the day

Accused
BBC1, 9pm
Anna Maxwell Martin, pictured, stars in the last of Jimmy McGovern's dramas, which in a break from the usual format provides a link with last week's episode. One cold morning she oversees the transfer of a new inmate but her sense that things are not quite right turns out to be an understatement when the boy commits suicide soon after and she has to face his distraught father. Ewen Bremner and John Bishop co-star. Last in the series.

Paralympic Games 2012 Tonight
Channel 4, 7.30pm
Clare Balding and Ade Adepitan introduce this evening's concluding coverage on day six, featuring athletics, swimming and wheelchair basketball. The athletics finals at the Olympic Stadium include the men's T36 400m, where Britain's Paul Blake is likely to face a challenge from Russian rival Artem Arefyev, having finished first and second respectively in last year's world championships.

ITV1

6.00am Daybreak. News and entertainment. (T) 623920
8.30 Lorraine. Entertainment and fashion news. (T) 3414742
9.25 The Jeremy Kyle Show. Guests air their differences. (T) 2571128
10.30 This Morning. With Home and Away star Emily Symons. (T) 23013
12.30pm Loose Women. With Carol Vorderman, Sherrie Hewson and Jane McDonald. (T) 73094
1.30 ITV News and Weather. (T) 71015655
1.55 Anglia News and Weather. (T) 78499094
2.00 Dickinson's Real Deal. From Slough, Berkshire. (R) (T) 28742
3.00 The Alan Titchmarsh Show. With Todd Carty and Marcus Brigstocke. (T) 9891
3.59 Anglia Weather. (T) 1505433
4.00 My Tasty Travels with Lynda Bellingham. The presenter travels through Hampshire. (T) 8926
5.00 The Chase. Quiz show, hosted by Bradley Walsh. (T) 8704
6.00 Anglia Tonight; Weather. (T) 907
6.30 ITV News and Weather. (T) 87
7.00 Emmerdale. Amy realises the only way she can get away from Kerry is by leaving the village, and quickly arranges to stay in London with Hannah for a while. Robbie tries to make Katie feel uncomfortable by spending time with a girl who looks just like her, but she knows he is simply playing another of his silly games. (T) 9433
7.30 You've Been Framed! Harry Hill narrates another selection of camcorder calamities and mobile-phone footage sent in by viewers, including the world's heaviest ice-cream sandwich, dogs dancing on ice and an epic game of tug of war involving tractors. (R) (T) 471
8.00 Unforgettable: The Sweeney. Documentary looking back at the hard-hitting 1970s police drama, which starred John Thaw and Dennis Waterman as two detectives taking down armed robbers across London. Featuring contributions by Waterman himself, as well as Thaw's widow Sheila Hancock and Ray Winstone – star of the new *Sweeney* film based on the hit show. (T) 6297
9.00 A Mother's Son. Concluding the two-part drama, starring Hermione Norris, Martin Clunes, Paul McGann and Alexander Arnold. In the aftermath of the murder and the discovery of the bloodstained trainers, Rosie's distress starts to affect her family life and cracks begin to form. Meanwhile, David has learnt their son Jamie has been mixing with violent dropout Sean and fears he may have fallen under his influence. (T) 6433
10.00 ITV News at Ten and Weather. (T) 35181
10.30 Anglia News and Weather. (T) 675636
10.35 FILM: You, Me and Dupree (2006). A thirtysomething jobless layabout moves in with his newlywed best friend – who comes to regret his act of hospitality. Comedy, starring Owen Wilson, Matt Dillon and Kate Hudson. (T) 24862433
12.35am Jackpot247. Interactive gaming; ITV News Headlines. 79387766
3.00 Golden Balls. Jasper Carrott hosts the show in which four contestants enter a game of truth and bluff to find life-changing amounts of cash hidden inside a set of golden balls. (R) (T) 6914501
3.50 ITV Nightscreen. 512501
5.30 ITV Morning News. (T) 93056

ITV1 Central
As ITV1 Anglia except: 1.55pm Local News and Weather. (T) 3.59 Local Weather. (T) 6.00 Central Tonight; Weather. 10.30 Local News and Weather. (T)

BBC2

6.00am CBeebies: Guess with Jess. (R) (C) 8555723 **6.10 Louie.** (R) (C) 8546075 **6.20 Wibbly Pig.** (R) (C) 8648487 **6.30 64 Zoo Lane.** (R) (C) 8781617 **6.40 Chuggington.** (R) (C) 8883029 **6.50 Rastamouse.** (R) (C) 2617181 **7.00 CBBC: Barney's Latin America.** (R) (C) 52297 **7.30 League of Super Evil.** (R) (C) 1632100 **7.40 Leon.** (R) (C) 8265605 **7.45 Frankenstein's Cat.** (R) (C) 5910538 **7.55 Newsround.** (C) 2302094 **8.00 What's New Scooby-Doo?** (R) (C) 2312471 **8.25 CBeebies: Buzz and Tell.** (R) (C) 5944181 **8.30 Nina and the Neurons: In the Lab.** (R) (C) 9457988 **8.45 Baby Jake.** (R) (C) 9478471 **9.00 Tinga Tinga Tales.** (R) (C) 9200758 **9.10 Uki.** (R) (C) 9126742 **9.20 Raa Raa the Noisy Lion.** (R) (C) 4685839 **9.30 The Large Family.** (R) (C) 9874758 **9.40 The Koala Brothers.** (R) (C) 1328094 **9.50 Dirtgirlworld.** (R) (C) 1324278 **10.00 Octonauts: Creature Reports.** (R) (C) 7873926 **10.05 Kerwhizz.** (R) (C) 2003384 **10.30 Driver Dan's Story Train.** (R) (C) 9152742 **10.40 Waybuloo.** (R) (C) 2939013 **11.00 In the Night Garden.** (R) (C) 1920 **11.30 BBC World News.** (C) 8549 **12.00pm Daily Politics.** (C) 78384 **1.00 My Life in Books.** (R) (C) 51568 **1.30 To Buy or Not to Buy.** (R) (C) 9458162 **2.15 Weakest Link.** (R) (C) 2495094 **3.00 Wanted Down Under.** (R) (C) 7774988 **3.45 Hairy Bikers' Best of British.** (R) (C) 4757636 **4.30 Flog It!** (C) 2440723 **5.15 Put Your Money Where Your Mouth Is.** (R) (C) 2015384
6.00 Eggheads. (R) (C) 181
6.30 Celebrity MasterChef. The contestants face a public catering challenge. (C) 433
7.00 Celebrity Antiques Road Trip. TV presenters Fiona Phillips and Richard Madeley hunt for antiques and valuables in Cornwall, accompanied by experts Charles Hanson and James Braxton. (C) 3723
8.00 The Great British Bake Off. Mary Berry and Paul Hollywood assess the contestants' dessert-making skills, challenging them to create tortes, cremes caramel and layered meringues. (C) 2471
9.00 The Midwives. Three community midwives care for women in the days after they have given birth, and try to ensure both mother and baby receive the support they need. Last in the series. (C) 9907
10.00 The Rob Brydon Show. With Ronan Keating, Jason Manford and Neil Morrissey. (C) 48655
10.30 Newsnight; (C) Weather. (C) 250433
11.20 Iceland Erupts: A Volcano Live Special. Kate Humble travels to Iceland to learn how the country's scientists monitor and manage its most dangerous volcanos, and explores the possible repercussions of future eruptions. (R) (C) 314365
12.20am BBC News. (C) 80905143
4.00 BBC Learning Zone. (C) 25872

Channel 4

6.05am Paralympic Games 2012 Tonight. (R) (T) 3819365 **7.00 Paralympic Games Breakfast Show.** (T) 25330988 **9.15 Paralympic Games 2012.** Including swimming, athletics, equestrian and 5-a-side football. (T) 88979487 **12.00pm Channel 4 News Midday Summary.** (T) 2477181 **12.05 Paralympic Games 2012.** Featuring the latest athletics events. (T) 2692758 **1.00 Paralympic Games 2012.** Including wheelchair basketball and equestrian. (T) 3826839 **4.20 Come Dine with Me.** Tristan Murliss hosts the second dinner party in west Dorset. (T) 5378988 **4.55 The Simpsons.** Homer takes Fat Tony's place as head of the local Mafia, dragging the rest of the Simpson family into Springfield's criminal underworld. With the guest voice of Joe Pantoliano. This programme will not be broadcast on Channel 4 HD. (R) (T) 9078655 **5.25 Paralympic Games 2012.** Clare Balding and Ade Adepitan present coverage of the first swimming finals of the day at the Aquatics Centre, including the women's S60 50m freestyle. Paralympics coverage continues on More4. (T) 1442013
6.30 Hollyoaks. Esther's eagerness to avoid punishment for skipping college has dire consequences. Will and Liberty struggle to bring the Savages together, and misery unites Ste and Dennis. This programme will not be broadcast on Channel 4 HD. (T) 29
7.00 Channel 4 News. (T) 7075
7.30 Paralympic Games 2012 Tonight. *See Pick Of The Day.* (T) 208487
10.30 The Last Leg with Adam Hills. The comedian presents an alternative review of the day's Paralympics action, focusing on the key moments and talking points with guests from the sports and showbiz worlds. (T) 155549
11.15 Rude Tube: Rude Tunes. Alex Zane continues the run of six countdowns with Rude Tunes. The penultimate show features a U2 cover, a psychedelic video and more of the most outrageous musical clips online. (R) (T) 274636
12.20am Seven Dwarves: The Wedding. (R) (T) 4923691
1.15 KOTV Boxing Weekly. (T) 59292
1.45 Sailing: America's Cup Discovered. (T) 58563
2.15 International Volleyball. (T) 5021921
3.10 The Grid. (T) 62521501
3.35 Ironman 2012. (T) 89750872
4.00 Brief Encounters of the Sporting Mind: Kick Boxing. (R) (T) 39379766
4.10 FIA GT1 Championship. (T) 6154899
5.05 British Formula Ford Championship. (R) (T) 6642872
5.30 Brief Encounters of the Sporting Mind: Sheepdog. (R) (T) 2475679
5.40 Freshly Squeezed. (T) 1361834

Channel 5

6.00am Milkshake!: Thomas & Friends. (R) (T) 26728520 **6.10 The WotWots.** (R) (T) 26742100 **6.20 City of Friends.** (R) (T) 26748384 **6.30 Jelly Jamm.** (T) 87286384 **6.45 Peppa Pig.** (R) (T) 54124433 **6.50 Big School.** (R) (T) 54145926 **7.00 Little Princess.** (R) (T) 5924988 **7.10 Ben and Holly's Little Kingdom.** (R) (T) 5946100 **7.20 The Mr Men Show.** (R) (T) 5933636 **7.35 Thomas & Friends.** (R) (T) 7191181 **7.45 Make Way for Noddy.** (R) (T) 7188617 **8.00 Fifi and the Flowertots.** (R) (T) 3283346 **8.15 Peppa Pig.** (R) (T) 7557556 **8.25 Peppa Pig.** (R) (T) 5298075 **8.30 Roary the Racing Car.** (R) (T) 6913029 **8.45 Bananas in Pyjamas.** (T) 6838384 **9.00 Abby's Flying Fairy School.** (R) (T) 9012452 **9.15 The Wright Stuff.** 71504891 **11.10 Robson's Extreme Fishing Challenge.** (R) (T) 5989346 **12.05pm The Family Recipe.** (R) (T) 11159907 **12.10 5 News Lunchtime.** (T) 11141988 **12.15 Celebrity Big Brother.** (R) (T) 4339297 **1.15 Home and Away.** (T) 6846549 **1.45 Neighbours.** (T) 6838520 **2.15 CSI: Crime Scene Investigation.** (R) (T) 4319433 **3.15 FILM: Love Will Keep Us Together (2010).** Drama, starring David James Elliott. (T) 58994384 **5.00 5 News at 5.** (T) 1913100 **5.30 Neighbours.** (R) (T) 1389655
6.00 Home and Away. (R) (T) 1386568
6.30 5 News at 6.30. (T) 1360520
7.00 Ice Road Truckers: Deadliest Roads. Lisa Kelly and GW Boles negotiate a perilous route of narrow tunnels and crumbling cliffs in the Peruvian Andes; (R) (T) 5 News Update. (T) 5172568
8.00 World's Craziest Police Pursuits 3. High-octane special showing what happens when bad motorists turn into fugitives from the law, featuring car chases worthy of any big-budget action film; (T) 5 News at 9. (T) 5158988
9.00 Person of Interest. The machine directs Reese toward Megan Tillman, a hard-working doctor who is seemingly devoted to her job – but he discovers she is leading a dangerous double life. (T) 5161452
10.00 Celebrity Big Brother. A chance to catch up with the latest action as the final week of the contest continues, and the celebrities get ready for Wednesday night's eviction. (T) 5171839
11.00 Celebrity Big Brother's Bit on the Side. Emma Willis and her guests discuss how the housemates are getting on. (T) 8836617
12.00am Banged Up Abroad. (R) (T) 3718495
1.00 SuperCasino. 22767698
3.55 HouseBusters. (R) (T) 75569018
4.20 House Doctor. (R) (T) 19848501
4.45 Michaela's Wild Challenge. (R) (T) 73141230
5.10 Wildlife SOS. (R) (T) 85781969
5.35 Wildlife SOS. (R) (T) 32547389

WEDNESDAY September 5

Main Channels

BBC1

6.00am Breakfast. (C) 99709766
9.15 Rip Off Britain. (C) 5987785
10.00 Homes Under the Hammer. (C) 33501
10.58 BBC News; Weather. (C) 8719582
11.00 Escape to the Country. (C) 3924834
11.45 Cash in the Attic. (R) (C) 101358
12.13pm BBC News; Weather. (C) 2442495
12.15 Bargain Hunt. From Ardingly, West Sussex. (C) 6047766
1.00 BBC News; Weather. (C) 24853
1.30 Regional News; Weather. (C) 30208563
1.40 Doctors. Part one of two. Jas starts her new job as a waitress. (C) 71076766
2.10 Only Fools and Horses. Double bill. (R) (C) 2440327
3.05 CBBC: Marrying Mum and Dad. A medieval-themed wedding. (R) (C) 7351018
3.35 Splatalot. Gildar and Skabb try to make the best of being stuck in the Stockade. (R) (C) 4935834
4.00 Shaun the Sheep. The flock finds a set of bagpipes. (R) (C) 5406476
4.10 Wingin' It. (R) (C) 3362230
4.30 Jedward's Big Adventure. The duo learn about Hadrian's Wall. (R) (C) 308
5.00 Newsround. (C) 2763785
5.15 Pointless. Quiz show, hosted by Alexander Armstrong and Richard Osman. (C) 2084414
6.00 BBC News; Weather. (C) 501
6.30 Look East; Weather. (C) 853
7.00 The One Show. Matt Baker and Alex Jones host the live magazine show, with a team of roving reporters presenting stories of interest from around the UK, plus big-name studio guests; (C) BBC News; Regional News. (C) 6766
8.00 The Flowerpot Gang. Anneka Rice, Phil Tufnell and Joe Swift help create a life-changing space at an east London housing estate. Children there have been unable to play outside because of anti-social behaviour in the past, which led to the closure of local gardens, leaving youngsters with only their balconies to play on. Now the team is reopening and transforming one of the spaces in the hope it will bring the community back together. Last in the series. (C) 5414
9.00 Who Do You Think You Are? Singer Annie Lennox, whose grandmother was only three when her father died, researches this side of her family. As the Eurythmics star and campaigner visits Aberdeen, where she was born, and the coastal town of Banff, she uncovers a dark tale of tangled relationships, illegitimacy and poverty, and discovers the humiliations her unmarried great-great-grandmother suffered before the Kirk. (C) 5650
10.00 BBC News. (C) 561785
10.25 Regional News; Weather. (C) 693018
10.35 The National Lottery Wednesday Night Draws. OJ Borg presents as the balls are set rolling to decide the all-important numbers, including the Lotto and Thunderball. (C) 246292
10.45 Not Going Out. (R) (C) 520650
11.15 FILM: Enemy of the State (1998) An encounter with an old friend leaves a lawyer pursued by government agents able to follow his every move. The late Tony Scott's thriller, starring Will Smith and Gene Hackman; (C) National Lottery Update. (C) 49086476
1.20am Weatherview. (C) 4660761
1.25 Sign Zone: The Tube. (R) (C) 4889612
2.25 Sign Zone: When I Get Older. (R) (C) 5092419
3.25 Sign Zone: Doorstep Crime 999. (R) (C) 62584070
3.55 BBC News. (C) 20372780

Pick of the day

Mrs Biggs
ITV1, 9pm
Drama about the lives of Ronnie Biggs and his wife Charmian, starring Daniel Mays, pictured, and Sheridan Smith. The couple meet on a commuter train and embark on an affair, after which they elope to the south coast with money he made her steal from work. Ronnie goes to prison, and following his release vows to go straight – but everything changes when he asks old friend Bruce Reynolds to lend him the deposit for a house.

Dallas
Channel 5, 9pm
Updated version of the soap, following the glamorous lives and vicious feuds of Texas oil dynasty the Ewings in the 21st century. The series begins with Bobby's son Christopher preparing to marry his fiancee Rebecca, a grand occasion that has brought the whole family back to Southfork Ranch. Starring Josh Henderson, Jesse Metcalfe and Jordana Brewster, as well as original cast members Larry Hagman and Linda Gray.

BBC2

6.00am CBeebies: Guess with Jess. (R) (C) 8522495 **6.10 Louie.** (R) (C) 8513747 **6.20 Wibbly Pig.** (R) (C) 8542259 **6.30 64 Zoo Lane.** (R) (C) 8758389 **6.40 Chuggington.** (R) (C) 8770501 **6.50 Rastamouse.** (R) (C) 2684853 **7.00 CBBC: Barney's Latin America.** (R) (C) 23124 **7.30 League of Super Evil.** (R) (C) 1609872 **7.40 Leon.** (R) (C) 2560817 **7.45 Frankenstein's Cat.** (R) (C) 3710150 **7.55 Newsround.** (C) 2379766 **8.00 What's New Scooby-Doo?** (R) (C) 2389143 **8.25 CBeebies: Buzz and Tell.** (R) (C) 5911853 **8.30 Nina and the Neurons: In the Lab.** (R) (C) 9417360 **8.45 Baby Jake.** (R) (C) 9445143 **9.00 Tinga Tinga Tales.** (R) (C) 9197230 **9.10 Uki.** (R) (C) 9193414 **9.20 Raa Raa the Noisy Lion.** (R) (C) 4645211 **9.30 The Large Family.** (R) (C) 9761230 **9.40 The Koala Brothers.** (R) (C) 1395766 **9.50 Dirtgirlworld.** (R) (C) 1384650 **10.00 Octonauts: Creature Reports.** (R) (C) 7840698 **10.05 Kerwhizz.** (R) (C) 2070056 **10.30 Driver Dan's Story Train.** (R) (C) 9129414 **10.40 Waybuloo.** (R) (C) 2906785 **11.00 In the Night Garden.** (R) (C) 1105 **11.30 Daily Politics.** (C) 11259 **1.00pm See Hear.** (C) 22495 **1.30 To Buy or Not to Buy.** (R) (C) 9425834 **2.15 Weakest Link.** (R) (C) 2462766 **3.00 Wanted Down Under.** (R) (C) 7734360 **3.45 Hairy Bikers' Best of British.** (R) (C) 4724308 **4.30 Flog It!** (C) 2417495 **5.15 Put Your Money Where Your Mouth Is.** (R) (C) 2082056
6.00 Eggheads. Quiz show, hosted by Dermot Murnaghan. (R) (C) 143
6.30 Celebrity MasterChef. (C) 495
7.00 Celebrity Antiques Road Trip. Strictly Come Dancing's Anton Du Beke and former judge Arlene Phillips hunt for potentially profitable antiques in northern England, advised by Charles Hanson and James Braxton. (C) 4308
8.00 Restoration Home One Year On. Caroline Quentin revisits a deconsecrated Somerset church that was once on the verge of dereliction and a Georgian mansion in Northamptonshire with serious structural problems. (C) 3056
9.00 Vexed. The duo investigate a violent robbery at a family-run jewellery store, but Jack is distracted by a surprising invitation from his brother. Last in the series. (C) 3292
10.00 The Boss Is Back. Circus impresario Gerry Cottle reflects on the lessons he learned while participating in a 2001 episode of documentary series *Trouble at the Top.* (C) 44056
10.30 Newsnight; Weather. (C) 792211
11.20 The Midwives. Three community midwives care for women in the days after they have given birth, and try to ensure both mother and baby receive the support they need. Last in the series. (R) (C) 856143
12.20am BBC News. (C) 80972815
4.00 BBC Learning Zone. (C) 59051

Channel 4

6.05am Paralympic Games 2012 Tonight. (R) (T) 3886037 **7.00 Paralympic Games Breakfast Show.** (T) 25390360 **9.15 Paralympic Games 2012.** Featuring swimming, athletics and sitting volleyball. (T) 88873259 **12.00pm Channel 4 News Midday Summary.** (T) 2444853 **12.05 Paralympic Games 2012.** Athletics and table tennis coverage on day seven. (T) 2589230 **1.00 Paralympic Games 2012.** Coverage of wheelchair basketball, wheelchair rugby, athletics and sitting volleyball. (T) 3886211 **4.20 Come Dine with Me.** Melissa Denton hosts the third dinner party in West Dorset. (T) 5338360 **4.55 The Simpsons.** Bart becomes a jazz drummer. (R) (T) 9045327 **5.25 Paralympic Games 2012.** Live coverage of this evening's first swimming finals. (T) 1419785
6.30 Hollyoaks. Bad news outweighs the good for the Osbornes, and the blame is placed on Esther. Dodger leaves Texas speechless, and there is a surprising new addition to Jen's class. 'This programme will not broadcast on Channel 4 HD. (T) 563
7.00 Channel 4 News. (T) 6056
7.30 Paralympic Games 2012 Tonight. Clare Balding and Ade Adepitan introduce the concluding coverage on day seven of the 14th Paralympic Games in London, featuring swimming at the Aquatics Centre and athletics at the Olympic Stadium. (T) 637747
10.30 The Last Leg with Adam Hills. An alternative review of the day's Paralympics action. (T) 680037
11.15 Married to the Moonies. An insight into the Unification Church, following three British believers as they prepare to take part in one of the movement's mass weddings in South Korea. (R) (T) 401872
12.20am The Shooting Gallery: Real Lives. Short films profiling people in the UK with exciting lives, including a team of mixed martial arts fighters in Glasgow and an eccentric underwater explorer. (T) 8228803
1.15 Wheels. Comedy about a disabled man journeying through his neighbourhood. (T) 4696186
1.20 Music on 4: Green Day: 360 Sessions. (T) 1006148
1.50 Music on 4: Spotlight: Ones to Watch. (T) 1233902
2.05 FILM: Behind Enemy Lines: Axis of Evil (2006). Action thriller sequel, with Nicholas Gonzalez. (T) 761506
3.40 The Silent City. (R) (T) 79323780
3.50 Brief Encounters of the Sporting Mind: Body Building. (R) (T) 24808235
3.55 St Elsewhere. (R) (T) 4820186
4.40 Deal or No Deal. (R) (T) 5314612
5.35 Quick Bakes with Eric Lanlard. (R) (T) 2443070
5.40 Freshly Squeezed. (T) 1338506

Channel 5

6.00am Milkshake!: Thomas & Friends. (R) (T) 26795292 **6.10 The WotWots.** (R) (T) 26719872 **6.20 City of Friends.** (R) (T) 26715056 **6.30 Jelly Jamm.** (T) 87253056 **6.45 Peppa Pig.** (R) (T) 54191105 **6.50 Big School.** (R) (T) 54112698 **7.00 Little Princess.** (R) (T) 5984360 **7.10 Ben and Holly's Little Kingdom.** (R) (T) 5913872 **7.20 The Mr Men Show.** (R) (T) 5900308 **7.35 Thomas & Friends.** (R) (T) 7168853 **7.45 Make Way for Noddy.** (R) (T) 7155389 **8.00 Fifi and the Flowertots.** (R) (T) 3250018 **8.15 Peppa Pig.** (R) (T) 1852768 **8.25 Peppa Pig.** (R) (T) 5265747 **8.30 Roary the Racing Car.** (R) (T) 6800501 **8.45 Bananas in Pyjamas.** (T) 6805056 **9.00 Abby's Flying Fairy School.** (R) (T) 9089124 **9.15 The Wright Stuff.** 71571563 **11.10 Robson's Extreme Fishing Challenge.** (R) (T) 5956018 **12.05pm The Family Recipe.** (R) (T) 11126679 **12.10 5 News Lunchtime.** (T) 11101360 **12.15 Celebrity Big Brother.** (R) (T) 4306969 **1.15 Home and Away.** (T) 6806921 **1.45 Neighbours.** (T) 6805292 **2.15 Numb3rs.** (R) (T) 4386105 **3.15 FILM: Mind Over Murder (2006).** Thriller, starring Tori Spelling. (T) 58961056 **5.00 5 News at 5.** (T) 1980872 **5.30 Neighbours.** (R) (T) 1356327
6.00 Home and Away. (R) (T) 1346940
6.30 5 News at 6.30. (T) 1337292
7.00 Secret Interview. Celebrity hairdresser Nicky Clarke secretly assesses two stylists by putting them through a series of peculiar challenges – before offering one of them a job with his company; (T) 5 News Update. (T) 5132940
8.00 Celebrity Big Brother: Live Eviction. Brian Dowling announces live which of the nominated celebrities has come bottom in the vote, and presents highlights of the past 24 hours; (T) 5 News at 9. (T) 5118360
9.00 Dallas. *See Pick Of The Day.* (T) 52794747
10.15 Celebrity Big Brother: Live Eviction. Another housemate receives their marching orders. (T) 7464871
10.45 Celebrity Big Brother's Bit on the Side. Emma Willis and her panel are joined by tonight's evictees, who discuss their time in the famous house and reveal what they really think of their ex-housemates. (T) 9011211
11.45 Cricket on 5. England v South Africa. Mark Nicholas presents highlights of the final match of the five-game series at Trent Bridge. (T) 9017495
12.45am SuperCasino. 57694612
3.55 HouseBusters. Janet Ellis leads three experts to 'heal' a house that is making its inhabitants unhappy. (R) (T) 75529490
4.20 House Doctor. (R) (T) 19815273
4.45 Michaela's Wild Challenge. (R) (T) 73118902
5.10 Wildlife SOS. (R) (T) 85741341
5.35 Wildlife SOS. (R) (T) 32507761

ITV1

6.00am Daybreak. (T) 594308
8.30 Lorraine. (T) 3481414
9.25 The Jeremy Kyle Show. (T) 1812540
10.30 This Morning. (T) 29414
12.30pm Loose Women. With Stacey Solomon and Joe McElderry. (T) 86785
1.30 ITV News and Weather. (T) 71082327
1.55 Anglia News and Weather. (T) 78466766
2.00 Dickinson's Real Deal. The deal of the day is a selection of gold sovereigns sold for £430. (R) (T) 88330
3.00 The Alan Titchmarsh Show. With actors Robert Bathurst and Gerard McCarthy. (T) 3196
3.59 Anglia Weather. (T) 1572105
4.00 My Tasty Travels with Lynda Bellingham. The actress visits the Mortimer Country Food Fair in Herefordshire. (T) 2211
5.00 The Chase. Quiz show, hosted by Bradley Walsh. (T) 7785
6.00 Anglia Tonight; Weather. (T) 969
6.30 ITV News and Weather. (T) 921
7.00 Emmerdale. Katie decides to put an end to her problems with Robbie and starts plotting a way to get him out of her life. Andy comforts Kerry following Amy's departure, telling her not to give up hope – and they end up kissing. Meanwhile, Alex feels pressured when Victoria suggests they buy a place of their own. (T) 8414
7.30 Coronation Street. Stella's mother Gloria (Sue Johnston joining the cast) arrives in Weatherfield from Spain. She is upset to learn of Karl's affair, and engineers an encounter between him and her daughter. Tina falls to pieces when the police inform her of the crash, and she arrives at the hospital to find Tommy has a broken leg which will take up to three months to heal. Things only get worse when the pizza parlour boss delivers devastating news about the van that was written off in the accident. Elsewhere, Michelle and Steve are stunned when Tracy emerges from Ryan's room, but Ken suggests a tactic for dealing with the situation, while Eileen and Paul clash over colour schemes. (T) 105
8.00 All Star Mr & Mrs. New series. Actress Patsy Palmer (*EastEnders*), former deputy prime minister John Prescott and ex-Westlife member Nicky Byrne are joined by their partners Richard, Pauline and Georgina to find out how much they really know about each other. 7722
9.00 Mrs Biggs. *See Pick Of The Day.* (T) 9124
10.30 ITV News and Weather. (T) 40230
11.00 Anglia News and Weather. (T) 146853
11.10 FILM: Memphis Belle (1990). The crewmen of an American B-17 bomber prepare for their final flight before returning home to a hero's welcome. However, the mission – to launch a daylight raid on a supply factory in a heavily defended German city – threatens to be the most hazardous they have ever undertaken. Fact-based Second World War drama, with Matthew Modine, Eric Stoltz, John Lithgow, Harry Connick Jr. (T) 931259
1.00am Jackpot247. ITV News Headlines. 93322
3.00 FILM: The Jacket (2005). Psychological thriller, starring Adrien Brody (T) 716341
4.40 ITV Nightscreen. 5392490
5.30 ITV Morning News. (T) 82167

ITV1 Central

As ITV1 Anglia except: 1.55pm Local News and Weather. (T) 3.59 Local Weather. (T) 6.00 Central Tonight; Weather. (T) 11.00 Local News and Weather.

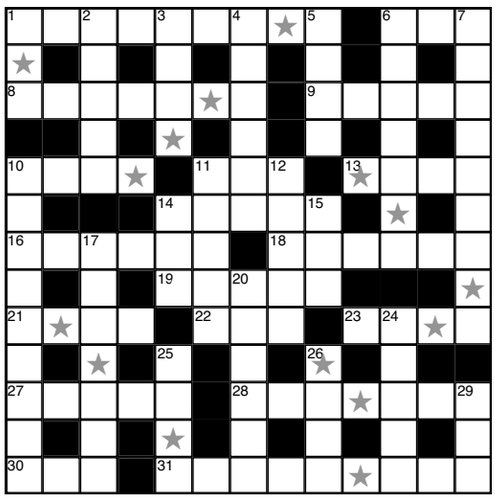
Puzzle Challenge

Every Wednesday in the **Newmarket News**

FOUR PAGES OF CROSSWORDS, QUIZZES, SUDOKUS, KAKUROS - AND MUCH, MUCH MORE

STARSPOT CROSSWORD

Can you find the celebrity name hidden in this Starspot Crossword? Complete the crossword in the normal way then make a note of the letters contained in all the squares which are marked with shaded stars. These letters will make an anagram of the name you are looking for.



ACROSS

1. Annual festival (9)
6. Drinking vessel (3)
8. Most active (7)
9. Acts silently (5)
10. Throw (4)
11. Drag behind (3)
13. Visage (4)
14. ----- camera (5)
16. Become visible (6)
18. Divine messengers (6)
19. Cool courage (5)
21. Slightly open (4)
22. Female (3)
23. Corrosive liquid (4)
27. Appetising (5)
28. Explanation (7)
30. Dispose of (3)
31. Went down (9)

DOWN

1. Rounded loaf (3)
2. English flowers (5)
3. Observed (4)
4. Procedure (6)
5. Amounts of money (4)
6. Equate (7)
7. Had (9)
10. Good repute (9)
11. Exhausts (5)
12. Interlace (5)
14. Delivery vehicle (3)
15. Singleton (3)
17. Commended (7)
20. Verses (6)
24. Young person (5)
25. Changed colour (4)
26. Nominate (4)
29. Deity (3)

Each question has four possible answers and is worth from one to 15 points. Circle your chosen answers and keep a record of your points total. Maximum total points 120.

The Accumulator Quiz

QUESTION 1 – for 1 point:
What is the ball called in the Harry Potter game Quidditch?
A Snitch
B Snatch
C Scritch
D Scratch

QUESTION 2 – for 2 points:
What is the modern meaning of 'a nunchuck'?
A A winter wind in Canada
B An Arctic mouse
C A computer game controller
D The paddle for a kyak

QUESTION 3 – for 3 points:
Where do wild chimpanzees sleep at night?
A In dense foliage
B In a tight group on the ground
C In crude nests in trees
D In burrows or caves

QUESTION 4 – for 4 points:
Which ship's captain appeared in the Tintin stories?
A Captain Haddock
B Captain Halibut
C Captain Snapper
D Captain Sturgeon

QUESTION 5 – for 5 points:
What is the capital city of New Zealand?
A Christchurch
B Wellington
C Auckland
D Dunedin

QUESTION 6 – for 6 points:
Which dance, to the song Santa Claus Is Coming To Town, won Charlie Brooks and Vincent Simone the 2011 Strictly Come Dancing Christmas Special?
A Tango
B Waltz
C Quickstep
D Jive

Actress Charlie Brooks. See Question 6

QUESTION 7 – for 7 points:
What is Lady Isabella on the Isle of Man?
A A steam ferry
B A water wheel
C A funicular cable railway
D A working tin mine

QUESTION 8 – for 8 points:
What nickname was given to the 93rd Highlanders during the Battle of Balaclava?
A The Six Hundred
B The Death or Glory Boys
C The Thin Red Line
D The Old Immortals

QUESTION 9 – for 9 points:
With which musical instrument was Larry Adler associated?
A Guitar
B Harmonica
C Trumpet
D Drums

QUESTION 10 – for 10 points:
Which king was slain at the Battle of Bosworth?
A Richard III
B Edward V
C Henry VII
D James I

QUESTION 11 – for 11 points:
Which horse won the King George VI Chase for a record fifth time on Boxing Day 2011?
A Kauto Star
B Long Run
C Denman
D Master Minded

QUESTION 12 – for 12 points:
Which pop group had a UK No 1 hit in 1988 called, With A Little Help From My Friends?
A Pet Shop Boys
B Bros
C Wham!
D Wet Wet Wet

QUESTION 13 – for 13 points:
Which planet has Triton and Nereid as its satellites?
A Neptune
B Jupiter
C Mercury
D Venus

QUESTION 14 – for 14 points:
Where do organisms called cryophytes grow?
A On the side of volcanoes
B On ice or snow
C In deserts
D On other organisms

QUESTION 15 – for 15 points:
In which country is the Jasper National Park?
A Canada
B Australia
C South Africa
D New Zealand

All puzzles in this supplement are supplied by Sirius Media Services. To try more of our puzzles interactively online go to **www.puzzledrome.com**

SUDOKU

THERE is just one simple rule in Sudoku. Each row and each column must contain the numbers 1 to 9, and so must each 3 x 3 box.

Easy

		4	7		5	1	2	3
			3				4	
3		5		2	9			
					1	2	9	7
	4	6		9				
		2	8	5		6		4
4	5			7				
		3	5		4			1
8	6	9	1					

Moderate

	1							4
				9	4	5		
5			6					
	9	8		6				
						3		
			2	5				
		5	3			1	2	8
1					7		4	
		9						3

Difficult

	5			3			7	2
1				7				
		3	5	9			6	1
		2				9		
6		4	9					
	7		4	1			3	
				6				
		6					1	
5			3				9	

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CROSS CODE

	18		17	11	9	9	3	1	13		6	
8	12	9	14		20		8		3	6	8	14
	8		22	3	16	5	22	20	22		5	
17	11	8	1		20		5		23	20	15	7
11		3		21	8	5	12	7		1		11
6	3	15	12	8	14		7	25	8	12	3	22
12		15		3				3		24		12
2	11	9	20	22	12		23	9	11	20	10	17
12		12		12	3	10	9	12		3		11
8	11	13	7		7		12		4	9	11	6
	22		5	22	5	15	3	15	12		26	
19	5	9	15		12		7		9	20	8	26
	15		12	3	8	1	12	7	15		3	

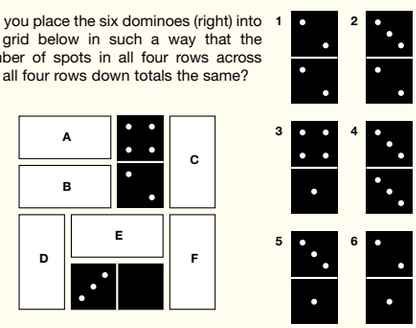
ABCDEFGHIJKLMNOPQRSTUVWXYZ

1	2	3	4	5	6	7	8	9 L	10	11 O	12	13
14	15	16	17	18	19	20	21	22 M	23	24	25	26

Each number in the Cross Code grid represents a different letter of the alphabet. You have three letters in the control grid to start you off. Enter them in the appropriate squares in the main grid, then use your knowledge of words to work out which letters should go in the missing squares.
As you get the letters, fill in other squares with the same number in the main grid and control grid. Check off the alphabetical list of letters as you identify them.

SPOT CHECK

Can you place the six dominoes (right) into the grid below in such a way that the number of spots in all four rows across and all four rows down totals the same?



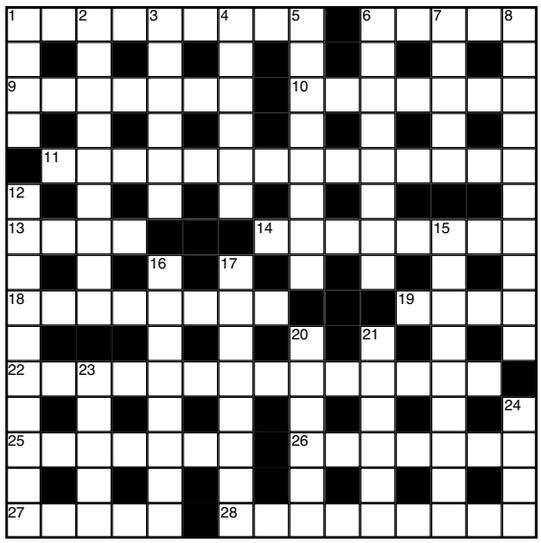
PATHWORDS

Starting from the central shaded letter, move one letter at a time (up, down, right or left, but not diagonally) to find 15 Internet terms and acronyms.

E	R	N	E	W	S	G	U	P	P	R
D	E	M	A	L	F	R	O	E	S	O
I	R	P	S	S	R	E	V	R	Y	X
V	O	C	C	E	I	L	H	O	M	E
R	D	A	C	R	A	M	E	N	K	P
A	O	B	Y	E	B	R	E	E	N	A
Q	B	N	B	S	W	O	C	T	I	G
A	U	I	E	R	S	P	A	I	L	E
F	L	T	W	G	N	I	M	Q	U	E
E	L	E	E	S	P	A	M	U	S	T
G	A	P	B	G	N	I	F	R	E	T

General Knowledge Crossword

Who? .... Why? .... How? When? ..... Where?



ACROSS

1. Brandy distilled from cider (9)
6. Capital of Liechtenstein (5)
9. Sand containing Chile saltpetre (7)
10. Port in northwest Italy (3,4)
11. Of drugs legally sold directly to the customer (4-3-7)
13. Flirtatious or scheming woman (4)
14. Mild form of injury caused by extreme cold (8)
18. Baked or steamed pudding made with suet pastry (4-4)
19. Common skin disease of adolescence (4)
22. Famous market in west London (10,4)
25. Large round fruit with a thick orange rind (7)
26. Ridiculing by personal satire (7)
27. Period before an election perhaps (3-2)
28. Ash tree binding heaven, earth and hell together (9)

DOWN

1. Curved structure, one found in church perhaps (4)
2. --------- chloride (PVC) (9)
3. North American card game for two, three or four players (6)
4. ------ Franklin, singer known as the 'Queen of Soul' (6)
5. Ringlet on the forehead (4-4)
6. Defeat opponent in a battle or fight (8)
7. Lived and had a home in a particular place (5)
8. Person who studies animals and their habits (10)
12. Abrasive material used for polishing (5,5)
15. Of or like the beverage of the gods (9)
16. Famous stand at Liverpool's football ground (5,3)
17. Most northerly of the Channel Islands (8)
20. Former convict (3,3)
21. Resort on north Norfolk coast (6)
23. First stomach of a ruminant (5)
24. ---- Kumble, Indian spin-bowler (4)

WORD WIZARD

Here is an unusual word with three definitions, only one of which is correct. Can you identify the right definition?

DAK

1) In India, the mail system or a letter sent through the post;

2) A pea-like plant which is cultivated in south-east Asia;

3) A small shrew-like creature found on the Indian subcontinent.

DIALLING CODES

Telephone dialling pads combine several letters on one key. Here we have encoded several sets of words or items by using numbers rather than letters. Then we have divided them into groups of three characters and run all the names one after another to make your task a little more difficult. Can you crack the code?

1 [ ] ' –	2 ABC	3 DEF
4 GHI	5 JKL	6 MNO
7 PQRS	8 TUV	9 WXYZ

Spaces and any punctuation marks are represented by 1.

1. trees

429 351 777 823 162 517
256 178 779 194 556 915
272 413 283 135 617 463
146 559 134 712 332 716
275 317 586 152 873 512
741 253 37

2. words meaning boring

666 686 668 718 646 837
378 464 147 576 631 385
516 863 263 173 738 484
831 833 468 713 732 791
932 747 663 148 637 861
847 376 63

3. patron saints

846 627 127 846 271 627
427 381 631 268 462 413
726 247 163 127 747 415
646 184 312 278 478 172
742 351 843 127 242 643
515 626 163 127 2

4. items a sportsperson may use

744 617 237 127 274 143
563 818 366 471 722 538
136 682 255 126 687 148
674 435 312 742 538 122
819 344 487 146 531 258
217 842 912 255

5. fashion designers

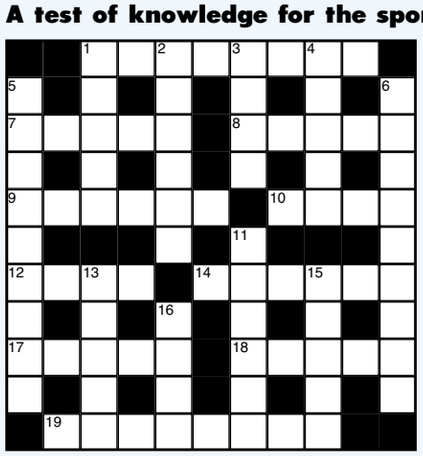
527 737 126 672 618 484
366 319 378 966 312 782
316 533 435 318 372 192
641 446 744 612 762 641
564 614 255 426 616 426
531 327 44

6. organs found inside the human body

527 431 468 378 463 125
233 371 786 622 415 436
397 172 627 327 143 278
154 837 127 246 158 647
177 533 616 376 742 487
152 796 918 837 87

SPORTSWORD

A test of knowledge for the sporting enthusiast



ACROSS

1. Vince --------, winner of the 400 metres at the 1972 Olympics (8)
7. Tim -----, Australia rugby centre (5)
8. Nick -----, winner of golf's 1994 Open Championship (5)
9. ------ Larsson, Celtic striker (6)
10. Boxer who became WBC super-middleweight champion in 1992 (4)
12. The ----, English Classic held at Epsom (4)
14. Tim ------, England No 8 (6)
17. Philippe -----, threequarter capped 111 times for France 1982-95 (5)
18. FC -----, Champions League winners (5)
19. Graham --------, Leicester and England prop (8)

DOWN

1. Kevin -----, first player sent off in an FA Cup final (5)
2. See 16 Down
3. Maurice ----, boxer who became WBC light-middleweight champion in 1979 (4)
4. Jimmy -----, snooker player (5)
5. 1998 winner of 12 Across (9)
6. Boxer who became WBC heavyweight champion in 1978 (3,6)
11. Henry ------, British boxer (6)
13. Racecourse in the Scottish Borders (5)
15. John -----, QPR, Brighton and Sunderland striker (5)
16. & 2 Down. Name of Andy Murray's sport when it was played on grass (4,6)

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PERSONALITY PAIR-UP

Can you identify these six well-known personalities whose faces have been divided into two? Then, with the help of the three clues, can you pair the personalities into groups of two and also decide what links the members of each pair?
Score one point each for identifying who the personalities are, score a further point each for successfully pairing the three couples and a further point each for knowing the reasons why the personalities are linked. The maximum score is therefore 12 points.

A **B** **C** **D** **E** **F**

1 **2** **3** **4** **5** **6**

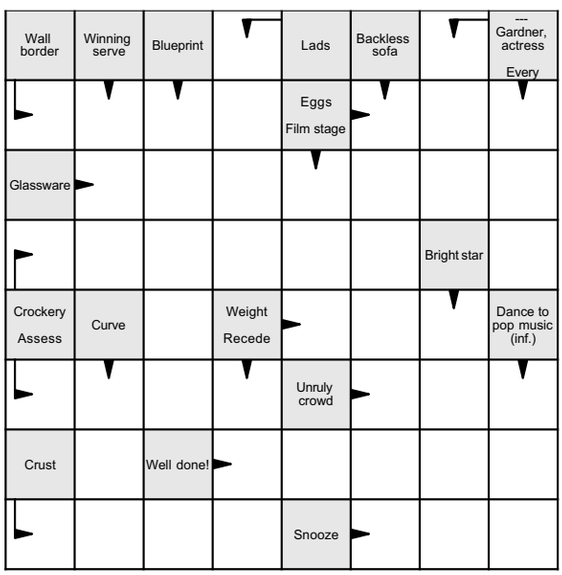
CLUE 1
Our survey said... it's all stars now

CLUE 2
Keeping an eye on the ball, but only for today's match

CLUE 3
'Two consonants and a vowel please Carol... D,E,S'

SIGNWORD

In this crossword the clues are printed in what would normally be the 'black' squares. Follow the signs from each clue to find where the word should fit.



CON TRICK

	D	D		D	■	D		M		G		S
R	■	R	■		■		■		■		■	Y
R			S		N	S	■	R			G	N
	■		■	S	■	T	■	S	■	N	■	
W		R	R	Y	■		M		R	G		D
■	D	■		■		R		■		■	X	■
G		V		R	N	■	L		G		C	Y
■		■	K	■	C		T	■		■		■
C	R		S	S		S	■	J		L	L	Y
	■	F	■	C	■	K	■		■		■	
	C	T		R	■		M		T		T	
C	■		■		■	N	■	S	■	V	■	L
H		N	D	B		G	■	T	R		N	D

In this cross-word we have removed all the vowels and just left the conso-nants. Can you fill in the gaps, using only the five vowels (A, E, I, O, U) to complete the grid?

MAKE A DATE

In which year did all three of these significant historical events take place?

1. Parliament outlaws Roman Catholicism in England.
2. Francis Drake completes a circumnavigation of the world and is knighted by Queen Elizabeth I.
3. Russia begins a campaign to conquer Siberia.

WAS IT? a) 1561; b) 1571; c) 1581; d) 1591; e) 1601.

.... and in which year did all three of these events take place?

1. Oil is discovered at Beaumont, Texas, creating the first 'Great Texas Gusher'.
2. An exhibition of 71 paintings by Vincent van Gogh causes a sensation in Paris 11 years after his death.
3. The United Kingdom Factory Act forbids the employment of children under 12.

WAS IT? a) 1881; b) 1886; c) 1891; d) 1896; e) 1901.

MISSING LINK

Each pair of words has a missing word between them that acts as a link to both (e.g. FRONT – DOOR – MAT). The initial letters of the six answers (reading downwards) will spell out a seabird.

LIGHT	– – –	**PAL**
DRUG	– – – –	**FRIENDLY**
IN	– – – –	**OUT**
COAL	– – – –	**ALARM**
AMERICAN	– – – – – –	**SUMMER**
WHOLE	– – – – – –	**ONE**

COMMON LINK

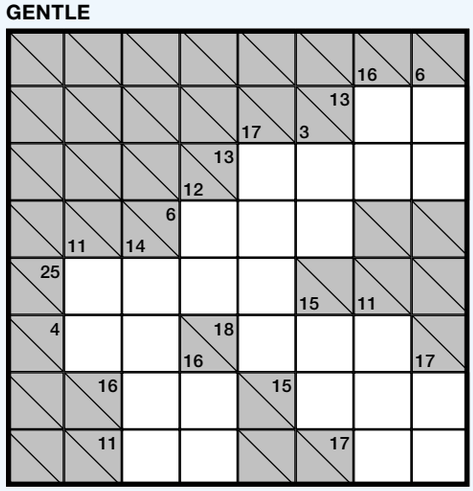
The answers to the following five questions contain a word or words which have a common theme. Can you find the link?

1. What name is give to the type of clouds which produce precipitation?
2. Which Australian television production company produced the popular TV soap Neighbours?
3. Which shingle spit on the north Norfolk coast is a nature reserve known for its seals and seabirds?
4. Which 16th century Tuscan physicist has been called 'the father of modern observational astronomy'?
5. Which 1960s TV western series was named after the fictional ranch owned by the Cannon family?

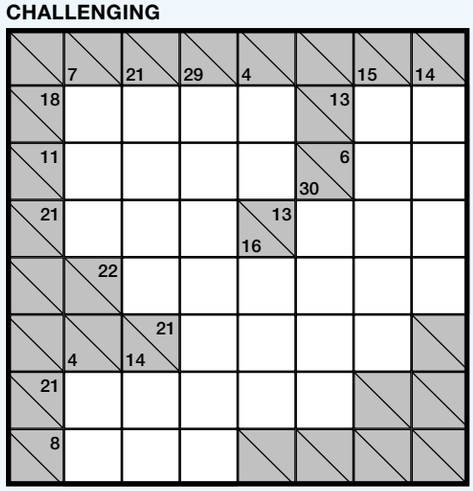
KAKURO

Fill in the blank squares in the grid with numbers so that each horizontal or vertical line adds up to the total given in the box either to the left or above it. Horizontal totals are given in the top right corners of the shaded boxes; vertical totals in the bottom left corners.You can use the numbers 1 to 9, but may not use the same number more than once in any run. The number may be used again, however, in the same row or column but as part of another run.

GENTLE



CHALLENGING



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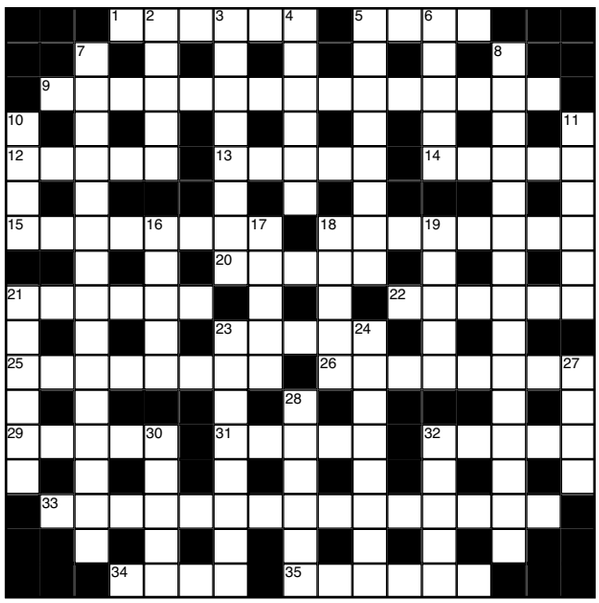
Giant Double Crossword



CRYPTIC CLUES

ACROSS

1. Transfixed when the drinks had been contaminated (6)
5. Father included Frenchman's showy display (4)
9. You won't get a warm welcome when the front door of the hotel is left open (6,9)
12. What to charge for soft grain (5)
13. Exactly the right moment to replace the ounce (2,3)
14. Place of retreat from tax perhaps (5)
15. Engage in theatrical activity (4,4)
18. Deceive badly without new proof (8)
20. Doctor to take off the cover (5)
21. A name found in imitation of overhanging covering (6)
22. Outsize nurse in Belgium (6)
23. I name unimportant person shortly going under assumed name (5)
25. Insuring for travelling a distance (8)
26. For a short time organises carrot for vehicle (5,3)
29. Switch positions (2-3)
31. Seafood not cooked in pan one left out (5)
32. Dodgy judge comes first for a short time (5)
33. Perry joins clumsy calf on bird of prey (9,6)
34. Many had land in Africa (4)
35. Victim coming from Cromarty relieved (6)

DOWN

2. Rhythmical throbbing coming from the plant (5)
3. Essential piece of wood for piano perhaps (8)
4. Soak naughty children the Italian left (6)
5. Maintain pithead stock (8)
6. Light suit (5)
7. One who is shy pressing a flower? (9,6)
8. Conceive no end of alternative to easy meal (11,4)
10. Pick out the blemish (4)
11. Mean to have tinned variety (6)
16. Pop through set of exam questions (5)
17. Not say, straying from town in Hertfordshire (5)
18. Penny entering some new course (5)
19. Cod is cooked for the party (5)
21. Two firms on the envelope (6)
23. Was stimulated when directed by divine influence (8)
24. Being successful in travelling a long way (5,3)
27. Welshman found in the bar hysterical (4)
28. Mother takes animal many a large bottle (6)
30. Meat from the shelf (5)
32. Cheerful soldier on board (5)

QUICK CLUES

ACROSS

1. Hard worker (6)
5. Sculpture (4)
9. Having good purposes (4-11)
12. Concise and to the point (5)
13. Cultivation (5)
14. Slogan (5)
15. Fill beyond capacity (8)
18. Choral composition (8)
20. Female goat (5)
21. Remuneration (6)
22. Court fool (6)
23. Gem (5)
25. Client (8)
26. Long TV programme (8)
29. Spanish wine (5)
31. Louts (anag.) (5)
32. Seashore (5)
33. One who is not acceptable (7,3,5)
34. Scoff (4)
35. Unusual thing (6)

DOWN

2. Revive (5)
3. Point of connection (8)
4. Provoke (6)
5. Great slaughter (8)
6. ----- in a teacup (5)
7. End long-standing grudges (6,3,6)
8. Cure (7,2,6)
10. Until (2,2)
11. Visual property (6)
16. Give up (5)
17. Aquatic bird (5)
18. Start (5)
19. Topic (5)
21. Safe (6)
23. Aeroplane (8)
24. Decreased (8)
27. After tax (4)
28. Ingots (anag.) (6)
30. Church passageway (5)
32. Measure of gold (5)

WORDSEARCH

Can you find the ten wild flowers hidden in this wordsearch? The answers can be found running backwards or forwards, horizontal, vertical or diagonal.

1. BLUEBELL
2. BUTTERCUP
3. COWSLIP
4. EYEBRIGHT
5. FEVERFEW
6. HEMLOCK
7. MEADOWSWEET
8. PRIMROSE
9. SNOWDROP
10. SPEEDWELL

P	U	C	R	E	T	T	U	B	L	A	P
E	T	S	O	W	D	N	A	L	O	G	M
Y	T	H	G	I	R	B	E	Y	E	E	C
V	A	L	S	D	O	B	A	J	A	V	I
P	H	O	F	R	E	X	U	D	E	L	B
R	I	M	C	U	D	A	O	Z	A	G	O
I	T	L	L	L	E	W	D	E	E	P	S
M	A	B	S	O	S	T	U	K	C	R	I
R	Q	U	I	W	E	F	R	E	V	E	F
O	G	L	E	P	O	R	D	W	O	N	S
S	H	E	M	L	O	C	K	A	R	M	E
E	T	K	A	N	E	E	H	S	P	I	L

TRAINS OF THOUGHT

What words link the following definitions?

_ _ _ L _ _ _

1. to characterise;
2. to limit;
3. to fulfil a requirement;
4. to modify.

_ _ _ _ L _

1. a tumultuous crowd;
2. a contemptuous word for the common people;
3. a tool for stirring molten iron.

TRANSFORMERS

Add the letters of the first word to make a new word with the additional letter(s) provided.

Clue: Where experiments are made to produce a young animal.

_ _ _ + M
= _ _ M _

Clue: A sect can be produced out of tyranny.

_ _ _ _ _ _ _ _ _ + E N
= _ E N _ _ _ _ _ _ _ _

ALL THE ANSWERS

Missing Link
pen; user; fill; fire; Indian; number. Seabird; puffin.

Common Link
1. Nimbus; 2. Grundy Television; 3. Blakeney Point; 4. Galileo Galilei; 5. The High Chaparral. Common link: Epsom Derby winning horses.

Giant Double Crossword
Cryptic: Across – 1 Spiked; 5 Pomp; 9 Chilly reception; 12 Price; 13 On cue; 14 Haven; 15 Take part; 18 Evidence; 20 Drape; 21 Canopy; 22 Ostend; 23 Incog.; 25 Covering; 26 Motor car; 29 On-off; 31 Prawn; 32 Jilly; 33 Peregrine falcon; 34 Chad; 35 Marry.
Down – 2 Pulse; 3 Keyboard; 4 Drench; 5 Preserve; 6 Match; 7 Shrinking violet; 8 Convenience food; 10 Spot; 11 Intend; 16 Paper; 17 Ting; 18 Epsom; 19 Disco; 21 Cocoon; 23 Inspired; 24 Going far; 27 Rhys; 28 Magnum; 30 Fish; 32 Jolly.
Quick: Across – 1 Trojan; 5 Bust; 9 Well-intentioned; 12 Pithy; 13 Tilth; 14 Motto; 15 Overflow; 18 Oratorio; 20 Nanny; 21 Salary; 22 Jester; 23 Jewel; 25 Customer; 26 Teletext; 29 Rioja; 31 Lotus; 32 Coast; 33 Byrne; 16 Lawn.
Down – 1 Moran; 2 Tennis; 3 Hope; 4 White; 5 Shantotush; 6 Ken Norton; 11 Cooper; 13 Kelso; 15 Byrne; 16 Lawn.
Personality Pair-Up
1 Les Dennis (A6) and Vernon Kay (E3) have both been presenters of the TV game show now called All Star Family Fortunes; 2 Gary Lineker (D1) and Alan Hansen (B5) both appear regularly on TV football show Match of the Day; 3 Des Lynam (C4) and Des O'Connor (F2) have both been presenters of the Channel 4 show Countdown.

Accumulator Quiz
1 – A; 2 – C; 3 – C; 4 – A; 5 – B; 6 – D; 7 – B; 8 – C; 9 – B; 10 – A; 11 – A; 12 – D; 13 – A; 14 – B; 15 – A.

Starspot Crossword
Across – 1 Christmas; 6 Cup; 8 Busiest; 9 Mimes; 10 Cast; 11 Tow; 13 Face; 14 Video; 16 Apparel; 18 Angels; 19 Nerve; 21 Ajar; 22 She; 23 Acid; 27 Tasty; 28 Meaning; 30 Rid; 31 Descended.
Down – 1 Cob; 2 Roses; 3 Seen; 4 Method; 5 Sums; 6 Compare; 7 Possessed; 10 Character; 11 Ties; 12 Weave; 14 Van; 15 One; 17 Praised; 20 Rhymes; 24 Child; 25 Dyed; 26 Name; 29 God.

Star Name – JENNIFER ANISTON

General Knowledge Crossword
Across – 1 Apple-jack; 6 Vaduz; 9 Calicho; 10 San Remo; 11 Over-the-counter; 13 Milnx; 14 Frostnip; 18 Roly-poly; 19 Acne; 22 Portobello Road; 25 Pumpkin; 26 Lampoon; 27 Price; 9 Henrik; 10 Benn; 12 Oaks; 14 Rodber; 17 Sella; 18 Porto; 19 Rowntree.
Down – 1 Arch; 2 Polyvinyl; 3 Eschre; 4 Aretha; 5 Kiss-curl; 6 Vanquish; 7 Dwell; 8 Zoographer; 12 Emery paper; 15 Nectarous; 16 Spion Kop; 17 Alderney; 20 Old lag; 21 Cromer; 23 Rumen; 24 Anil.

Word Wizard
No 1 is correct. Dak is the Indian postal system.

Spot Check
A = 6; B = 3; C = 1; D = 5; E = 4; F = 2.

Dialling Codes
1. hazel; spruce; oak; palm; pussy willow; larch; date; elm; pine; holly; fir; cedar; maple; plum; laurel; ash; alder. 2. monotonous; uninteresting; irksome; dull; mundane; repetitive; tedious; dreary; wearisome; humdrum; tiresome.

3. Thomas Aquinas; Margaret of Antioch; Francis of Assisi; John the Baptist; Raphael the Archangel; Joan of Arc.
4. shin pads; crash helmet; tennis racket; football boots; gumshield; cricket bat; weights; golf club; rugby ball.
5. Jasper Conran; Vivienne Westwood; Bruce Oldfield; Vera Wang; Giorgio Armani; John Galliano; Nicole Farhi.
6. large intestine; bladder; stomach; kidneys; pancreas; heart; liver; brain; lungs; spleen; oesophagus; larynx; uterus.

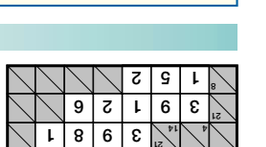
Pathwords
browser; cyberspace; e-mail; home page; link; netiquette; surfing; spamming; web page; FAQ; bulletin board; access provider; newsgroup; proxy server; flame.

Sportsword
1. Matthews; 7 Horan; 8 Price; 9 Henrik; 10 Benn; 12 Oaks; 14 Rodber; 17 Sella; 18 Porto; 19 Rowntree.
Across – 1 Matthews; 7 Horan; 8 Price; 9 Henrik; 10 Benn; 12 Oaks; 14 Rodber; 17 Sella; 18 Porto; 19 Rowntree.
Down – 1 Arch; 2 Polyvinyl; 3 Eschre; 4 Aretha; 5 Kiss-cuf; 6 Vanquish; 7 Dwell; 8 Zoographer; 12 Emery paper; 15 Nectarous; 16 Spion Kop; 17 Alderney; 20 Old lag; 21 Cromer; 23 Rumen; 24 Anil.

Make a Date
1. The year was 1581.
2. The year was 1901.

Transformers
1. Lab + M = Lamb.
2. Domination + EN = Denomination.

Kakuro Challenging



Cross Code

1	2	3	4	5	6	7	8	9	10	11	12	13
N	V	A	B	I	W	S	R	L	G	O	E	D
14	15	16	17	18	19	20	21	22	23	24	25	26
Y	T	X	H	Z	J	U	F	M	P	Q	C	K

Signword

				B		A						
D	A	D	O		O	V	A					
C	R	Y	S	T	A	L						
T	E	A	S	E	T		L					
			F		T	O	N					
R	A	T	E		M	O	B					
	R		B	R	A	V	O					
S	C	B	A		N	A	P					

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All the puzzles in this supplement are supplied by Sirius Media Services. If you have enjoyed playing these and would like to try more of our puzzles online by playing interactively then go to **www.puzzledrome.com**

Sudoku Easy

9	8	4	7	6	5	1	2	3
6	2	7	3	1	8	5	4	9
3	1	5	4	2	9	7	8	6
5	3	8	6	4	1	2	9	7
1	4	6	2	9	7	3	5	8
7	9	2	8	5	3	6	1	4
4	5	1	9	7	6	8	3	2
2	7	3	5	8	4	9	6	1
8	6	9	1	3	2	4	7	5

Sudoku Moderate

9	1	2	7	3	5	8	6	4
8	3	6	1	9	4	5	7	2
5	4	7	6	8	2	9	3	1
7	9	8	4	6	3	2	1	5
2	5	4	9	7	1	3	8	6
3	6	1	2	5	8	4	9	7
6	7	5	3	4	9	1	2	8
1	8	3	5	2	7	6	4	9
4	2	9	8	1	6	7	5	3

Sudoku Difficult

4	5	9	1	3	6	8	7	2
1	6	8	2	7	4	3	5	9
7	2	3	5	9	8	4	6	1
8	1	2	6	5	3	9	4	7
6	3	4	9	8	7	1	2	5
9	7	5	4	1	2	6	3	8
2	4	1	7	6	9	5	8	3
3	9	6	8	2	5	7	1	4
5	8	7	3	4	1	2	9	6

Kakuro Gentle

Con Trick

A	D	D	E	D		D	A	M	A	G	E	S
R		R		A		U		O		O		Y
R	A	I	S	I	N	S		R	E	I	N	G
O		E		S		T		S		N		O
W	O	R	R	Y		E	M	E	R	G	E	D
		D		E		O	R	E		O		X
G	O	V	E	R	N		L	E	G	A	C	Y
		U		K		C	A	T		U		E
C	R	O	S	S	E	S		J	E	L	L	Y
O		F		C		K		O		E		I
A	C	T	O	R		I	M	I	T	A	T	E
C		E		U		N		S		V		L
H	A	N	D	B	A	G		T	R	E	N	D

Wordsearch

P	U	C	R	E	T	T	U	B	L	A	P
E	T	S	O	W	D	N	A	L	O	G	M
Y	T	H	G	I	R	B	E	Y	E	E	C
V	A	L	S	D	O	B	A	J	A	V	I
P	H	O	F	R	E	X	U	D	E	L	B
R	I	M	C	U	D	A	O	Z	A	G	O
I	T	L	L	L	E	W	D	E	E	P	S
M	A	B	S	O	S	T	U	K	C	R	I
R	Q	U	I	W	E	F	R	E	V	E	F
O	G	L	E	P	O	R	D	W	O	N	S
S	H	E	M	L	O	C	K	A	R	M	E
E	T	K	A	N	E	E	H	S	P	I	L

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Art thou having fun, Chevrolet?

Jaguar = satisfaction

JAGUAR has raced to the top of a car dealership customer satisfaction table, *writes Peter Woodman*.

The luxury car company's dealer network scored a satisfaction figure of 86.1 per cent in a survey by American company JD Power, which was published by *What Car?*

Second in the 27-company table was Lexus (83.6 per cent), with Toyota (82.4 per cent) third and Mercedes-Benz (82.3 per cent) fourth.

Ford (77.3 per cent), Mini (77.2 per cent) and Vauxhall (77.1 per cent) were all near the foot of the table, which was based on responses from nearly 15,000 customers who had had a car service at their dealership in the last 12 months on vehicles bought between January 2009 and December 2010.

JAGUAR: XF, XJ and XK model ranges have been huge successes

What Car? editor-in-chief Chas Hallett says: "The survey clearly shows that Jaguar dealers have the most friendly, helpful staff, and the best facilities and workmanship.

"Customer satisfaction is not just about the product, it's about the whole package, and Jaguar is delivering."

He adds: "This survey also shows that lots of dealers are doing a good job but some still have a lot of work to do.

"Car buyers are spending a lot of money and should have the confidence that they will get the same standards of service as the best retail outlets on the high street.

"These opinions, from people who have lived with their cars and experienced these dealers for some time, show that this is not always the case."

The top ten dealership scores were:

1. Jaguar 86.1%
2. Lexus 83.6%
3. Toyota 82.4%
4. Mercedes-Benz 82.2%
5. Honda 81.9%
6. Skoda 80.9%
7. Land Rover 80%
8. Nissan 79.9%
9. Volvo 79.5%
10. Audi 79%

Popbang larks at Cambridge Chevrolet

IT'S not every dealership that can offer its customers a chance to view a stunning 2.3-metre wide piece of original artwork, but that's exactly what is in store for visitors to Cambridge Chevrolet in the coming months.

Thanks to its close relationship with artistic phenomenon Popbang Colour, aka Ian Cook, Cambridge Chevrolet is proudly displaying one of his latest pieces, a celebration of the award winning Chevrolet Volt in the Trumpington showroom.

Ian Cook is well known for his unique painting style. Using nothing but car tyres and remote controlled cars he is able to create stunning visual representations of everything from the latest supercar to F1 driver Lewis Hamilton.

SPLASH OF COLOUR: The new-look Chevrolet Volt, top and, above, artist Ian Cook

"I love the idea of displaying my artwork at Cambridge Chevrolet," said the Popbang artist. "I've always considered dealerships to be galleries in their own right, it just so happens that they display cars rather than traditional art."

When asked about displaying the artwork, franchise manager Luke Gordon said: "We're really proud that Ian has allowed us to display his fantastic artwork, I'm a huge fan and it looks amazing in the showroom. We want to make sure our customers always leave us having had a really positive experience and this is just one more way for us to add to that. Besides you never know we may end up inspiring a new generation of Cambridge artists!"

Ian's work will be displayed at Cambridge Chevrolet until the end of September.

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2008 (58) VAUXHALL CORSA Club Automatic, only 26,000 miles, 5dr, air con, CD player, full history £6,495
2010 (10) NISSAN MICRA VISIA 3DR, 1.3, 47.9 MPG, silver, one owner, full service history £5,995
2010 (10) SKODA FABIA 1 HTP 60 5DR, 1.2 petrol, one owner, full service history £5,995
2009 (09) NISSAN MICRA VISIA, 1.2 petrol, 18,000 miles £5,795
2006 (06) SEAT ALTEA REFERENCE, 1.6 petrol, 45,800 miles £4,795
2007 (57) RENAULT CLIO 1.2 CAMPUS, only 39,000 miles, one owner £4,495
2007 (56) RENAULT MEGANE DYNAMIQUE, 1.5 diesel, only 30,000 miles, full history, 62.8 MPG, £30 Road Tax £4,295

QUALITY USED VEHICLES
2009 (09) FORD FIESTA TITANIUM 5DR, 1.4 petrol, only 55,000 miles, full service history, 1 owner in red £7,495
2010 (10) SUZUKI ALTO 1.0 S24 AUTO, black, air con, electric windows, 6,900 miles £5,850
2008 (08) VAUXHALL ASTRA CLUB, estate, diesel, 83,430 miles £4,995
2006 (56) VAUXHALL ASTRA LIFE, estate, diesel, 46,504 miles £4,395
2007 (07) VAUXHALL ASTRA LIFE, estate, diesel, 62,000 miles £4,295
2007 (07) VAUXHALL ASTRA LIFE, estate, diesel, 67,413 miles £4,295
2006 (56) VAUXHALL ASTRA LIFE, estate, diesel, 84,449 miles £3,995
2000 (X) RENAULT MEGANE Scenic Alize £1,500
1999 (S) FORD FIESTA GHIA 16v 5DR HATCH, black, 76,481 miles .. £1,495

COMMERCIAL VEHICLES
2009 (09) CITROEN DISPATCH 1.6 HDi 190 SWB, white, 29,889 miles ..... £7,395 + VAT
2008 (58) PEUGEOT PARTNER VAN, one owner, full history, finished in white ..... £5,500 + VAT
2010 (60) CITROEN NEMO VAN, side loading door, white, 52,000 miles ..... £5,495 + VAT
2008 (08) VAUXHALL CORSA VAN 1248cc Diesel, only 23,000 miles, one owner full history, ply lined, silver, excellent condition £4,995 + VAT
2008 (08) VAUXHALL CORSA VAN, 1248 cc Diesel, only 42,000 miles, one owner, full history, ply lined, silver, excellent condition £4,795 + VAT
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Toyota to unveil latest Auris at Paris show

TOYOTA will give the new Auris its first public appearance at the Paris Motor Show which starts on September 29.

The most obvious change is the updated styling, including Toyota's new 'face' and more angular rear lights.

The Auris has come in for criticism over its life but the new model aims to change that with a much-improved interior, sharper styling and a more cleverly packaged interior.

A Toyota insider was quoted as saying the new model's interior look, feel and outright quality is a "quantum leap" ahead of the outgoing one.

Full hybrid, diesel and petrol versions of the Derbyshire-built car will be produced, with the spread of the range expected to be broadly similar to the current line-up. Expect a choice including a 1.4-litre diesel, a 1.33-litre petrol and a 1.6-litre petrol.

NEW LOOK: For the Toyota Auris

THE FIAT 500 STREET: Features an extra £1,800 worth of equipment

The Fiat 500 range gets a Street option

THE highly successful Fiat 500 range is enhanced even further today with the launch of a sporty and lavishly equipped new version, the 500 Street.

Aimed at sports-minded customers who want all the style, economy and comfort of the popular Fiat 500 city car but with a striking new look, 500 Street comes equipped with dark tinted windows, alloy wheels and satin chrome finished mouldings, handles and door mirrors.

Powered by the economical 1.2-litre petrol, award-winning 0.9-litre TwinAir or the potent 1.3-litre MultiJet 2 diesel engine, new Fiat 500 Street is available in a choice of five colours: Bossanova White, Pasodoble Red, Crossover Black, Electro-clash Grey or Matt Black.

At just £11,360 (1.2), £12,760 (TwinAir) and £13,760 (1.3), the new hatchback-only model is priced the same as the 500 Lounge version. Costing £1,400 more than the 500 Pop, the car gets £1,800 worth of extra equipment including air conditioning, sports seats, 16-inch alloy wheels, Blue&Me infotainment, leather steering wheel with radio controls, and rear spoiler.

"I am delighted that we have announced the arrival of the Street, which offers a fresh approach to the Fiat 500 range," says Elena Bernardelli, marketing director, Fiat Group Automobiles UK. "Its combination of bold, sporty looks with a high level of standard equipment will make it a serious consideration for any value-conscious buyer."

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X3 gets rear-wheel drive option

BMW's X3 medium-sized SUV is now available in rear-wheel-drive 'sDrive18d' guise, with a lower price, a lower CO2 output and higher fuel economy than ever before.

Until now, the X3 had been available only in 'xDrive' four-wheel-drive form, but the new arrival gives buyers a more frugal and more accessible option if the benefits of four driven wheels don't apply to them.

The well-known 141bhp, 266lb ft diesel engine can be mated to a six-speed manual or an eight-speed automatic gearbox, with CO2 and economy figures for the manual recorded at 135g/km and 55.4mpg; 14g/km and 4mpg better than the more powerful xDrive20d.

Priced at £28,580, the entry-level sDrive18d undercuts the existing range by nearly £3,000.

It will slot into the base of the range but will conform to its predefined norms, being made available in SE and M Sport trim lines. Apart from Hill Descent Control, which is only available for four-wheel-drive X3 models, the new model matches the xDrive20d's kit list in all areas.

SE models feature engine stop-start technology, Drive Performance Control, 17-inch alloy wheels, Nevada leather upholstery and BMW iDrive with a 6.5-inch colour screen.

M Sport models have a host of sporty additions, such as 18-inch alloy wheels, M Sport bodywork, sports seats and sports suspension.

The sDrive18d is the fourth diesel model in the X3 range, alongside the xDrive20d, 30d and 35d.

GREAT CAR: The BMW X3

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01223 207992
07984 905621

Mopeds

Keeway F-ACT 50

10 plate (June 2010), Blue/White, 2,400 miles, Good condition, Service history

£800
07792 508038

Piaggio Zip SP

58 plate, 15,000km, 50cc, Very nice looking bike, Tax and MOT until December

£950
07748 382093

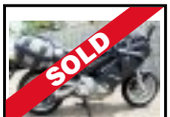
Sport on Monday Cambridge News

Motorbikes

HONDA VFR 800

782cc, 2003, 36,000 miles, taxed until end December 2012, 11 months MOT, last serviced June 2012, one previous owner, Honda heated grips, MRA vario touring screen, side cases with inner bags & 2 keys, new battery May 2012, Bridgestone tyres, bike has been lovingly looked after

£3,695 ono
07810 503672



BMW - F800ST ONLY 422 MILES

2009, blue, as new, immaculate, all extras - luggage, centre stand, heated grips, communications system, ABS, computer etc

£5,995
Sold

Motorbikes

BMW K1100S

'96 N reg, 46000 miles, MoT 07/13, Tax 01/13. Full Luggage, Heated Grips, ABS II. 1 lady owner, Fully serviced by BMW, Private Sale, Genuine Reason.

£2,995
07885 965888

BMW K1200R

'56 plate,11500 miles, MoT 06/13, Tax 11/12. Extras: Centre Stand, Sports Wheels, Heated Grips, Cockpit Fairing, White Indicator Lenses,Integral ABS, Low Seat, Full Luggage, Carbon Hugger, Special Paint, Anti-Theft & Alarm. 1 Owner, Fully serviced by BMW. Private Sale, Genuine Reason

£4,995
07885 965888

Harley Davidson Army Bike

350CC, Electric and Kick starts, New MOT only 8k miles . 1995 inc machine gun case . Very different and rare off/on road bike. Cheap parts as x Army and bullet proof rotax german engine.

£1,750 ono
01223 840217
after 7pm

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07710 324170
01525 759236 T

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Motorcycles, Mopeds, Scooters, incomplete, complete, or spare parts

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07960 248622

Tyres - Exhausts

AT Freds Tyres, part worn tyres guaranteed. Tel: 01353 741279.

Alfa Romeo

Alfa Romeo Spider

1970cc, Acid Green, Full MOT, good condition, reason for sale, ill health

£1,650 ovno
01353 614984

Sport on Monday Cambridge News

Audi

Audi TT 1.8 Quattro

Excellent Condition, Black, 2 door, 225 BHP, Part leather/ part suede, FSH, Petrol, 4 recently replaced tyres, Heated seats & wing mirrors, 11 months MOT, 5 months Tax, 107,000 miles

£3,995
Please contact Lee Runham on 07753 326108

BMW

1999 (V) BMW 323i Convertible

Silver, 98k, Immobiliser, M-Tech body kit, Alloys, Switchable sport auto gearbox, Rear parking sensors, E/Roof, E/W, E/M, E/front seats, M-Tech steering wheel, Driver/passenger airbags, climate, A\C, Front centre armrest, Radio/CD, FSH. MOT Jul '13, Great car in vgc

£2,750 ono
07753 744557

BMW 1 Series 116i

4 door, 6 speed, Manual, 2007 (57 plate), Black, 48,000 miles, Full BMW service history, Tax & MOT until Oct 2012

£7,200 ono
07515 967505

BMW 530 Sport Saloon

2005, automatic, diesel, mystic blue, interior grey leather, remote control alarm, cd multichanger, M sports seats, wheel, suspension and aerodynamics, full BMW service history,

£9,850
01223321481

BMW

BMW X5 3.0i SPORT

Auto, very low mileage, metallic green, leather, alloys, CD multichanger, alarm, immob, r/c/l, ABS, a/b, PAS, park distance control, cruise control, e/w, air con, climate, front fog lights, FSH, ex cond

£7,950 ono
07783 733282
07543 045879

Chrysler

Chrysler PT Cruiser

05, Black, 49000 miles, ABS, A\C, Alarm, Alloys, CD, E/W, MOT Aug 13, Tax, Just Serviced, Full History,VGC

£2750
01440 712318

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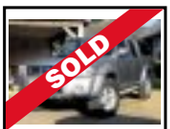
Reducing Collection Mercedes Benz 320 SL Coupe

1995, Under 83,000 miles, Electric seats, Electric soft top, Hard top, MB radio, Many MOT's, Taxed, Dark blue metallic with grey leather, Appreciating classic

£9,995
01487 814418

Commercials

MAZDA Pickup B2200, M reg'd, one years MOT, taxed until January, good condition for year, reliable, £800 ono. SOLD.



Nissan Navara 2.5Di D22 Pickup

Double cab 4 door, Silver, 2004 54, 2 owners, 49,000 miles, SH, Tax/ Mot Feb 2013, CL, EW, 6 CD player, A/C climate, Carryboy cover, tow bar, Light use only, VGC

£4,950
Sold

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02 52 BMW X5 29D Sport, Diesel, Automatic £6,995
04 04 MERCEDES SLK 230 K Automatic, Convertible, in red, FSH, silver £5,995
07 07 VW POLO S 1.4, Automatic, black, 42,000 miles, FSH £4,995
07 07 FORD FOCUS 1.6 Automatic, black, 50,000 miles, FSH £4,695
03 03 VAUXHALL ZAFIRA 1.8 DESIGN 7 seat, Automatic, air con £2,795
00 X MERCEDES A140 ELEGANCE, Automatic, 41,000 MILES, FSH £2,495
99 T JAGUAR XJ Sport V8 Automatic £2,595
02 51 mercedes A140 CLASSIC Automatic, met grey, 5 door £1,795
00 W VOLVO V40 2.0 Estate, silver, Automatic £995

Others

04 04 PEUGEOT 307CC COUPE, convertible, 65,000 miles, FSH £3,995
04 54 RENAULT MEGANE 15DCi DYNAMIQUE, diesel, estate, black, 67,000 miles £2,995
04 54 SAAB 9.5 VECTOR SPORT diesel, silver, FSH £2,695
04 54 RENAULT CLIO DYNAMIQUE 1.2, black, 48,000 miles, FSH £2,995
01 Y TOYOTA MR2 1.8 VVTi Roadster, Convertible, in red £2,195
00 W VAUXHALL CORSA 1.2 GLS, 5 door, 79,000 miles, FSH £1,495
01 Y FORD FOCUS Ghia, 5 door, silver, leather, alloys £995

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01223 353124/07764 681177
ALL DEALER FACILITIES

Commercials

PEUGEOT PARTNER VAN

2001, diesel, 124,300 miles. Blue. One owner from new. Private No. plate. MOT & Tax. Roof rack. recent exhaust, timing belt changed at 105,424, recent brake pads, brake shoes, rear discs & wheel cylinder. Oil change every 6 mths

£950

07976 573046

Vauxhall Combo CDTI

2008 (08), White, Roof ladder rack, radio/ CD player, 36,000 miles, FSH, MOT until May 2013.

£4,675 no vat.

01223 872595 or 07785 331055

Daihatsu

Daihatsu Copen

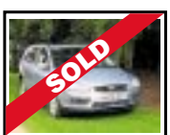
Convertible, 659cc, Petrol, 2004, Red, 42,000 miles, Alloys, CD, E/W, Unique Copen Reg, cream leather heated seats, MOT until January 2013.

£3,800

07547957105

Ford

FORD Ka, 1.3, Collection 2, 03 reg'd, silver, CD, remote locking, heated front & rear screen, e/w, MOT & Tax. £1,650. Tel: 01223 234656.



Ford Focus 1.6 Ghia Estate

2005 (55) metallic light blue, petrol, 73,500 miles. Full service history, 12 months MOT, 2 careful owners. F/F Electronic tilt/slide sunroof, usual Ghia extras, very good condition

£3,250 ono

Sold

FORD KA 1.3

04 model, silver, 73,000 miles, Tax until Dec 12, MOT April 13, FSH, very good condition, new radio/ CD player

£1,500

01763 260162 07895 036389

Honda

Honda Civic 1.8 i-vtec special edition

2009 (09), Only 17,000 miles, Alloys, Leather interior, 6 speed manual, Petrol, 1 lady owner, MOT until March, Tax Oct, FSH, Service plan paid to 2015, Excellent condition

£8,999

01223 501322 07907 995531

Honda CR-V 2.2 i-CTDi Sport

2005, Black,5 months Tax, 10 months MOT, vgc, tow bar and reverse sensors

£5,500

01353 863292 after 6pm 07725 091473

Honda CRV 1-V TEC SE Sport Estate

Blue, 08-10-2002, 2.0 cc Petrol, 97,000 miles, MOT, Tow bar and service history, Very good condition

£2,995 ono

07901 808146

Honda Accord 1.8iS

1998, manual, great condition, air con, long MOT, taxed, dark green with dark grey interior, 2 previous owners, low mileage for year

£995

01487 814418

Sport on Monday Cambridge News

Hyundai

Hyundai Coupe S111

Auto Tiptronic, 2.0 L, Petrol, 20,000 miles, 2007, MOT until April 2013, Tax until August 2012, 1 lady owner from new, Metallic blue, Leather interior, 3 door, Immaculate condition

£5,995

07517 904200

Jaguar

JAGUAR S-TYPE

2000, automatic, 3.0L, fully loaded, s/r, reversing sensors, ABS, traction control, heated seats, MOT & tax May 2013, 197k, drives superbly, any trial

£1,195

01480 467746 07938 833009

JAGUAR X-TYPE V6

2002, 129,000 miles, metallic blue with cream cloth interior, 2099cc, MOT to May 2013, e/w, ABS, alloys, CD, some service history to 110,000 miles, lovely clean condition, well looked after

£1,350 ono

07749 469087 Nr Ely

Land Rover

Freelander TD4

2005, (55) reg, Grey with cream leather interior, Diesel, Automatic, 5 door, 65,000 miles, A\C, CD player etc, MOT until June 2013, Excellent condition

£6,950 ovno

07773 822363

Land Rover Freelander TD4 Diesel

54 reg'd, 5 speed automatic, in black with alloy wheels, air con, etc. 117,000 miles, taxed & MOT May 2013, very good condition inside and out

£4,250

07860 788997 01487 843137

Mazda

Mazda Bongo

M Reg, 2490cc, Silver, Road Tax end Sept 2012, MOT May 2013, 73,000 miles, Diesel, Automatic, ABS, A\C, Elevating roof, Window blinds, CD player, Original carpets, 8 seater suitable for conversion, Good condition throughout

£3,900 ono

01480 495920 07811 905373

Mazda

Mazda 2 Sport 09

Petrol 1.5L, vgc, MOT & Tax until Aug 2013, 1 lady owner from new, FSH, 44,000 miles

£5,450

07780 009387 01353 774785

Mazda MX-5 Eunos

1992, K reg, 1.6, Green, Crome rollbar, 114,000 miles, Alloys, New cambelt, MOT till May 13, Tax August 12, nice littlel car

£1,450 ono

01440 714227

Mazda MX-5 MK2 1.8

Petrol, 1997, Green, 102,000 miles, CD, heated rear window, recent mohair hood & cambelt, full service history, manual, Excellent condition, Tax end November, alloys, MOT March 2013

£2,225 ono

07941 602957

Mercedes

Mercedes 200c Compressor Sport Hatchback

2002, Economical 6 speed, Panoramic roof, Below average miles, Good condition, FSH, Recently serviced, 9 months MOT, Tax until end of the year

£1,695

07910 573374

MERCEDES ML270 (2.7) CDI AUTO

2003 (53), silver, luxury pack including full leather, cruise control, Parktronic, full service history, 48,000 miles, 1 owner

£7,250

01480 214820

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Mini

Mini Cooper

Silver and Black, Manual, Petrol, 2003, 75,000 miles, ABS, A\C, Alloys, chilli pack, CD radio with steering wheel controls, Cruise Control, Airbags, E/W, Immobiliser, Half leather seats, Electrics, P/S, S/H, MOT, E/M, Tax, Ex condition

£3,999

01440 704538

Mini Cooper 1.6/Petrol

07 Reg, Astro black, Very good condition, Alloys, A\C, ABS, Colour coded, CDL, CRS, Electric double S/Roof, FSH, Black leather heated seats, Immobiliser, MOT, PAS, BMW on-board system. A beautiful car!

£6,599 ono

07979 240801

Mini Cooper Convertible

55 Reg, Black eye purple, 1.6 Petrol, 56,000 miles, Sat nav, Cruise Control, 6 CD changer, Half leather seats, 10 months MOT, Tax until 31/10/2012, Excellent throughout

£7,495 ono

01353 669798 07584 350798

Mitsubishi

MITSUBISHI Pajero Exceed, 1991, 2.5L diesel, vgc, pale gold, lots of history, 12 months MOT, 5 months tax, £1,400 ono. Tel: 01480 891698.

Nissan

NISSAN Sunny (G), 3 door, silver, 33,500 miles, MOT & tax January, some wear and tear but very reliable, £375 ono. Tel: 01223 365346.

Nissan Micra 1.2

2005, Gold, 81,000 miles, MOT 02/13, Excellent condition, Reliable/ economical car

£2,100

07803 134565 01480 212540

Peugeot

Peugeot 206CC 1.6s

2003, Black Convertible, only 38,000 miles,one owner, A\C, alloys, ABS,Radio/ CD, E/M, FSH, MOT June 2013, 4 new tyres, front fog lights, Anti-theft system, PAS, Service indicator, Sports pack, black leather trim, black leather sports seats, central locking, airbags

£3,500

07523 857362

Peugeot 206LX 1.4

X reg'd, 96,000 miles, silver, manual, 5 door, good condition, panoramic sunroof, CD, air condition, MoT end October

£900

01763 243679 07837 128370

Peugeot 307 XSI 1.4V Petrol

Silver, 5 door hatchback, 57,114 miles, Registered Nov 2004, CD/Radio, Slight damage to rear near side wheel arch, MOT until October 2012, Tax until end October 2012

£1,995 ono

07854 785462

Peugeot SW 307 1.6 SE

5 dr Estate, Manual, Petrol, 2007, Met gun metal grey, A\C, Climate, Cruise, Immob, P/S, E/S/Roof, E/M, Parking sensors, R/C/L, CD with 5 disc multichanger, Roof rails, ABS, Head restraints, Upholstery Cloth, airbags, Tow bar, full MOT, 6 mths tax

£4,700 ono

01223 882010

Sport on Monday Cambridge News

Porsche

Porsche 944 Lux

MOT until October, Taxed until March 2013. Mechanics good, Bodywork good, interior tatty hence

£1,500

01799 540599

Renault

CLIO Dynamic, 5 door, silver, 54 reg'd, one lady owner, 6 months tax, MOT, service history, very good condition, £3,400 ono. Tel: 07772 148947.

Renault

Renault Scenic Dynamique S 1.6 VVT

57/ 07, metallic grey, 40,000 miles, A\C, E/W, 6 speed, black leather/ cloth interior, radio/ CD, 8 months MoT, 2 months Tax, vgc

£4,600 ono

07811 355938

CLIO DYNAMIC

2004, 88,000 miles , diesel, AC, PS, sunroof, alloy wheels, metallic blue, grey interior, all usual refinements. £20 per year tax

£2550

01223 264867 07857 611465

RENAULT CLIO 1.4 ALIZE

2001. X Reg. Met. Blue,. 3 door. Power steering. Air con. 11 mths MOT. 5 mths tax. 136k miles. Service history. Cambelt just been changed

£850

07943 982896

RENAULT SCENIC PRIVILEGE

2.0L, petrol, 2001, automatic, twin sunroofs, leather upholstery, air con, 6 CD changer, taxed May 2013, MOT December 2012, good condition for year

£1,200 ono

01638 743570

Renault Megane II Estate 2005 1.6L Petrol

5 doors, Manual, Metallic blue, Taxed, MOT-04-2013,FSH with all bills, 3 owners, 79k, All last MOT's available, Expression model with panoramic electric S/Roof, Electric front & rear windows, A\C has just been serviced, vgc, Must be seen

£2,495 ono

07941 788547

drive
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Renault Megane Sport Cabriolet

2000 (W), 1600 16v, Silver, Blue electric hood, new MOT (Aug 2013), tax (September 2012), new tyres, 112,000 miles, Good order

£795

St. Neots

01480 470478 / 07545 767729

Rover-MG

MGTF 2003

66,000 miles. British Racing Green. Radio CD player. SS Exhaust, Taxed and Tested Great car

£2,300 ono

07979 750046 after 6.30pm

Seat

2006 Seat Ibiza 1.4 Sport

3 door, 36,500 miles, A\C, Isofix, PAS, Alloys, Taxed Jan '13, FSH, MOT and Service April '13, Good condition, Very reliable runner

£3,200

07765 332997 01638 741767

Smart

Smart 600 Passion 2002 52 Plate Numeric Blue/Silver Only 26,000 miles F.S.H. Ex-demo + 1 owner from New C/locking E/windows Airbags Alloys Radio/C.D. Player Air con. Immobiliser New M.O.T. Taxed Warranty Immaculate Condition £3250 01799 584327 07779 557267 www.rowleyscars.co.uk T

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Toyota

Toyota Yaris 1L

V Reg, 1999, 3 door hatchback, Manual, Petrol, Silver, Tax & MOT up to date, 103,600 miles

£950

07837 535302

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Toyota

Toyota Avensis

Diesel 2.0 D4D, 2004, 120,000 miles, 9 months MOT, 8 months Tax, serviced up to 110,000miles, 50 miles+ to the gallon, tow bar, very good condition.

£3,650 ono
07748 048639

Vauxhall

2004 Vauxhall Corsa Energy 1.3 CDTI

5 doors, Tax & MOT until 07/2013, 4 as new Yokohama tyres with good alloys, A\C, C/L, E/W, E/mirrors, CD, Alarm, Immobiliser, 2 keys, Very clean inside & out, 95k, FSH, 70+ MPG, Excellent condition

£2,595 ono
07716 498073

Vauxhall Astra SRI

1.6, 2002, 5 door, 70,000 miles, alloys, a/c, e/w, PAS, MOT & tax, FSH, good condition

£1,500
07971 780511

Vauxhall

Vauxhall Meriva 2005

Turbo Diesel, 47,500 miles, Manual, E/W, CD player, A\C, 5 door, Alloy wheels, Tinted windows, Long MOT

£4,999 ovno
07789 115962

Vauxhall Corsa 1.2 SXi 5 door 2003 03 Plate Met. Green Only 32,000 miles F.S.H. 2 owners P.A.S. C/locking E/windows Airbags Radio/C.D, Player Colour Coded Bumpers & Mirrors Immobiliser Long M.O.T. Warranty Excellent Condition £3250 01799 584327 07779 557267 www.rowleyscars.co.uk T

VAUXHALL ASTRA LS 1.6

03 Plate, Manuel, 82,000, 12 months MOT and 6 months Tax, Silver, Petrol, CD, E/W, A/C

£1,200
07557 405307

Vauxhall Insignia 2.0 CDTi (160) SE Hatchback

2009. Metro Blue. Diesel. 19,900 Miles. 10 month MOT. 6 Month Tax. Good condition low mileage car

£9,250

01223 360305

Vauxhall Astra 1.6 SXi 5 door 2005 05 Plate Silver Only 48,000 miles F.S.H. 2 owners P.A.S. C/locking E/windows Airbags Alloys Radio/C.D. Player Air con. Colour Coded Bumpers & Mirrors Immobiliser Long M.O.T. Warranty Excellent Condition £3995 01799 584327 07779 557267 www.rowleyscars.co.uk T

VAUXHALL CORSA 1.2 SXi

Black, 55 plate, 33,000 miles, 2 owners, 11 months MOT, 6 months tax, genuine, immaculate, low insurance, ideal first car

£3,950
01223 812202
07866 185849

Vauxhall Vectra

1796cc, 5 door hatchback, Petrol, 2002, Light navy blue, Alarm, CD, E/W, P/S, long MOT, Excellent condition, First to see will buy

£600 ono
07790 360724

Volkswagen

2005 VW Beetle Luna Edition

1.6 Petrol engine. Limited Edition blue. One lady owner, owned for 17 months. MOT in July'12, Taxed until Nov'12. 43,000 miles – lovely condition

£5,250 ono
07557 188192

Volkswagen Polo 1.4SE

2009 (59 reg), Silver, 14,000 miles only, A\C, Alloys, 5 door, latest shape, full MoT, tax, just serviced, one lady owner, immaculate

£8,995 ono
07760 157874
01223 842610

VW Beetle Cabriolet Convertible

1596cc, Petrol, 2004, Blue, 45,000 miles, Tax to end October 2012, MOT to mid November 2012, Service history, Good condition

£5,250 ono
07842 827297
Nr Royston

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Volvo

Volvo V70 SE D5 Estate

2007, auto, diesel, 185 BHP, metallic dark blue, 60,000 miles, all extras plus entertainment package, excellent condition, FSH

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07754 154165

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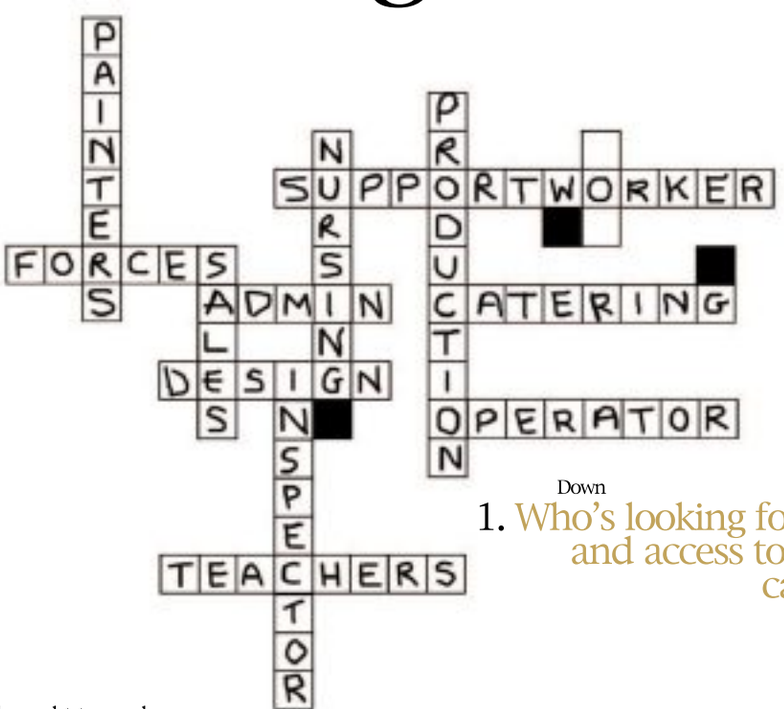

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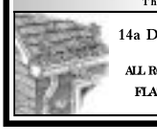

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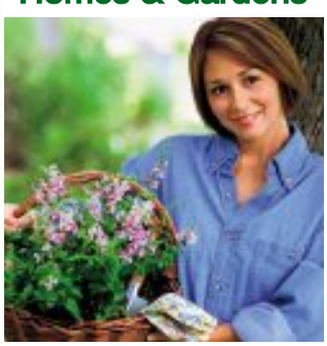

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55YR old female, hazel eyes, slim-medium build, lovely, warm, tactile, cultured, seeks articulate, attractive, tall soul mate with GSOH. **Tel No: 0906 500 3772 Box No: 393809**

MARIA 46, attractive blonde, blue eyes, fun loving, caring, GSOH, seeks caring, kind man for relationship. **Tel No: 0906 500 3772 Box No: 393941**

ATTRACTIVE slim lady, 57, no ties, nice quiet persona, seeks gent for interesting conversation, laughter and romantic happy future. **Tel No: 0906 500 3772 Box No: 391669**

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JO 41, blonde, slim, 5ft 2ins, genuine, caring, loyal, seeks male for friendship, maybe LTR. **Tel No: 0906 500 3772 Box No: 393311**

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FEMALE 53, slim, many interests, likes music, nights out, cinema, seeks genuine, caring male, 35-55 for friendship, maybe more. **Tel No: 0906 500 3772 Box No: 385899**

38YR old female, brown hair, hazel eyes, seeks genuine, decent man for relationship. Ipswich. **Tel No: 0906 500 3772 Box No: 366271**

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JEFF 39, medium build, 6ft, dark hair, blue eyes, caring, likes animals, nights in/out, seeks female for friendship, maybe more. **Tel No: 0906 500 3772 Box No: 392508**

PAUL 60, DJ, seeks female into music, N/S and of smart appearance. **Tel No: 0906 500 3772 Box No: 395353**

MALE 55, no ties, 5ft 7ins, GSOH, varied interests, seeks caring female, up to 58 for relationship. **Tel No: 0906 500 3772 Box No: 395311**

MALE young 60, loving, faithful, GSOH, WLTM female 50-58 for serious relationship **Tel No: 0906 500 3772 Box No: 394895**

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ROMANTIC caring, half Spanish guy 38, blue eyes, dark hair, OHAC, seeks pretty female for LTR. **Tel No: 0906 500 3772 Box No: 394867**

DAVID 50, motor cyclist, seeks female pillion for holidays and relationship. **Tel No: 0906 500 3772 Box No: 394831**

66YR old male, 6ft, widower, N/S, clean shaven, smart, likes social outings, holidays, music, dancing, seeks well dressed female for friendship, maybe more. **Tel No: 0906 500 3772 Box No: 394741**

GRAHAM 42, solvent, professional, kind, caring, GSOH, seeks female for friendship/relationship. **Tel No: 0906 500 3772 Box No: 392544**

DAVE 60, seeking female, any age, N/S, smart with GSOH who enjoys music. **Tel No: 0906 500 3772 Box No: 395123**

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Racing:

I'm so lucky: Queally

TOM Queally thanks his lucky stars he is part of the Frankel success story.

The Irish-born jockey reflected on the unbeaten colt's sensational victory in the Juddmonte International Stakes at York last week and, like everyone, was impressed by the performance of the Sir Henry Cecil-trained colt as he swept to a 13th successive victory on his first attempt at 10 furlongs.

"It was awesome – he was absolutely amazing," said Queally. "Words don't describe what this horse can do and what he means to everybody. He's the horse of a lifetime.

"I'm in a special position and honoured and privileged to be part of it all. The Queen Anne was a demolition job and the margin (11 lengths) was impressive that day. In the Guineas he slaughtered them all from pillar to post.

"Last week he settled so well. He shouldn't have won by seven lengths because I expected to be sat nearly all the way to the furlong pole, but to thunder away by seven lengths in the space of a furlong takes some doing.

"Everything is possible with this horse. He's exceptional. It's like getting the Lotto numbers."

Frankel cemented his place in the record books by becoming the first horse to notch a rating of 140 for a second time and only Dancing Brave, in the 1986 Prix de l'Arc de Triomphe, has recorded a higher figure of 141.

"To achieve 140 twice in his career is a ground-breaking performance by the world's best racehorse and he could yet go on to match or even top Dancing Brave's 141, perhaps on QIPCO British Champions Day," said the British Horseracing Authority's head of handicapping, Phil Smith.

Pat Eddery, rode many top-class horses for Khalid Abdullah, including Dancing Brave, but he said there has never been a horse quite like Frankel.

"In every race is that he's amazing," said Eddery. "It was his first time over the trip and it looked like he'd stay further. He was taking on the best – there's no doubt about that – and they tried to set the race up for themselves. He just simply outgunned them. He's a freak."

Coral have opened betting on where Frankel will run next, and make the QIPCO Champion Stakes the 2-5 favourite. The Arc is priced at 5-2, with the Prix du Moulin and the Queen Elizabeth II Stakes both 10-1.

Jockey's tribute to Frankel, the 'horse of a lifetime'

INTERNATIONAL SUPERSTARS: Frankel and Tom Queally cruise to a sensational win in the Juddmonte International at York PA

Buick puts the case for Nathaniel

WILLIAM Buick believes Nathaniel could at least give Frankel something to think about should the pair clash in the QIPCO Champion Stakes at Ascot in October.

While plans for the world's highest-rated racehorse remain open to question, the Champion Stakes would seem his most likely next objective and that could see him clash with John Gosden's Nathaniel for the second time.

The duo met on their respective debuts at Newmarket a couple of years ago, with Nathaniel getting within half a length of Sir Henry Cecil's colt.

Nathaniel himself has done pretty well for himself, winning the Coral-Eclipse at Sandown and finishing first and second in the last two runnings of the King George VI And Queen Elizabeth Stakes.

His jockey will be hoping for testing conditions at Ascot, should the rematch happen.

"I think the horse (Frankel) is probably unbeatable, but we've got a horse in Nathaniel who probably at some stage will have a go," said Buick.

"If Ascot came up testing and stamina came into it, he will definitely give him a run for his money. I think he is still the horse to get nearest to him."

› Speedway

Fours win sparks cup cruise

■ Turn to page 54

display, Daniel Halsey's second place to Wright the only time they were defeated.

Mildenhall 55 Stoke 39

NATIONAL LEAGUE KO CUP, SEMI-FINAL, FIRST LEG

A DAY later Tigers answered the plea from promoter Michael Lee for a major advantage from the home leg of their National League KO Cup semi-final.

However, it should have been more and the defending champions' place in the final should have already been assured.

Back-to-back mid-meeting maximums turned the Fen Tigers' narrow six-point lead into a healthy advantage after a typical sluggish start.

Despite the brilliance of 18-point maximum hero Stefan Nielsen and captain Lewis Blackbird, who was on course for the same undefeated six rides until catching the fence in a spectacular last-race crash and injuring his wrist, points were thrown away in five races that could have meant the tie would be all but sewn up.

Tigers' chairman Kevin Jolly said: "Sixteen is good, although we would have liked more, but we go to Stoke confident of winning there. It's the same story with us, throwing a lot of points away. We did it last year, but they're learning."

Nielsen (right) was again sublime. He clipped the back-wheel of Charles Wright in his second ride, falling high-side off his bike, but he took his place in the re-run and defeated Wright in a thrilling tussle, before setting the fastest time of the night in his next and completing his perfect scoresheet.

"Stefan is superb and his attitude is spot-on," said Jolly.

"The speed he is creating here is unreal and if he falls, he just focuses getting back on and winning. He seems to race his best after a crash."

The return leg is on September 15, but before then Tigers travel to the Isle of Wight tomorrow (Thursday) for a National Trophy clash and are at home to King's Lynn in the league on Sunday (4.30pm).

Mildenhall: Nielsen 18 (6 rides), Blackbird 15 (6), Jacobs 9 (5), Halsey 6+1 (5), Bates 4 (4), Terry-Daley 3+2 (4). **Stoke:** Atkin 12+2 (6), Wright 12 (5), Cockle 6+1 (5), Carr 5+.

› Motorsport

Jarvis is left deflated

OLIVER Jarvis was left to rue a puncture which wrecked his hopes of a podium finish in the FIA GT1 World Championship round in Slovakia.

The 28-year-old Newmarket racer and co-driver Frank Stippler in the Belgian Audi Club Team WRT went into the weekend refreshed after a six-week break in the championship.

And after some encouraging signs through the early part of the weekend, things looked promising heading into race one.

But a puncture into turn one meant that they had to nurse the car back to the pits to prevent doing further damage, and that proved a set back for the second race as well.

"We qualified seventh but I picked up a left-rear puncture and that put us to the back of the grid," said Jarvis. "We started at the back for race two and we picked up a few places so we managed to finish in fourth.

"We both managed to pass cars on the track through overtaking manoeuvres and made up a lot of time.

"With the overtaking and the strategy we came fourth and had we started at the front I think we would have been able to win it.

"We're still struggling a little bit with the performance of the car because of the regulations as we're limited on straight line speed compared to some of our competitors.

"We're quick and we're doing a good job but unfortunately at the moment the rules don't favour us. The car is not quick enough because of the rules."

Cricket: Regional round-up

Exning on the brink as leaders turn screw

PAUL PALLANT: Valuable knock for Lakenheath

» MARSHALL HATCHICK TWO COUNTIES CHAMPIONSHIP

MARK Geeves' half-century proved to be in vain, leaving bottom club Exning needing snookers to stay in Division One following a 152-run drubbing at new leaders Woolpit.

With three teams set to be relegated rather than two because of Halstead's impending demotion from the Gibbs Denley East Anglian Premier League, Saturday's defeat left Exning on the precipice.

Unless, as it stands, the eventual Marshall Hatchick Two Counties champions win promotion to the EAPL, which would mean only two sides would drop out.

However, even with that scenario, Exning would still need to win their last three games and hope other results go their way.

Woolpit declared on a formidable310 for 4 and there was little chance of the visitors getting anywhere near it as they quickly slipped to 25 for 4.

Captain Daren Hayward hit 49 in a fifth-wicket stand of 56 with Simon Allen, and Geeves provided further resistance with a knock of 55 before Exning finally went for 158.

Mildenhall were left to rue the thunderstorm that caused their home clash with Coggeshall to be abandoned as they dropped to second in the top flight.

The visitors were 95 for 5 when rain initially stopped play, before chalking up 178 for 8.

But with grey clouds returning, the hosts tried to score quickly only to lose Tom Westley and Ben Shepperson early.

Opener Frans Bester hit 38, but the heavens opened midway through the 12th over with the hosts on 64 for 2.

Nigel Brunning grabbed five wickets in **Haverhill's** abandoned home encounter with struggling **Lakenheath**.

Paul Pallant struck 45 as the visitors were dismissed for 143, Brunning claiming 5 for 35 and Amit Gupta 3 for 39.

Bill Moran had reached 20 not out when the hosts' reply was halted at 38 for 2 after 11 overs.

In Division Two, Jack Beaumont's big knock could not prevent **Mildenhall II** suffering a nine-wicket trouncing at Hadleigh.

Opener Tom Allen was swiftly followed back to the pavilion by Steve Grinling as the visitors found themselves 0 for 2 before Beaumont made 75 and they recovered to register 149 for 9 – only for Hadleigh to cruise to 150 for 1 in response.

Worlington were left frustrated by the weather as their home game with Division Two's bottom club Brightlingsea was abandoned.

Graham Downey claimed six scalps as the visitors were restricted to 220 for 7.

Chris Baugh fired 45 while Jimmy Watson was 40 not out when the match was washed out with the hosts on 101 for 2.

Skipper Richard Ford said: "We came on and off three times, but I've never seen anything like the thunderstorm. I thought the world was going to end!

"It's just frustrating because we've dropped to fourth, so maybe they need to look at the points system again. "They stopped using averages to prevent teams calling off, but it's gone too far the other way now."

Worlington's weekend woes were completed with a five-run defeat at Woolpit in the Greene King Suffolk 20/20 Cup quarter-finals on Sunday.

The hosts made 166 for 5, but despite Craig Estlea smashing 67 and Baugh 40, Worlington fell just short with 161 for 3.

Tuddenham lost by two wickets at St Margarets in Division Five, the hosts reaching 180 for 8 in reply after Tuddenham were bowled out for 179.

» GIBBS DENLEY EAST ANGLIAN PREMIER LEAGUE

THERE was more frustration for Burwell as rain severely affected yet another round of fixtures.

Burwell drew with Sudbury after they were able to bat for 49.2 overs having lost the toss at Mingay Park. They reached 209 for 8, Daniel Jones making 41 at the top of the order and Glenn Goosen 33 batting at No 5.

Henry James (44) and West Indian Marlon Richards (52 not out) put on 56 for the seventh wicket.

The game was abandoned without Sudbury facing a ball.

» TUCKER GARDNER CAMBS AND HUNTS PREMIER LEAGUE

FORDHAM had to settle for a draw in their match against Yaxley.

Graham Arnold and Mark Barton both took four wickets as Yaxley posted 120 for 9.

After a disappointing start to their run-chase, Mark Hatcher (49 not out) put Fordham back in contention for victory.

Wickets continued to fall, however, and the visitors had to dig in for the draw, their innings closing on 106 for 9.

› Golf

Crisp bid collapses in third round

CRISP FINISH: Toby Crisp holes a putt in the Midlands Open Picture: Kim Crisp (CP)

NEWMARKET'S Toby Crisp was in contention to stake a claim for the title as the Midland Open Championship made its first appearance in Cambridgeshire.

After two rounds of the 72-hole contest – staged at Brampton Park and St Ives – the Links player was on 142, eight shots adrift of Cobham Park's Jack Colegate, whose two rounds of 67 had him one shot clear of former England international Ed Richardson, who fired 69 and 66.

However, rounds of 76 and 71 left Crisp marooned on 289 as Colegate strengthened his position with rounds of 70 and 72, his total of 276 keeping him a shot clear of Richardson.

Two other Links players missed the cut. Jon Osler finished on 149 (74, 75) and Luke Bowers carded 150 (81, 69).

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Sad Exning set for drop

Village side totter towards relegation after suffering another league defeat

page 55

› Racing

Foe's willing to help Frankie break his duck

WILLING Foe may have earned himself a trip to the Melbourne Cup after giving Frankie Dettori his first win in the Betfred Ebor at York on Saturday.

The winner was having just his second run of the season and lumped 9st 2lb to victory under the Italian, who had to survive a stewards' inquiry and picked up a six day suspension in the process – two days (September 9 and 10) for careless riding and four (September 11-14) for using his whip above the permitted level.

The suspensions mean he is set to miss all but the final day of Doncaster's St Leger meeting.

"The options are open for him. We'll have a look at everything, but he is a possible for the Melbourne Cup," said Bin Suroor.

"We've got a few in it, but I think the trip would be perfect for him."

Dettori said: "It's taken 25 years but my day has come. I didn't have many boxes to tick, but this was one of them. I know it's only a handicap, but it's a very prestigious race.

"It's a funny old game – 24 hours ago I was sat in a car with the doctor (after a fall)."

William Buick is enjoying an incredible year and notched another double.

Times Up (11-1) effortlessly bounced back to winning ways in the Weatherbys Insurance Lonsdale Cup and he also landed the Betfred City Of York Stakes with Irish raider Gordon Lord Byron (5-1).

Guarantee could become a first runner in the St Leger for William Haggas after a striking performance in the Betfred Melrose Stakes with jockey Phil Makin scoring his third winner of the Festival.

"My gut reaction is to go for the Leger, why not? He is owned by a group of 20 people (including former Home Secretary Michael Howard) who want to enjoy it," said Haggas.

"I've never had a runner in the Leger and someone needs to take on Camelot and the (John) Gosden horses."

■ Racing – page 54

THE HORSE IS WILLING: Frankie Dettori (left) drives Willing Foe to victory in the Betfred Ebor PA

› Speedway

Four! What a scorcher for superb Tigers

Mildenhall 17, Buxton 13, Dudley 10, Stoke 7
NATIONAL LEAGUE FOURS

MILDENHALL have added the National League Fours title to their Pairs triumph at Stoke – the venue where they last won the title eight years ago.

The decisive victory on Sunday came from Joe Jacobs in the penultimate race, the Fen Tiger beating recent Premier League Pairs' winner Adam Roynon, and more crucially, Charles Wright from closest challengers Buxton.

The Tigers had stormed four points clear in the final, with Dudley falling by the wayside, before a last from Lewis Blackbird gave Buxton hope.

But Jacobs and Stefan Nielsen sewed up victory, and completed their night unbeaten.

Mildenhall and Dudley had earlier dominated their respective semi-final groups, the Tigers finishing the highest scorers with almost double the points of Buxton.

They dropped only one point in a stunning

■ Turn to page 54

› Football

Grainger the difference

Ipswich Wanderers 0
Newmarket Town 1
THURLOW NUNN LEAGUE, FIRST DIVISION

DAVID Grainger's goal separated the two sides as Newmarket maintained their 100 per cent record in the league.

The winning strike came from a Paul Betson cross, with Steve Bugg getting his head to it and David Grainger beating the goalkeeper.

"It was pleasing as we've never really done that well when we've gone over there in the past," said the Jockeys' joint-manager Kevin Grainger.

"They put us under pressure in the second half, but they didn't have many clear-cut chances and we controlled things in the last 10 minutes."

It gave the Jockeys a massive boost before Saturday's FA Vase, first qualifying round clash against neighbours Mildenhall at the Town Ground.

'Hall had a curtailed build-up to the derby – their Premier Division clash against CRC at the R Costings Abbey Stadium on Saturday was goalless when it was abandoned in the 37th minute because of a waterlogged pitch.

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